

Resultat – Ungdomsserien, #2, krets Norr 3

2019-05-13

H16	(9 / 9)	Tid	Efter	Bomtid		
1. Marcus Stenebo	Attunda OK	28:54	00:18			
3:14 (3:14)	7:11 (10:25)	1:57 (12:22)	1:34 (13:56)	2:07 (16:03)		2:17 (18:20)
3:07 (21:27)	1:44 (23:11)	3:19 (26:30)	2:06 (28:36)	0:18 (28:54)		
2. Viktor Sone	Attunda OK	36:53	+7:59	02:14		
3:16 (3:16)	8:51 (12:07)	4:11 (16:18)	1:51 (18:09)	2:17 (20:26)		3:00 (23:26)
4:18 (27:44)	2:33 (30:17)	3:39 (33:56)	2:40 (36:36)	0:17 (36:53)		
3. Elis Ivers	Attunda OK	37:40	+8:46	01:32		
3:12 (3:12)	9:21 (12:33)	2:29 (15:02)	1:57 (16:59)	2:53 (19:52)		3:35 (23:27)
4:11 (27:38)	2:35 (30:13)	4:29 (34:42)	2:39 (37:21)	0:19 (37:40)		
4. Wilhelm Nordqvist	Waxholms OK	38:11	+9:17	01:30		
3:25 (3:25)	9:03 (12:28)	2:56 (15:24)	1:57 (17:21)	3:04 (20:25)		3:10 (23:35)
4:18 (27:53)	3:00 (30:53)	4:02 (34:55)	2:56 (37:51)	0:20 (38:11)		
5. Gustaf Hofstedt	Täby OK	41:48	+12:54	04:41		
3:14 (3:14)	9:30 (12:44)	2:59 (15:43)	1:50 (17:33)	2:32 (20:05)		5:05 (25:10)
6:02 (31:12)	2:29 (33:41)	4:58 (38:39)	2:52 (41:31)	0:17 (41:48)		
6. Marcus Ekman	Täby OK	43:30	+14:36	05:40		
3:21 (3:21)	11:54 (15:15)	2:49 (18:04)	4:54 (22:58)	2:42 (25:40)		2:50 (28:30)
3:59 (32:29)	2:34 (35:03)	5:11 (40:14)	2:57 (43:11)	0:19 (43:30)		
7. Johan Fochsen	Waxholms OK	44:41	+15:47	04:55		
5:45 (5:45)	9:36 (15:21)	5:59 (21:20)	2:29 (23:49)	2:47 (26:36)		3:10 (29:46)
4:03 (33:49)	2:54 (36:43)	4:22 (41:05)	3:06 (44:11)	0:30 (44:41)		
8. Fredrik Ahlberg	Täby OK	51:40	+22:46	10:27		
3:50 (3:50)	10:18 (14:08)	5:45 (19:53)	2:11 (22:04)	2:46 (24:50)		10:22 (35:12)
4:47 (39:59)	3:29 (43:28)	4:59 (48:27)	2:51 (51:18)	0:22 (51:40)		
David Ryderås	Waxholms OK	Ej start				
– (–)	– (–)	– (–)	– (–)	– (–)		– (–)
– (–)	– (–)	– (–)	– (–)	– (–)		
H14	(15 / 15)	Tid	Efter	Bomtid		
1. Joel Wallner	Attunda OK	29:49	00:00			
2:13 (2:13)	3:56 (6:09)	2:43 (8:52)	4:17 (13:09)	2:47 (15:56)		2:37 (18:33)
1:53 (20:26)	6:47 (27:13)	2:14 (29:27)	0:22 (29:49)			
2. Erik Nederheim	Täby OK	30:40	+0:51	01:32		
2:24 (2:24)	5:15 (7:39)	2:32 (10:11)	4:01 (14:12)	2:43 (16:55)		2:34 (19:29)
1:52 (21:21)	6:51 (28:12)	2:10 (30:22)	0:18 (30:40)			
3. Simon Lundell	OK Österåker	33:14	+3:25	01:32		
2:20 (2:20)	3:31 (5:51)	2:50 (8:41)	4:38 (13:19)	3:14 (16:33)		2:54 (19:27)
2:29 (21:56)	8:27 (30:23)	2:31 (32:54)	0:20 (33:14)			
4. Jens Fochsen	Waxholms OK	34:55	+5:06	01:38		
2:31 (2:31)	3:51 (6:22)	2:45 (9:07)	5:03 (14:10)	4:04 (18:14)		2:58 (21:12)
2:56 (24:08)	7:41 (31:49)	2:41 (34:30)	0:25 (34:55)			
5. Linus Nilsson	OK Österåker	36:28	+6:39	03:21		
4:52 (4:52)	4:26 (9:18)	3:01 (12:19)	5:17 (17:36)	3:17 (20:53)		3:33 (24:26)
2:16 (26:42)	7:08 (33:50)	2:20 (36:10)	0:18 (36:28)			
6. Marcus Barboza	Attunda OK	37:18	+7:29	02:40		
2:30 (2:30)	4:50 (7:20)	2:45 (10:05)	5:17 (15:22)	3:39 (19:01)		2:41 (21:42)
2:26 (24:08)	10:20 (34:28)	2:29 (36:57)	0:21 (37:18)			
7. Hugo Sjölander	Täby OK	37:27	+7:38	01:12		
2:43 (2:43)	4:41 (7:24)	3:12 (10:36)	5:18 (15:54)	3:42 (19:36)		3:36 (23:12)
2:42 (25:54)	8:59 (34:53)	2:17 (37:10)	0:17 (37:27)			
8. Svante Sandvik	Attunda OK	39:25	+9:36	06:40		
2:40 (2:40)	3:58 (6:38)	3:08 (9:46)	4:40 (14:26)	2:57 (17:23)		9:32 (26:55)
2:25 (29:20)	7:17 (36:37)	2:24 (39:01)	0:24 (39:25)			
9. Malte Albinsson	OK Österåker	45:01	+15:12	05:46		
2:53 (2:53)	5:34 (8:27)	2:54 (11:21)	6:09 (17:30)	6:50 (24:20)		4:45 (29:05)
2:50 (31:55)	10:18 (42:13)	2:29 (44:42)	0:19 (45:01)			
10. Axel Nordqvist	Waxholms OK	47:01	+17:12	05:55		
2:46 (2:46)	7:24 (10:10)	3:24 (13:34)	6:56 (20:30)	4:46 (25:16)		5:35 (30:51)
2:58 (33:49)	10:17 (44:06)	2:37 (46:43)	0:18 (47:01)			
11. Joel Björklund	Attunda OK	48:13	+18:24	04:08		
3:00 (3:00)	5:39 (8:39)	4:10 (12:49)	6:55 (19:44)	3:27 (23:11)		6:36 (29:47)
3:12 (32:59)	10:56 (43:55)	3:57 (47:52)	0:21 (48:13)			
12. Fabian Törnqvist	Attunda OK	1:03:40	+33:51	06:08		
4:48 (4:48)	9:01 (13:49)	6:23 (20:12)	9:01 (29:13)	6:50 (36:03)		5:01 (41:04)
3:13 (44:17)	15:46 (1:00:03)	3:15 (1:03:18)	0:22 (1:03:40)			
August Olding	Täby OK	Felst.				
