



**Final information**  
**Swedish League stage 3/IOF World Ranking Event**  
**Long distance, Sunday April 14<sup>th</sup> 2019**  
**Host: Säffle municipality**  
**OK Älgen, Säffle OK, OK Tyr & Skattkärrs SOK**

<b>Location</b>	Tallmossen. Directions from E18 between Knöstad and Segmon. GPS: 59.247787, 12.937463. See arena map on Eventor home page.
<b>Parking</b>	Distance from car park to arena 100 – 1 000 m. Parking fee 20 SEK.  No overnight parking for mobile homes and minibuses. Those wanting to camp should see the event homepage for information about camping alternatives nearby.
<b>Classes</b>	World ranking event: W21, M21  Other Swedish League classes: D20E, H20E, D18E and H18E  If there are more entries than places in any class, then the class will be subdivided.  Estimated winning times: W21 80 minutes, M21 90-95 minutes, D20E/H20E 70-75 minutes och D18E/H18E 55-60 minutes.  World ranking event course lengths: W21-1: 11.6 km/450 m climb/19 controls M21-1: 16.3 km/615 m climb/25 controls
<b>Spectator race</b>	See separate information.
<b>Quarantine</b>	There will be no quarantine. Competitors are allowed to be in the arena before going to their start. We expect all competitors to behave in a sporting manner and not give information about the course to others prior to their start.

<b>Start</b>	<p>First start 09:00.</p> <p>Distance to start, 1 100 m, road, orange/white tapes.</p> <p>See separate start-info for more detailed information about the start procedure.</p>
<b>Competitor numbers</b>	<p>Competitor number must be worn in the main classes: W21-1, M21-1, D20E-1, H20E-1, D18E-1 and H18E-1. Self-service at the start. Take your own safety pins.</p>
<b>Control descriptions</b>	<p>Control descriptions are provided on paper at the start and are also printed on the map.</p> <p>W21-1: 155 x 65 mm</p> <p>M21-1: 190 x 65 mm</p>
<b>Map</b>	<p>Daltjärn. Scale 1:15 000, contour interval 5m. Offset printing. New map produced in 2018 by Jerker Boman and Kalle Engblom.</p>
<b>Terrain description</b>	<p>Local symbol: <b>O</b> - Charcoal burning ground.</p> <p>Undulating to hilly forest with many details and mostly extremely good runability. The upper parts of the hills are covered in pine forest which in places is very thin.</p> <p>There are relatively few felled or thinned areas and not many areas with thick vegetation. Some slopes have lines of cliffs but apart from that the ground is not too rocky. Blueberry bushes are the dominant form of undergrowth. There are a small number of marshes.</p> <p>There are few paths or roads in the competition area.</p>
<b>Drink</b>	<p>Water and sport drink at pre-start and marked drinking point on all courses. W21-1 and M21-1 have an arena passage – water and sport drink are available when leaving the arena and it is also possible for coaches to provide drinks to their runners here. Water served at finish.</p>
<b>Selection and start-draw</b>	<p>The number of competitors per class will be according to World Ranking Event and Swedish League rules. If there are more entries than places in any class, then the class will be subdivided.</p> <p>Selection for W21-1/M21-1 will be based on the current IOF world ranking list, with the addition of a number of "wild cards" selected by the Swedish Orienteering Federation. Selection for other E1 classes will be based on the Swedish ranking list. For detailed information in Swedish, see <a href="http://www.svenskorientering.se/Arrangera/SwedishLeague/forutsattning_arforarrangor/deltagarurvalloftningochseedning/">http://www.svenskorientering.se/Arrangera/SwedishLeague/forutsattning_arforarrangor/deltagarurvalloftningochseedning/</a></p>
<b>Non-start</b>	<p>Competitors who are unable to start should notify the organisers via e-mail at <a href="mailto:tavlingsadmin@sl2019varmland.se">tavlingsadmin@sl2019varmland.se</a> or SMS +46706331297. Withdrawal should be notified however late it becomes necessary.</p>

