



Competition instructions

A race in World Cup, Swedish Cup and Swedish Championships in Biathlon Orienteering

Mass start, Saturday July 6th 2019

- Competition arena** Sydnärke motorstadion (approx. 7 km southwest of Hallsberg).
Coordinates: 59.01968,15.04849 .
Guidance from road 627 between Hallsberg and Åsbro.
Same arena as at 10MILA 2006.
- Parking** In a designated area close to the arena. Maximum distance 300 m to the arena.
- Weapon control** Safety and weapon control of all competitors weapons before the weapons can be placed in the weapon stands. The weapon control opens at 08.30.
- Rented weapons** Will be handed out at the weapon control. Return rented weapons at the same place after the race, together with left-over ammunition.
- Location of weapons** Weapon stands are marked with start numbers (bib).
Same start number on Friday and Saturday.
- Adjustment shooting** Saturday July 6th 09.00-10.30 against paper targets.
See list of assigned shooting lanes at the shooting range.
Ten lanes are available for the adjustment shooting. Eleven lanes at the competition.
- Arena map** At Eventor and on the information board at the arena.
- Implementation** Mass start competition Saturday July 6th: World Cup #8, Swedish Cup #4, Swedish Championships.
Orienteering – prone shooting 10 shots (D10, H12, H16 and Open shoot 5 shots) – orienteering – standing shooting 10 shots (D10, H12, H16 and Open shoot prone, 5 shots) – orienteering (D21, H21, H20, H40, H50, H55).
H16, H12, D10, D45 and Open have only two orienteering laps.
- Shooting** Youth classes and open classes
D10 – only prone shooting with shooting support and on standing targets – 5 + 5
H12 – only prone shooting with shooting support and on standing targets – 5 + 5
H16 – only prone shooting with arm sling support and on prone targets – 5 + 5
Open – only prone shooting with shooting support/arm sling support and on standing targets – 5 + 5
- Punching routines** If there will be a que at the shooting, there is a waiting zone for the competitors. The competitor will be instructed by officials to wait in the waiting zone if necessary. Punch IN when you enter the waiting zone, and when you will be given a free lane, punch OUT and proceed to your lane.

The waiting time will be deducted from the running time.

Marking	Officials at the shooting range will mark the hits on competitors map. Pin punch in the penalty loop. H21 and H20 will have a longer penalty loop than other classes.
Map	The map from OK Tisaren over Knottebo and Åsbro. Revised in 2019. Map scale 1:10 000 (mass start and relay) and 5 m contour intervals for all classes.
Control descriptions	There will only be printed control descriptions on the map.
Map change	Map change for all classes. Put the first course' map in the map box at the map piling, and get a new map (marked with the competitor's start number). D21, H21, H20, H40, H50, H55 have a third orienteering lap.
Terrain	The area has a large network of paths and roads, whereby many of the paths closest to the arena are used for motocross. These paths have reduced runnability compared to a classical path. Paths like these may have been added and thus not be presented on the map. Most of the map consists of slightly hilly terrain with elements of moderate hilly in the northeast. Several parts of the map are characterized by a negative topography. The area is coniferous forest with mostly good accessibility. Green areas occur to a normal extent.
Moose report	If mooses and deers are observed, please report to officials at the finish.
Prohibited areas	Security area for the shooting range marked on the map and partly marked with plastic tape in the terrain. Land plot must not be entered.
Clothing	Full cover.
Refreshment	Competitors can put their own refreshment bottles at a marked area between the last control and the shooting range.
Punching system	Sportident. Competitors in classes D21, H21, H20 and H40 must have a SI-Card that can handle more than 30 punches.
Toilets	Toilets at the arena. Red house. There will be no toilet at start.
Start	Start at the competition arena. 11.00 H21 11.10 D21, H16, H12, D10, OpenW 11.20 H20, H40, D45, H50, H55
Course lenghts	Course lenghts according to the start list.
Controls	The controls could be very tight located. Please control the code number.
Merged classes	D20 + H20 = H21 D16 + H16 = H16 H40 + H45 = H40 D45 + D50 = D45 H55 + H60 + H65 = H55
Number bibs	Self service at start. The same number bib will be used Friday and Saturday.
Servering/marka	Simple kiosk/cafeteria at the arena in the blue house.
Shower and bath	Possible to shower in the clubhouse of, Korsbergsgatan 3, Hallsberg. Please contact the competition leader for information.

Bathing: Tripphultssjön, Tisarstrand, Hemsjön.

Price giving ceremony At the dinner on Saturday.

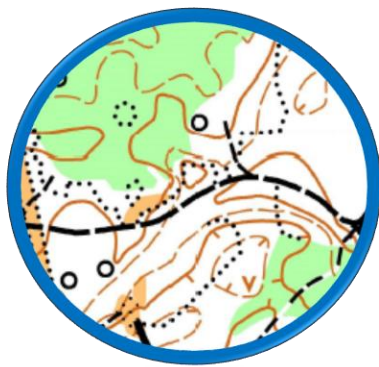
Jury Hans Wickbom (chairman), Nina Najbjerg, Mikko Hölsö

Competition management Competition leader and course setter Gustav Hindér, 076-344 63 21,
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Shooting range leader Hans Mandahl, 070-527 18 32
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Competition administration Mikael Pihel,
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WELCOME!!!



OK 
Tisaren
Kumla-Hallberg