2:45 (2:45)	9:43 (12:28)	4:05 (16:33)	– (–)	– (–)		– (–)
– (–)	– (–)	– (45:01)	0:28 (45:29)			
Axel Wikner	OK Österåker	Felst.				
3:59 (3:59)	5:16 (9:15)	4:27 (13:42)	8:04 (21:46)	3:56 (25:42)		4:01 (29:43)
4:13 (33:56)	9:39 (43:35)	– (–)	– (47:01)			
Rasmus Lundström	Väsby OK	Ej start				
– (–)	– (–)	– (–)	– (–)	– (–)		– (–)
– (–)	– (–)	– (–)	– (–)			
H12	(14 / 14)	Tid	Efter	Bomtid		
1. Ted Lagerström	Attunda OK	23:14	02:51			
1:48 (1:48)	6:14 (8:02)	1:09 (9:11)	1:14 (10:25)	3:50 (14:15)		1:45 (16:00)
1:07 (17:07)	3:34 (20:41)	2:15 (22:56)	0:18 (23:14)			
2. Petter Fochsen	Waxholms OK	23:58	+0:44	01:09		
1:31 (1:31)	4:08 (5:39)	1:07 (6:46)	2:16 (9:02)	4:25 (13:27)		1:40 (15:07)
1:15 (16:22)	4:18 (20:40)	2:54 (23:34)	0:24 (23:58)			
3. Edvin Wallner	Attunda OK	24:06	+0:52	02:06		
3:00 (3:00)	3:36 (6:36)	1:13 (7:49)	1:30 (9:19)	3:33 (12:52)		1:33 (14:25)
1:19 (15:44)	5:07 (20:51)	2:52 (23:43)	0:23 (24:06)			

4.	Petter Ljungquist	Täby OK	26:56	+3:42	02:09		
	1:48 (1:48)	4:15 (6:03)	1:34 (7:37)	1:40 (9:17)	5:17 (14:34)	2:15 (16:49)	
	1:18 (18:07)	5:26 (23:33)	3:01 (26:34)	0:22 (26:56)			
5.	Simon Trossing	Täby OK	34:51	+11:37	04:55		
	2:21 (2:21)	8:36 (10:57)	1:34 (12:31)	1:55 (14:26)	5:33 (19:59)	1:56 (21:55)	
	1:29 (23:24)	7:46 (31:10)	3:09 (34:19)	0:32 (34:51)			
6.	Albin Persson	Täby OK	40:00	+16:46	10:48		
	1:56 (1:56)	6:27 (8:23)	5:34 (13:57)	7:36 (21:33)	5:42 (27:15)	2:11 (29:26)	
	1:24 (30:50)	5:44 (36:34)	3:02 (39:36)	0:24 (40:00)			
7.	Leo Lindkvist	Täby OK	52:28	+29:14	04:51		
	2:38 (2:38)	9:26 (12:04)	3:10 (15:14)	3:35 (18:49)	10:49 (29:38)	4:23 (34:01)	
	2:54 (36:55)	8:53 (45:48)	6:16 (52:04)	0:24 (52:28)			
8.	Erik Balck	Täby OK	55:36	+32:22	18:46		
	2:38 (2:38)	5:22 (8:00)	2:49 (10:49)	16:23 (27:12)	9:24 (36:36)	3:25 (40:01)	
	2:35 (42:36)	8:21 (50:57)	4:10 (55:07)	0:29 (55:36)			
9.	Elliot Ljungdell	Täby OK	56:54	+33:40	16:39		
	2:14 (2:14)	22:10 (24:24)	2:50 (27:14)	2:33 (29:47)	8:25 (38:12)	3:15 (41:27)	
	1:38 (43:05)	8:45 (51:50)	4:39 (56:29)	0:25 (56:54)			
10.	Gustav Dargin	Täby OK	59:28	+36:14	26:17		
	2:58 (2:58)	29:29 (32:27)	2:44 (35:11)	2:30 (37:41)	8:27 (46:08)	3:12 (49:20)	
	1:28 (50:48)	4:52 (55:40)	3:29 (59:09)	0:19 (59:28)			
11.	Emil Söderström	Täby OK	1:03:30	+40:16	15:56		
	2:29 (2:29)	18:59 (21:28)	2:10 (23:38)	4:08 (27:46)	12:53 (40:39)	4:55 (45:34)	
	2:20 (47:54)	8:56 (56:50)	6:15 (1:03:05)	0:25 (1:03:30)			
12.	Wilmer Hagrot	Täby OK	1:08:50	+45:36	27:28		
	2:12 (2:12)	34:16 (36:28)	2:45 (39:13)	2:30 (41:43)	8:28 (50:11)	3:15 (53:26)	
	1:42 (55:08)	8:44 (1:03:52)	4:38 (1:08:30)	0:20 (1:08:50)			
	Lukas Lindström	Täby OK	Utg.				