<b>Reserve runners</b>	<p>There are no reserves for World Ranking events W21-1 and M21-1. Reserve lists will be made for Swedish League classes D20E-1, H20E-1, D18E-1 and H18E-1. The lists will be published on the Swedish Eventor homepage. Assignment of reserve places takes place at 08.00 at the event administration tent. Competitors or their representative must be present then to confirm their interest in changing class. For detailed information in Swedish, see <a href="http://www.svenskorientering.se/Arrangera/SwedishLeague/forutsattning_arforarrangor/deltagarurvalloftningochseedning/">http://www.svenskorientering.se/Arrangera/SwedishLeague/forutsattning_arforarrangor/deltagarurvalloftningochseedning/</a> Contact for reserve allocation is Anna Eriksson, +46706331297.</p>
<b>Punching system</b>	SPORTident. All types of SI-Card can be used. If the card number is not specified when entering then the competitor will be given a hire card at a cost of 30 SEK. If the card is not returned after the competition then there will be a charge of 400 SEK.
<b>Controls</b>	Metal stake with orange/white kite and two punching units. In some parts of the competition terrain, there are many controls in a small area. Be careful to check your control code to avoid mispunching.
<b>Entry fee</b>	<p>300 SEK</p> <p>Swedish clubs will be billed after the event. Competitors not representing Swedish clubs must pay in advance to: IBAN: SE87 8000 0815 6294 3535 0211. BIC/SWIFT: SWEDSESS Recipient: Skattkärrs SOK. Specify name, club, day and class when making payment. If payment has not been received before the competition weekend then payment must be made at the arena in order to be allowed to start the race.</p>
<b>GPS-tracking</b>	A list with competitors who shall wear GPS equipment will be published in the Swedish Eventor homepage. Vests and GPS-units must be collected at the event administration tent and returned at the finish.
<b>Arena passage</b>	For W21-1 and M21-1.
<b>Map collection</b>	Collection of maps from runners in elite classes is done until 12:10. After 12:10, the maps can be retrieved at the event administration.
<b>Results &amp; Online reporting</b>	<p>Results will be published at the arena and on the Swedish Eventor homepage. Live results and commentator soundtrack will be available via <a href="http://live.orientering.se">http://live.orientering.se</a>. Courses will be published on Livelox after the race.</p>
<b>Toilets</b>	Toilets at arena and pre-start.
<b>Shower</b>	Changing/warm showers are located about 500 m from the arena. There is a small changing tent for elite runners beside the finish.
<b>Cafeteria</b>	A good selection of wraps, fruit, sandwiches, coffee, tea, chocolate, soft drinks, cakes, sausages and hamburgers. Pay in cash, MasterCard/Visa or the Swedish mobile phone payment system Swish (123 521 5082), in SEK or euros.

<b>Field lunch</b>	To guarantee getting a field lunch, it should be ordered in Eventor by 19.00 on the 10 <sup>th</sup> April. See Eventor for menu – a vegan alternative is provided each day.		
<b>First aid</b>	There is a first aid tent in the arena with doctor and nurses. For life-threatening situations ring 112 and contact the nearest event official.		
<b>Sport shop</b>	Pölder sport, <a href="http://www.polder.se">www.polder.se</a> , in the arena.		
<b>Wild animal report</b>	If you meet an elk or deer in the forest then this should be reported to the event officials – there is a desk for this outside the finish area.		
<b>Max time</b>	3 hours.		
<b>Opening ceremony</b>	Opening ceremony with representative from Säffle municipality will take place at 08:45.		
<b>Prize-giving</b>	Prize-giving approx. 20 minutes after last finish. Prizes to the first five in main classes and winner in second class.		
<b>Competition rules</b>	Swedish orienteering federation competition rules including rules for the Swedish League, together with IOF World Ranking Event rules.		
<b>Commentator</b>	Per Forsberg		
<b>Competition jury</b>			
<b>Organisation:</b>			
<b>Event Director</b>	Conny Gunnarsson	+46703992175	<a href="mailto:tavlingsledare@sl2019varmland.se">tavlingsledare@sl2019varmland.se</a>
<b>Assistant Director</b>	Hans Wilhelmsson	+46702715372	<a href="mailto:bitradande.tavlingsledare@sl2019varmland.se">bitradande.tavlingsledare@sl2019varmland.se</a>
<b>Course planner</b>	Jonas Cederlöf		
<b>Administration</b>	Anna Eriksson	+46706331297	<a href="mailto:tavlingsadmin@sl2019varmland.se">tavlingsadmin@sl2019varmland.se</a>
<b>IOF event advisor</b>	Carl-Göran Strutz		<a href="mailto:tavlingscoach@sl2019varmland.se">tavlingscoach@sl2019varmland.se</a>
<b>Event controller</b>	Håkan Lindberg		<a href="mailto:tavlingskontrollant@sl2019varmland.se">tavlingskontrollant@sl2019varmland.se</a>
<b>Course controller</b>	Jan Olm		<a href="mailto:bankontrollant@sl2019varmland.se">bankontrollant@sl2019varmland.se</a>
<b>Media contact</b>	Olov Öström		<a href="mailto:media@sl2019varmland.se">media@sl2019varmland.se</a>
<b>Homepage</b>	<a href="http://www.sl2019varmland.se">http://www.sl2019varmland.se</a>		
<b>E-mail</b>	<a href="mailto:info@sl2019varmland.se">info@sl2019varmland.se</a>		

# Welcome!