



**On behalf of Swedish Armed Forces  
and Svenska Mångkampsförbundet  
IF Marin Väst and Göteborg-  
Majorna OK hereby invite you to  
Military match and World Cup in  
Biathlon Orienteering  
31st of May – 2nd of June 2019**



- Competition Area:** Sisjön shooting range. Coordinates N 57\*6245523 E 11\*9821482. Approximately 4 km south of Gothenburg. Guidance from the roundabout just south of Fässbergsmotet at Söderleden.
- Competitions:** Sprint (Friday): Orienteering, prone shooting, orienteering, standing shooting.  
Classic distance (Saturday): Location orienteering, prone shooting orienteering, standing shooting.  
Relay (Sunday): Running loop, prone shooting, orienteering, standing shooting.
- Maps:** Sisjön (2015). Scale 1:7 500 (sprint), 1:10 000 (classic and relay), for all classes. Equidistance 5 m.
- Terrain:** The terrain mainly consists of moderate hilly terrain and some areas are detailed. There are some wet areas that could be passed. Open areas will occur, mainly near by the shooting range. A few areas with low run ability, otherwise good. 2 smaller roads are crossing the area. There is traffic but not a lot. Many paths but not all are not marked on the map, mainly from mountain bike.
- Punching system:** Sportident. SI Cards can be rented (make a note in the registration) for a fee of 30 SEK/day. Competitors failing to return the rented SI card will be charged a fee of 500 SEK.
- Weapons:** 22 long. Shooting against Kurvinen targets. A small number of rifles are available for rent. Fee is 50 SEK/day including a box of ammunition for .22 long.
- Entry:** At the latest 2019-05-15 at Eventor or by email to [orienteering@ifmarinvast.se](mailto:orienteering@ifmarinvast.se).
- Invoices will be sent to Swedish clubs after the competitions. Late registration is available until 18.00 the 29<sup>th</sup> of May at Eventor or by email mentioned above, for an extra fee of 50 %.



2019-04-01

Foreign competitors need to pay to bank account in advance, no payment of starting fees at the competition. Payments are made to:

IF Marin Väst  
Bank: Swedbank  
SWIFT: SWEDSESS  
IBAN: SE7780000810596939381320

**Classes and course  
length:**

As per the rules for Biathlon Orienteering. The organizer will merge classes if there are no or too few competitors registered to a specific class. Note that there are only two legs in the relay teams, also in M21.

Winner time, difficulties and classes	Sprint	Classic distance	Relay	Difficulty
M/W 21	18-20 min	45-60 min	30-40 min	Blue
M/W 20	18-20 min	40-55 min	30-40 min	Blue
M/W 18	18-20 min	35-50 min	30-40 min	Blue
M/W 16	18-20 min	30-40 min	30-40 min	Violet
M/W 14	18-20 min	25-30 min	25-30 min	Orange
M/W Propaganda	18-20 min	25-30 min	25-30 min	Orange
M/W 35	18-20 min	40-55 min		Blue
M/W 40	18-20 min	35-50 min		Blue
M/W 45	18-20 min	35-50 min		Blue
M/W 50	18-20 min	35-50 min		Blue
M/W 55	18-20 min	30-45 min		Blue
M/W 60	18-20 min	30-40 min		Blue
M/W 65	18-20 min	25-35 min		Blue

**Relay others:**

For ages M/W 35 + we offer classes; M/W 70, M/W 95 and M/W 120. Lowest age of the team member should be 35 years. Level of difficulty blue. Time 30-40 min for the two first classes and 25-30 minutes for M/W 120.



2019-04-01

- Fees:** Individual 200 kr, M/W 16 or lower 100 kr. Relay/ leg 200 kr for M/W 18 and above, 100 kr M/W 16 and lower.
- Adjustment shooting:** At the shooting range. Friday 14.00-15.30, Saturday 09.00-10.30 and Sunday 09.00-10.00
- Service:** There will be a small kiosk at the competition area. Toilet available but not shower.
- Accommodation:** Suggestions on where to stay:
- Göteborgs Vandrarhem på Mölndalsvägen <http://www.goteborgsvandrarhem.se/>
- Slottskogens Vandrarhem på Vegagatan <http://www.sov.nu>
- STF Göteborg City Hotell på Drottninggatan <https://www.svenskaturistforeningen.se/anlaggningar/stf-goteborg-city-hotell/>
- Lisebergsbyn Vandrarhem i Skatås <http://liseberg.se/sv/hem/Boende/Vandrarhem/>
- Kvibergs Vandrarhem och Stugby Lilla Regementsgatan <http://www.vandrarhem.com/>
- Dinner:** Will take place 1<sup>st</sup> of June at 18.30. Make a note of participation in the entry. Price; 230 SEK. Location will be mentioned in competition information. Also make a note of allergies if any.
- Competition information and startinglist:** Eventor and at: [www.orienteringsskytte.se](http://www.orienteringsskytte.se) and [www.biathlonorientering.se](http://www.biathlonorientering.se)
- Information:** Björn Borg; 0706-54 17 06, [bamseborg@yahoo.se](mailto:bamseborg@yahoo.se)  
Sara Holmdell; 0739-07 29 77 [sara.holmdell@outlook.com](mailto:sara.holmdell@outlook.com)
- Competition management:**
- |   |                 |
|---|-----------------|
| Competition leader                      | Björn Borg      |
| Administration                          | Anders Jonsson  |
| Shooting range officer                  | Henrik Wenklo   |
| Course setter location orienteering     | Krister Caarp   |
| Course setter Orienteering              | Krister Caarp   |
| Course controller location orienteering | Sara Holmdell   |
| Course controller orienteering          | Jonatan Larsson |
| IBOF/Technical Advisor                  | Yngve Nilsson   |

**Welcome!**

**FömedC / IF MARIN VÄST / GMOK**



**FÖRSVARSMAKTEN**  
FÖRSVARSMEDICINCENTRUM