	3:51 (3:51)	– (–)	– (28:43)	5:20 (34:03)	14:50 (48:53)	4:49 (53:42)	
	2:22 (56:04)	– (–)	– (–)	– (–)			
	Mose Grafström	Attunda OK	Ej start				
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)			

H10	(13 / 13)		Tid	Efter	Bomtid		
1.	Deniz Basol	Täby OK	14:24	00:24			
	1:00 (1:00)	2:05 (3:05)	0:56 (4:01)	2:04 (6:05)	1:24 (7:29)	1:57 (9:26)	
	1:50 (11:16)	1:43 (12:59)	1:04 (14:03)	0:21 (14:24)			
2.	Kuzey Basol	Täby OK	14:40	+0:16	00:37		
	1:04 (1:04)	2:29 (3:33)	0:51 (4:24)	2:24 (6:48)	1:03 (7:51)	1:47 (9:38)	
	1:59 (11:37)	1:38 (13:15)	1:05 (14:20)	0:20 (14:40)			
3.	Elias Trossing	Täby OK	16:12	+1:48	01:03		
	1:12 (1:12)	2:07 (3:19)	0:53 (4:12)	2:07 (6:19)	2:07 (8:26)	2:15 (10:41)	
	2:13 (12:54)	1:54 (14:48)	1:00 (15:48)	0:24 (16:12)			
4.	Malte Hallman	Attunda OK	18:07	+3:43	01:34		
	1:06 (1:06)	2:26 (3:32)	1:01 (4:33)	2:54 (7:27)	1:23 (8:50)	2:15 (11:05)	
	2:58 (14:03)	2:35 (16:38)	1:06 (17:44)	0:23 (18:07)			
5.	Jonathan Christiansson	Täby OK	18:26	+4:02	02:12		
	1:12 (1:12)	3:30 (4:42)	1:50 (6:32)	2:23 (8:55)	0:59 (9:54)	2:16 (12:10)	
	2:43 (14:53)	1:55 (16:48)	1:18 (18:06)	0:20 (18:26)			
6.	Erik Ljungquist	Täby OK	19:54	+5:30	02:31		
	1:29 (1:29)	5:11 (6:40)	1:03 (7:43)	2:18 (10:01)	1:06 (11:07)	2:28 (13:35)	
	2:29 (16:04)	2:06 (18:10)	1:22 (19:32)	0:22 (19:54)			
7.	Max Lindqvist	Täby OK	21:14	+6:50	02:20		
	1:25 (1:25)	2:40 (4:05)	1:06 (5:11)	2:52 (8:03)	2:34 (10:37)	3:04 (13:41)	
	3:13 (16:54)	2:38 (19:32)	1:21 (20:53)	0:21 (21:14)			
8.	Maximilian Mazya	Attunda OK	22:48	+8:24	01:53		
	2:13 (2:13)	3:13 (5:26)	1:28 (6:54)	3:24 (10:18)	2:01 (12:19)	2:52 (15:11)	
	2:44 (17:55)	2:58 (20:53)	1:32 (22:25)	0:23 (22:48)			
9.	Erik Sjölander	Täby OK	29:48	+15:24	08:35		
	1:15 (1:15)	2:51 (4:06)	2:10 (6:16)	2:58 (9:14)	6:42 (15:56)	3:16 (19:12)	
	5:50 (25:02)	2:45 (27:47)	1:36 (29:23)	0:25 (29:48)			
10.	Viktor Teder	Täby OK	33:47	+19:23	09:27		
	3:28 (3:28)	5:05 (8:33)	2:05 (10:38)	3:23 (14:01)	5:51 (19:52)	2:49 (22:41)	
	6:18 (28:59)	2:47 (31:46)	1:36 (33:22)	0:25 (33:47)			
11.	Anton Thermaenius	Täby OK	49:03	+34:39	18:07		
	6:48 (6:48)	6:00 (12:48)	1:28 (14:16)	11:18 (25:34)	9:05 (34:39)	4:57 (39:36)	
	4:04 (43:40)	3:01 (46:41)	1:54 (48:35)	0:28 (49:03)			
	Adrian Antonsson	Attunda OK	Felst.				
	2:01 (2:01)	2:27 (4:28)	1:08 (5:36)	2:57 (8:33)	– (–)	– (1:31:47)	
	– (–)	– (1:41:19)	1:18 (1:42:37)	0:39 (1:43:16)			
	Albin Sandeberg	Waxholms OK	Felst.				
	1:48 (1:48)	6:01 (7:49)	– (–)	– (16:56)	3:57 (20:53)	2:45 (23:38)	
	6:19 (29:57)	2:20 (32:17)	1:14 (33:31)	0:22 (33:53)			

D16	(6 / 6)		Tid	Efter	Bomtid		
1.	Fredrika Nordquist	Täby OK	35:59	00:32			
	3:33 (3:33)	6:41 (10:14)	5:45 (15:59)	2:55 (18:54)	1:42 (20:36)	5:41 (26:17)	
	2:43 (29:00)	4:09 (33:09)	2:30 (35:39)	0:20 (35:59)			
2.	Ida Hånström	Täby OK	38:02	+2:03	00:40		
	3:44 (3:44)	7:07 (10:51)	5:06 (15:57)	2:59 (18:56)	1:48 (20:44)	7:07 (27:51)	
	3:15 (31:06)	4:05 (35:11)	2:32 (37:43)	0:19 (38:02)			
3.	Saga Jonsson	Waxholms OK	56:35	+20:36	03:52		
	6:43 (6:43)	9:36 (16:19)	8:06 (24:25)	5:30 (29:55)	2:06 (32:01)	8:50 (40:51)	
	4:36 (45:27)	7:00 (52:27)	3:44 (56:11)	0:24 (56:35)			
4.	Sofia Sundin	Waxholms OK	58:54	+22:55	08:44		
