

Instructions

- Parking and showers** At [Harbrostugan](#) in Tumba Vägvisning från väg 226 Mellan Tumba och Tullinge. Distance from parking to arena is approximately. See map in [Eventor](#). Weapons and luggage transport from parking to Arena will depart at 8:30 from the parking.
- Weapon check-in** Weapon check in from 8:45 at the arena.

Weapons can be collected after finished race, officials will check the weapons for unused ammunition upon leaving the shooting range.
- Rental weapons** Can be collected at weapon check-in, and shall be returned at the same location after finished competition together with remaining ammunition.
- Adjustment shooting** Both days kl. 09:00 – 10:30 only paper targets used. Lanes according to notice at the shooting range .
- Arena map** Will be announced at the arena.
- Order of competition** Saturday, Classic distance.

Location orienteering – orienteering – prone shooting, 10 rounds – running – standing shooting, 10 rounds

H/D 12; support and standing target, all shoots in prone position

H/D 14; support and prone target, all shoots in prone position

H/D 16; no support and prone target, all shoots in prone position

Öppna klasser; support and standing target, all shoots in prone position

Sunday, Sprint distance

Orienteering – Prone shooting, 5 rounds – Penalty loops – orienteering – standing shooting, 5 rounds – penalty loops

H/D 12; support and standing target, all shoots in prone position

H/D 14; support and prone target, all shoots in prone position

H/D 16; no support and prone target, all shoots in prone position

Öppna klasser; support and standing target, all shoots in prone position
- Location Orienteering** Öppna klasser and normal classes up to HD14 will have a shorter location orienteering, they will turn left on a big path, there will be signs with directions describing this in the terrain please pay attention the signs, and chose the correct course. H12 will have a corridor on their map to give some guidance as to where the course is.

Que handling	In case of a que situation at the shooting range the officials will order the competitors to register at a control and wait, when allowed to continue compete a second control will be used to calculate how much time to deduct from the total competition time.
Penalty loops sprint	Officials at the shooting range will mark the hits on the competitors map. The runners then fills the blank spaces in the protocol on the map by using an old school registration device at the far end of the penalty loop (one registration per loop). H21 and H20 will have a slightly longer penalty loop then the other classes.
Map	1:10 000 5m contours All loops will be printed on the same map..
Terrain	Classis, mostly really fast terrain with good visibility and run ability. The terrain is flat to moderately hilly. Sprint, more green areas then the classic distance, some of them are really dense. The forest has a dense network of paths and narrow gravel roads.
Definitions	Separate and printed on the maps both days.
Refreshments	Water between location orienteering and free orieinteering, competitors can also place their own drinks between the last control and the shooting range.
Animals	Please report any sightings of large animals to race officials after finnsh .
Embargo areas	The danger zone for the shooting range is marked on the maps and in the terrain. Apart from the there are some additional embargo areas please respect those.
Registration system	Sportident.
Results	Results and start lists will be available at the arena on a local open WiFi network, connect to the competition WiFi and write the server IP (xxx.xxx.xxx.xxx) address in your browser address field. Resultat och startlistor kommer att finnas elektroniskt på arenan.
Clothing	Torso and legs must be covered during the competition.
Toilets	Only at the arena
Start	Klassiskdistans, ca 1000m Sprint distans, ca 300m
Course lengths	According to start list
Bibs	At the arena. Same bib is to be used both days.
Shower	At the parking in the IFK Tumba club house
Price giving ceremony	At the banquette on Saturday and directly after the competition on Sunday.
Banquette	At Harbro kl. 18:30
Jury	Will be announced at the competition.

Main Officials

Competition leader, course setter

Johan Eklöv

Shooting and course control

Anders Englid

Administration

Terese Eklöv