	8:59 (8:59)	11:12 (20:11)	7:48 (27:59)	4:07 (32:06)	1:56 (34:02)	12:25 (46:27)	
	3:08 (49:35)	5:37 (55:12)	3:16 (58:28)	0:26 (58:54)			
5.	Linnea Nordin	Attunda OK	1:05:55	+29:56	06:02		
	6:00 (6:00)	13:29 (19:29)	9:54 (29:23)	7:19 (36:42)	2:48 (39:30)	9:03 (48:33)	
	4:47 (53:20)	7:24 (1:00:44)	4:47 (1:05:31)	0:24 (1:05:55)			

	Doris Iko	Täby OK	Ej start			
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		
D14		(5 / 5)	Tid	Efter	Bomtid	
1.	Alice Röken	Täby OK	34:50		00:00	
	3:15 (3:15)	4:49 (8:04)	3:30 (11:34)	5:30 (17:04)		2:30 (19:34)
	8:43 (32:10)	2:19 (34:29)	0:21 (34:50)			3:53 (23:27)
2.	Vilma Nilsson	Attunda OK	40:48	+5:58	03:48	
	3:09 (3:09)	7:08 (10:17)	3:10 (13:27)	7:55 (21:22)		2:43 (24:05)
	9:32 (37:35)	2:49 (40:24)	0:24 (40:48)			3:58 (28:03)
3.	Malin Strömqvist	Attunda OK	59:23	+24:33	10:02	
	3:46 (3:46)	5:44 (9:30)	5:11 (14:41)	15:29 (30:10)		4:06 (34:16)
	12:59 (55:06)	3:50 (58:56)	0:27 (59:23)			7:51 (42:07)
4.	Alma Barkstedt	Täby OK	1:26:06	+51:16	15:27	
	7:17 (7:17)	8:59 (16:16)	6:53 (23:09)	20:06 (43:15)		5:02 (48:17)
	18:42 (1:21:46)	3:53 (1:25:39)	0:27 (1:26:06)			14:47 (1:03:04)
	Lovisa Nordquist	Täby OK	Ej start			
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)			
D12		(8 / 8)	Tid	Efter	Bomtid	
1.	Ella Lindqvist	Täby OK	27:42		02:11	
	5:34 (5:34)	1:34 (7:08)	2:09 (9:17)	2:41 (11:58)		3:28 (15:26)
	3:57 (22:12)	3:56 (26:08)	1:10 (27:18)	0:24 (27:42)		2:49 (18:15)
2.	Alma Hallsten	Täby OK	28:27	+0:45	02:39	
	7:07 (7:07)	1:23 (8:30)	1:39 (10:09)	1:44 (11:53)		2:45 (14:38)
	4:17 (22:32)	4:30 (27:02)	1:01 (28:03)	0:24 (28:27)		3:37 (18:15)
3.	Ida Röken	Täby OK	32:29	+4:47	03:50	
	6:49 (6:49)	2:17 (9:06)	3:48 (12:54)	3:27 (16:21)		2:23 (18:44)
	4:33 (26:58)	3:58 (30:56)	1:09 (32:05)	0:24 (32:29)		3:41 (22:25)
4.	Sara Strömqvist	Attunda OK	35:48	+8:06	06:52	
	5:48 (5:48)	1:28 (7:16)	2:21 (9:37)	8:32 (18:09)		2:21 (20:30)
	4:45 (28:45)	5:13 (33:58)	1:28 (35:26)	0:22 (35:48)		3:30 (24:00)
5.	Linda Strömqvist	Attunda OK	40:26	+12:44	09:21	
	6:15 (6:15)	1:59 (8:14)	5:22 (13:36)	8:06 (21:42)		2:39 (24:21)
	5:46 (33:36)	4:56 (38:32)	1:27 (39:59)	0:27 (40:26)		3:29 (27:50)
6.	Emelie Holmström	Täby OK	40:35	+12:53	10:09	
	12:47 (12:47)	1:14 (14:01)	3:43 (17:44)	3:33 (21:17)		2:22 (23:39)
	7:42 (35:15)	3:53 (39:08)	1:05 (40:13)	0:22 (40:35)		3:54 (27:33)
7.	Emily Blyth	Attunda OK	41:47	+14:05	08:14	
	7:41 (7:41)	1:47 (9:28)	7:50 (17:18)	3:27 (20:45)		4:04 (24:49)
	4:19 (34:46)	5:11 (39:57)	1:29 (41:26)	0:21 (41:47)		5:38 (30:27)
8.	Sofia Quas	Waxholms OK	42:00	+14:18	08:07	
	13:18 (13:18)	1:37 (14:55)	3:56 (18:51)	3:29 (22:20)		2:33 (24:53)
	6:27 (35:40)	4:34 (40:14)	1:23 (41:37)	0:23 (42:00)		4:20 (29:13)
D10		(14 / 14)	Tid	Efter	Bomtid	
1.	Elin Javehed	Täby OK	18:24		01:08	
	1:25 (1:25)	2:26 (3:51)	1:01 (4:52)	3:01 (7:53)		1:15 (9:08)
	1:39 (13:10)	3:38 (16:48)	1:13 (18:01)	0:23 (18:24)		2:23 (11:31)
2.	Sigrid Mellberg	Waxholms OK	19:34	+1:10	00:19	
	1:51 (1:51)	2:33 (4:24)	1:18 (5:42)	2:51 (8:33)		1:50 (10:23)
	0:58 (14:03)	3:52 (17:55)	1:17 (19:12)	0:22 (19:34)		2:42 (13:05)
3.	Emilia Dargin	Täby OK	20:35	+2:11	01:46	
	2:54 (2:54)	2:32 (5:26)	1:21 (6:47)	2:40 (9:27)		2:01 (11:28)
	1:01 (15:09)	3:53 (19:02)	1:09 (20:11)	0:24 (20:35)		2:40 (14:08)
4.	Dagny Iko	Täby OK	24:06	+5:42	01:53	
	1:39 (1:39)	3:02 (4:41)	1:50 (6:31)	3:11 (9:42)		2:19 (12:01)
	1:28 (16:36)	5:21 (21:57)	1:44 (23:41)	0:25 (24:06)		3:07 (15:08)
5.	Iris Ahlqvist	Täby OK	24:48	+6:24	01:36	
	2:48 (2:48)	3:19 (6:07)	1:39 (7:46)	3:24 (11:10)		2:24 (13:34)
	1:15 (18:02)	4:53 (22:55)	1:23 (24:18)	0:30 (24:48)		3:13 (16:47)
6.	Moa Persson	Täby OK	25:48	+7:24	04:25	
	1:39 (1:39)	2:30 (4:09)	1:35 (5:44)	5:54 (11:38)		2:19 (13:57)
	1:10 (17:51)	5:09 (23:00)	2:23 (25:23)	0:25 (25:48)		2:44 (16:41)
7.	Lovisa Nederheim	Täby OK	28:11	+9:47	06:37	
	1:27 (1:27)	2:33 (4:00)	1:06 (5:06)	8:33 (13:39)		2:20 (15:59)
	1:10 (20:34)	5:26 (26:00)	1:47 (27:47)	0:24 (28:11)		3:25 (19:24)
8.	Ella Ljungdell	Täby OK	28:14	+9:50	02:52	
	1:41 (1:41)	3:39 (5:20)	1:38 (6:58)	4:36 (11:34)		2:45 (14:19)
	1:49 (21:13)	5:09 (26:22)	1:29 (27:51)	0:23 (28:14)		5:05 (19:24)
9.	Julia Holmström	Täby OK	31:34	+13:10	06:43	
	2:35 (2:35)	3:07 (5:42)	1:26 (7:08)	3:56 (11:04)		1:26 (12:30)
	2:42 (21:27)	7:56 (29:23)	1:35 (30:58)	0:36 (31:34)		6:15 (18:45)
10.	Rebecca Schölin	Täby OK	34:48	+16:24	05:45	
	6:38 (6:38)	4:29 (11:07)	2:09 (13:16)	4:30 (17:46)		2:16 (20:02)
	1:26 (25:39)	6:55 (32:34)	1:47 (34:21)	0:27 (34:48)		4:11 (24:13)
11.	Elin Stenkvist	Waxholms OK	36:59	+18:35	06:28	
	2:51 (2:51)	5:49 (8:40)	2:20 (11:00)	4:48 (15:48)		7:07 (22:55)
	2:05 (29:42)	5:35 (35:17)	1:17 (36:34)	0:25 (36:59)		4:42 (27:37)
12.	Ella Hallsten	Täby OK	49:48	+31:24	17:59	
	9:23 (9:23)	5:08 (14:31)	1:42 (16:13)	6:38 (22:51)		11:00 (33:51)
	2:13 (42:55)	4:27 (47:22)	1:58 (49:20)	0:28 (49:48)		6:51 (40:42)
	Signe Albinsson	OK Österåker	Felst.			
	3:00 (3:00)	3:46 (6:46)	– (–)	– (–)	– (–)	– (–)
	– (10:23)	9:45 (20:08)	1:19 (21:27)	0:25 (21:52)		
	Greta Sandvik	Attunda OK	Ej start			
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		

Insk	(23 / 23)		Tid	Efter	Bomtid		
Ameli Åsbrink	Täby OK		Godkänd				
Astri Fahlin	Täby OK		Godkänd				
Axel Thermaenius	Täby OK		Godkänd				
Edith Ahnfalk	Täby OK		Godkänd				
Hedvig Rudsander	Attunda OK		Godkänd				
Ida Kastenholm Tenn	Attunda OK		Godkänd				
Irma Westerdahl	Täby OK		Godkänd				
Isak Persson	Täby OK		Godkänd				
Ivar Antonsson	Attunda OK		Godkänd				
Jonathan Blyth	Attunda OK		Godkänd				
Justus Bock	Attunda OK		Godkänd				
Kasper Laukkanen	Attunda OK		Godkänd				
Kasper Lundberg	Täby OK		Godkänd				
Liv Sanderi	Attunda OK		Godkänd				
Livia Palmeklev	Attunda OK		Godkänd				
Melker Fahlin	Täby OK		Godkänd				
Nicolas Gutman	Attunda OK		Godkänd				
Sam Klasson	Täby OK		Godkänd				
Stellan Lindahl	Attunda OK		Godkänd				
Walter Petrén	Attunda OK		Godkänd				
Viktor Holmström	Täby OK		Godkänd				
Hedvid Lindahl	Attunda OK		Ej start				
Wilmer Lindqvist	Täby OK		Ej start				
H14K	(3 / 3)		Tid	Efter	Bomtid		
1. Emil Popovic	Täby OK		38:03		01:35		
2:47 (2:47)	6:06 (8:53)	2:51 (11:44)		1:56 (13:40)		6:55 (20:35)	3:16 (23:51)
2:26 (26:17)	7:25 (33:42)	3:54 (37:36)		0:27 (38:03)			
2. Axel Schölin	Täby OK		1:01:57	+23:54	17:20		
2:40 (2:40)	4:52 (7:32)	2:24 (9:56)		4:39 (14:35)		19:52 (34:27)	5:14 (39:41)
5:00 (44:41)	12:06 (56:47)	4:49 (1:01:36)		0:21 (1:01:57)			
Uno Lindkvist	Täby OK		Felst.				
3:41 (3:41)	– (–)	– (–)		– (–)		– (29:33)	5:10 (34:43)
5:04 (39:47)	12:02 (51:49)	4:36 (56:25)		0:36 (57:01)			
H12K	(2 / 2)		Tid	Efter	Bomtid		
1. Filip Sjölander	Täby OK		20:15		00:59		
1:44 (1:44)	2:28 (4:12)	1:22 (5:34)		4:41 (10:15)		0:59 (11:14)	2:38 (13:52)
2:51 (16:43)	2:09 (18:52)	1:01 (19:53)		0:22 (20:15)			
2. Axel Högberg	Täby OK		31:45	+11:30	11:06		
1:48 (1:48)	4:19 (6:07)	5:48 (11:55)		3:55 (15:50)		6:30 (22:20)	3:27 (25:47)
2:30 (28:17)	2:17 (30:34)	0:52 (31:26)		0:19 (31:45)			
D14K	(2 / 2)		Tid	Efter	Bomtid		
1. Klara Skuncke	Täby OK		50:39		00:00		
11:52 (11:52)	2:45 (14:37)	5:41 (20:18)		8:27 (28:45)		4:27 (33:12)	4:54 (38:06)
6:16 (44:22)	4:37 (48:59)	1:18 (50:17)		0:22 (50:39)			
Ellen Jonsson	Waxholms OK		Ej start				
– (–)	– (–)	– (–)		– (–)		– (–)	– (–)
– (–)	– (–)	– (–)		– (–)			
D12K	(1 / 1)		Tid	Efter	Bomtid		
1. Nora Elkert	Attunda OK		20:58		00:00		
1:40 (1:40)	3:28 (5:08)	1:09 (6:17)		2:47 (9:04)		1:33 (10:37)	2:53 (13:30)
1:10 (14:40)	4:09 (18:49)	1:44 (20:33)		0:25 (20:58)			
U3	(9 / 9)		Tid	Efter	Bomtid		
1. Linnéa Sandström	Attunda OK		40:46		08:54		
5:28 (5:28)	2:03 (7:31)	8:25 (15:56)		4:43 (20:39)		2:39 (23:18)	4:35 (27:53)
5:04 (32:57)	5:25 (38:22)	1:58 (40:20)		0:26 (40:46)			
2. Gustaf Monell	Täby OK		47:59	+7:13	07:53		
8:06 (8:06)	3:08 (11:14)	7:25 (18:39)		5:37 (24:16)		4:07 (28:23)	4:36 (32:59)
6:32 (39:31)	5:49 (45:20)	2:04 (47:24)		0:35 (47:59)			
3. Saga Lindell	Täby OK		50:51	+10:05	10:42		
11:41 (11:41)	4:15 (15:56)	6:52 (22:48)		4:40 (27:28)		4:19 (31:47)	4:42 (36:29)
6:05 (42:34)	6:29 (49:03)	1:20 (50:23)		0:28 (50:51)			
4. Sara Klingbom	OK Österåker		52:53	+12:07	14:10		
13:14 (13:14)	2:32 (15:46)	2:17 (18:03)		12:43 (30:46)		3:13 (33:59)	4:31 (38:30)
6:43 (45:13)	5:13 (50:26)	1:57 (52:23)		0:30 (52:53)			
5. Amelia Kirsebom	OK Österåker		52:54	+12:08	13:59		
13:11 (13:11)	2:42 (15:53)	1:58 (17:51)		12:57 (30:48)		3:21 (34:09)	4:39 (38:48)
6:27 (45:15)	5:30 (50:45)	1:40 (52:25)		0:29 (52:54)			
6. Malcolm Törnqvist	Attunda OK		54:03	+13:17	12:43		
7:38 (7:38)	2:37 (10:15)	12:19 (22:34)		3:32 (26:06)		5:28 (31:34)	5:06 (36:40)
8:02 (44:42)	6:45 (51:27)	2:01 (53:28)		0:35 (54:03)			
7. Sixten Carlström	Täby OK		1:14:01	+33:15	24:54		
17:04 (17:04)	3:23 (20:27)	6:16 (26:43)		9:33 (36:16)		3:13 (39:29)	5:01 (44:30)
21:01 (1:05:31)	5:12 (1:10:43)	2:24 (1:13:07)		0:54 (1:14:01)			
8. Rasmus Bodlund	Täby OK		1:14:24	+33:38	21:45		
28:16 (28:16)	3:40 (31:56)	5:43 (37:39)		7:02 (44:41)		4:57 (49:38)	6:40 (56:18)
6:01 (1:02:19)	9:05 (1:11:24)	2:31 (1:13:55)		0:29 (1:14:24)			
Viktor Henningsson	Täby OK		Felst.				
8:12 (8:12)	1:49 (10:01)	4:43 (14:44)		3:07 (17:51)		– (–)	– (1:07:30)
6:57 (1:14:27)	5:04 (1:19:31)	1:39 (1:21:10)		0:25 (1:21:35)			
U1	(25 / 25)		Tid	Efter	Bomtid		
1. Filip Sone	Attunda OK		14:58		00:35		
5:10 (5:10)	1:19 (6:29)	1:17 (7:46)		1:28 (9:14)		1:43 (10:57)	2:10 (13:07)
1:22 (14:29)	0:29 (14:58)						

2.	Louise Jyde	Waxholms OK	16:04	+1:06	00:18		
	4:50 (4:50)	1:09 (5:59)	1:37 (7:36)	1:32 (9:08)		1:44 (10:52)	2:36 (13:28)
	1:58 (15:26)	0:38 (16:04)					
3.	Mattias Westermark	Täby OK	16:55	+1:57	00:36		
	4:43 (4:43)	1:45 (6:28)	1:36 (8:04)	1:39 (9:43)		1:55 (11:38)	3:05 (14:43)
	1:47 (16:30)	0:25 (16:55)					
4.	Joshua Blyth	Attunda OK	17:25	+2:27	01:01		
	5:59 (5:59)	1:50 (7:49)	1:28 (9:17)	1:41 (10:58)		1:45 (12:43)	2:28 (15:11)
	1:47 (16:58)	0:27 (17:25)					
5.	Melker Hallman	Attunda OK	18:06	+3:08	01:11		
	5:18 (5:18)	2:17 (7:35)	1:51 (9:26)	1:53 (11:19)		1:35 (12:54)	2:50 (15:44)
	1:58 (17:42)	0:24 (18:06)					
6.	Erik Psilander	Täby OK	18:13	+3:15	03:15		
	4:48 (4:48)	2:15 (7:03)	2:15 (9:18)	2:03 (11:21)		1:28 (12:49)	2:04 (14:53)
	2:53 (17:46)	0:27 (18:13)					
7.	Egil Bengtsson	Waxholms OK	18:48	+3:50	00:00		
	5:57 (5:57)	1:32 (7:29)	1:48 (9:17)	1:49 (11:06)		2:12 (13:18)	2:50 (16:08)
	1:59 (18:07)	0:41 (18:48)					
8.	Linus Holm	Waxholms OK	20:16	+5:18	03:25		
	4:41 (4:41)	1:46 (6:27)	2:31 (8:58)	3:07 (12:05)		1:57 (14:02)	3:16 (17:18)
	2:26 (19:44)	0:32 (20:16)					
9.	Edvin Ahlén	OK Österåker	20:35	+5:37	01:13		
	6:49 (6:49)	2:23 (9:12)	1:56 (11:08)	2:06 (13:14)		1:51 (15:05)	2:55 (18:00)
	2:08 (20:08)	0:27 (20:35)					
10.	Iris Da Silva	Waxholms OK	21:40	+6:42	02:38		
	6:10 (6:10)	1:42 (7:52)	3:45 (11:37)	2:08 (13:45)		2:31 (16:16)	2:40 (18:56)
	2:05 (21:01)	0:39 (21:40)					
11.	Sverre Törnberg	Waxholms OK	22:21	+7:23	03:16		
	5:36 (5:36)	2:10 (7:46)	2:33 (10:19)	2:41 (13:00)		1:55 (14:55)	3:48 (18:43)
	2:49 (21:32)	0:49 (22:21)					
12.	Viktor Strömstedt	OK Österåker	22:24	+7:26	04:53		
	6:11 (6:11)	4:00 (10:11)	1:21 (11:32)	1:17 (12:49)		1:55 (14:44)	2:48 (17:32)
	4:15 (21:47)	0:37 (22:24)					
13.	Sofie Berglund	Waxholms OK	23:37	+8:39	05:44		
	9:58 (9:58)	1:38 (11:36)	2:48 (14:24)	2:46 (17:10)		2:04 (19:14)	2:40 (21:54)
	1:12 (23:06)	0:31 (23:37)					
14.	Elias Sandeberg	Waxholms OK	23:51	+8:53	03:25		
	5:41 (5:41)	2:02 (7:43)	2:37 (10:20)	2:46 (13:06)		3:10 (16:16)	4:26 (20:42)
	2:23 (23:05)	0:46 (23:51)					
15.	Ellen Mellqvist	Attunda OK	24:26	+9:28	04:59		
	11:05 (11:05)	1:37 (12:42)	2:00 (14:42)	1:27 (16:09)		2:06 (18:15)	3:34 (21:49)
	1:58 (23:47)	0:39 (24:26)					
16.	Alfred Kreissl	Waxholms OK	25:15	+10:17	02:36		
	6:41 (6:41)	2:09 (8:50)	2:20 (11:10)	4:46 (15:56)		2:28 (18:24)	3:39 (22:03)
	2:33 (24:36)	0:39 (25:15)					
17.	Erica Johansson	Täby OK	25:27	+10:29	03:28		
	7:32 (7:32)	1:52 (9:24)	2:38 (12:02)	3:36 (15:38)		3:46 (19:24)	3:06 (22:30)
	2:17 (24:47)	0:40 (25:27)					
18.	Saga Wallner	Attunda OK	26:33	+11:35	01:50		
	7:46 (7:46)	2:37 (10:23)	2:33 (12:56)	2:20 (15:16)		3:36 (18:52)	4:07 (22:59)
	2:12 (25:11)	1:22 (26:33)					
19.	Henry Eklund Kemkes	Waxholms OK	26:38	+11:40	03:57		
	6:27 (6:27)	2:15 (8:42)	2:17 (10:59)	3:13 (14:12)		3:13 (17:25)	4:46 (22:11)
	3:49 (26:00)	0:38 (26:38)					
20.	Emmy Strömblad	Waxholms OK	26:46	+11:48	03:43		
	6:35 (6:35)	2:10 (8:45)	2:22 (11:07)	3:13 (14:20)		3:14 (17:34)	4:45 (22:19)
	3:42 (26:01)	0:45 (26:46)					
21.	Ellie Björklund	Attunda OK	27:17	+12:19	04:50		
	7:01 (7:01)	2:57 (9:58)	3:41 (13:39)	3:33 (17:12)		3:31 (20:43)	4:04 (24:47)
	1:51 (26:38)	0:39 (27:17)					
22.	Sixten Enström	Waxholms OK	31:31	+16:33	03:26		
	9:36 (9:36)	1:57 (11:33)	3:30 (15:03)	4:09 (19:12)		3:37 (22:49)	4:44 (27:33)
	3:28 (31:01)	0:30 (31:31)					
23.	Julius Wallén	OK Österåker	56:21	+41:23	31:22		
	39:22 (39:22)	2:20 (41:42)	2:05 (43:47)	5:22 (49:09)		1:51 (51:00)	2:25 (53:25)
	2:22 (55:47)	0:34 (56:21)					
	Leo Kovanen	Täby OK	Felst.	– (11:28)		5:35 (17:03)	3:27 (20:30)
	7:09 (7:09)	– (–)	– (–)				
	1:59 (22:29)	0:28 (22:57)					
	Oskar Jyde	Waxholms OK	Ej start	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)				
	– (–)	– (–)					
U2		(25 / 25)	Tid	Efter	Bomtid		
1.	Sigge Lindell	Täby OK	20:43	3:08 (10:17)	01:36	1:20 (11:37)	2:35 (14:12)
	1:21 (1:21)	2:53 (4:14)	2:55 (7:09)	0:26 (20:43)			
	2:50 (17:02)	2:11 (19:13)	1:04 (20:17)				
2.	Moa Mellqvist	Attunda OK	22:02	+1:19	00:46	1:43 (11:09)	3:09 (14:18)
	1:49 (1:49)	3:02 (4:51)	1:31 (6:22)	3:04 (9:26)			
	3:26 (17:44)	2:14 (19:58)	1:32 (21:30)	0:32 (22:02)			
3.	Edwin Kovanen	Täby OK	22:39	+1:56	03:06	2:36 (13:00)	2:47 (15:47)
	2:49 (2:49)	3:02 (5:51)	1:00 (6:51)	3:33 (10:24)			
	2:43 (18:30)	2:02 (20:32)	1:45 (22:17)	0:22 (22:39)			
4.	Ivar Bengtsson	Waxholms OK	23:13	+2:30	02:53	4:25 (13:23)	2:53 (16:16)
	1:10 (1:10)	2:57 (4:07)	1:38 (5:45)	3:13 (8:58)			
	2:53 (19:09)	2:31 (21:40)	1:11 (22:51)	0:22 (23:13)			
5.	Wilmer Jonasson	Attunda OK	23:38	+2:55	01:44	3:03 (12:35)	3:04 (15:39)
	1:47 (1:47)	2:58 (4:45)	1:24 (6:09)	3:23 (9:32)			
	3:18 (18:57)	2:47 (21:44)	1:30 (23:14)	0:24 (23:38)			
6.	Meja Helgars	Täby OK	24:31	+3:48	03:32	2:14 (12:39)	3:29 (16:08)
	2:51 (2:51)	2:33 (5:24)	1:51 (7:15)	3:10 (10:25)			
	3:04 (19:12)	2:40 (21:52)	2:13 (24:05)	0:26 (24:31)			

7.	Torun Berneklint Rhedin	Waxholms OK	27:25	+6:42	03:41		
	1:41 (1:41)	3:11 (4:52)	3:05 (7:57)	4:53 (12:50)		2:00 (14:50)	4:15 (19:05)
	3:51 (22:56)	2:39 (25:35)	1:21 (26:56)	0:29 (27:25)			
8.	Irma Helgars	Täby OK	27:46	+7:03	03:27		
	2:14 (2:14)	3:51 (6:05)	1:34 (7:39)	5:56 (13:35)		2:22 (15:57)	2:50 (18:47)
	3:40 (22:27)	2:37 (25:04)	2:17 (27:21)	0:25 (27:46)			
9.	Theodor Björknäs	Attunda OK	28:21	+7:38	04:11		
	1:42 (1:42)	3:42 (5:24)	5:17 (10:41)	3:28 (14:09)		2:28 (16:37)	3:08 (19:45)
	3:35 (23:20)	2:50 (26:10)	1:41 (27:51)	0:30 (28:21)			
10.	Miranda Mazya	Attunda OK	29:00	+8:17	05:03		
	1:55 (1:55)	3:36 (5:31)	2:08 (7:39)	3:12 (10:51)		1:44 (12:35)	3:05 (15:40)
	3:41 (19:21)	2:49 (22:10)	6:12 (28:22)	0:38 (29:00)			
10.	Vilhelm Askehed	Täby OK	29:00	+8:17	04:42		
	2:07 (2:07)	3:46 (5:53)	1:33 (7:26)	3:19 (10:45)		1:56 (12:41)	4:48 (17:29)
	4:10 (21:39)	5:28 (27:07)	1:29 (28:36)	0:24 (29:00)			
12.	Vilmer Ljungqvist	Waxholms OK	29:45	+9:02	01:46		
	1:51 (1:51)	4:02 (5:53)	2:01 (7:54)	4:35 (12:14)		3:07 (15:21)	4:20 (19:41)
	4:49 (24:30)	3:07 (27:37)	1:41 (29:18)	0:27 (29:45)			
13.	Elly Kastenholm Tenn	Attunda OK	30:42	+9:59	03:50		
	1:30 (1:30)	3:41 (5:11)	1:19 (6:30)	4:32 (11:02)		3:12 (14:14)	4:20 (18:34)
	4:34 (23:08)	4:08 (27:16)	2:51 (30:07)	0:35 (30:42)			
14.	Märta Nilsson	Waxholms OK	30:43	+10:00	05:48		
	1:25 (1:25)	3:02 (4:27)	4:02 (8:29)	4:35 (12:14)		3:27 (15:41)	3:44 (19:25)
	4:36 (24:01)	2:59 (27:00)	3:11 (30:11)	0:32 (30:43)			
14.	Sonny Anderdahl	Attunda OK	30:43	+10:00	02:42		
	2:56 (2:56)	3:41 (6:37)	1:47 (8:24)	4:26 (12:59)		3:26 (16:25)	3:44 (20:09)
	4:03 (24:12)	3:15 (27:27)	2:38 (30:05)	0:38 (30:43)			
16.	Vera Bergh	Waxholms OK	31:27	+10:44	05:24		
	1:50 (1:50)	3:28 (5:18)	1:30 (6:48)	4:00 (10:48)		6:13 (17:01)	3:53 (20:54)
	3:56 (24:50)	4:25 (29:15)	1:42 (30:57)	0:30 (31:27)			
17.	Gustav Svensk	Attunda OK	31:28	+10:45	01:48		
	2:56 (2:56)	3:54 (6:50)	1:51 (8:41)	4:26 (13:07)		2:51 (15:58)	4:14 (20:12)
	4:35 (24:47)	3:31 (28:18)	2:33 (30:51)	0:37 (31:28)			
18.	Astrid Nilsson	Waxholms OK	32:39	+11:56	05:12		
	2:26 (2:26)	6:35 (9:01)	3:40 (12:41)	4:13 (16:54)		2:33 (19:27)	4:27 (23:54)
	3:36 (27:30)	2:55 (30:25)	1:43 (32:08)	0:31 (32:39)			
19.	Hugo Pleiner	Täby OK	32:40	+11:57	02:38		
	2:14 (2:14)	4:22 (6:36)	1:40 (8:16)	4:44 (13:00)		3:17 (16:17)	5:23 (21:40)
	5:15 (26:55)	3:33 (30:28)	1:49 (32:17)	0:23 (32:40)			
20.	Livia Sandström	Attunda OK	34:36	+13:53	02:10		
	2:19 (2:19)	4:57 (7:16)	3:22 (10:38)	5:02 (15:40)		2:43 (18:23)	4:26 (22:49)
	4:49 (27:38)	3:35 (31:13)	2:53 (34:06)	0:30 (34:36)			
21.	Agnes Forsling	Täby OK	40:34	+19:51	06:57		
	2:19 (2:19)	4:33 (6:52)	2:05 (8:57)	5:37 (14:34)		7:13 (21:47)	4:48 (26:35)
	6:56 (33:31)	3:25 (36:56)	3:04 (40:00)	0:34 (40:34)			
22.	Felix Karlberg	OK Österåker	43:23	+22:40	19:42		
	9:46 (9:46)	2:45 (12:31)	10:06 (22:37)	7:30 (30:07)		2:17 (32:24)	3:19 (35:43)
	3:14 (38:57)	2:15 (41:12)	1:34 (42:46)	0:37 (43:23)			
	Linn Berglund	Waxholms OK	Felst.	22:24 (42:41)		– (–)	– (1:18:23)
	12:19 (12:19)	6:29 (18:48)	1:29 (20:17)	0:33 (1:29:50)			
	4:46 (1:23:09)	3:58 (1:27:07)	2:10 (1:29:17)				
	Fred Faxéus	Täby OK	Utg.	– (–)		– (–)	– (–)
	– (–)	– (–)		– (2:00:34)			
	– (–)	– (–)					
	Philip Törnqvist	Attunda OK	Ej start	– (–)		– (–)	– (–)
	– (–)	– (–)		– (–)			
	– (–)	– (–)					