



PM – 3 PreO-competition

Saturday the 5th of October and Sunday the 6th October

General information

Payment	<p>Registration fee invoiced to the Club for Swedish participants. Foreign competitors pay in advance.</p> <p><i>200 SEK for elite except the Sunday competition where the fee is 230 SEK due to IOF-fee, 150 SEK for adults, 75 SEK for children up to 16 years. Late entry 50% extra.</i></p> <p>IBAN: SE94 8000 0000 0750 7210 1991, BIC: SWEDSESS</p>
Jury	?
Controls	It's allowed solving controls in any order. N.B. Signs are not always in numerical order
Flags	Duplicated flags may occur when controls are located at long distance
One way	For fairness reasons there are "On Way" paths at every stage. Sign is symbolic on the map due to lack of space.
Time Controls	<p>For all stages following is valid: Pre-E, 6 flags, 3 tasks, maximum time 90 s. Pre-A, B and C, 6 flags, 2 tasks, maximum time 90 s.</p> <p>In order to save time at the control the intention is to have fast routine. Inform official at the control in case you want to point on the answers and tell "stop" in case you can't see all flags or reflex immediately.</p>
Timing	<p>Maximum time measured using SportIdent.</p> <p>Punch-pin available for renting at a cost of 35 SEK if needed. We will charge lost pin to full cost. Start punch will be used for all classes. Inform officials in case you will find out that start time can't be kept. In those cases when the course contains several parts, SportIdent will be used stopping and starting each part.</p>
Punch	Use your own punch
Maps	Part of Bertshult done 2011 by Carl-Henry Andersson, revised every second year. Scale 1:4 000, equidistance 5 m.

N.B. Scale is changed in comparison with invitation.

Prize	Honorary prizes for the respective competitions will be awarded in A, B and C. For the elite class prizes will be awarded to the top 5 in total after 3 stages and to partial winners for the stages.
Team Competition	All participants have the opportunity to participate in a team competition where each team consists of 5 people. In each team, all participants' results will be counted for Day 1 and Day 2 as well as the 3 best results for the night. The same rules apply to the Nordic International Championship. Inform the competition manager as soon as possible with your team registration, the other participants will be placed in teams before the competition.
Refreshment	Canteen is available in the arena at all stages. In addition, there is the possibility of eating in a farm café at Sammels farm in connection with the finish and quarantine after Saturday's stage.
Direktanmälan	Direktanmälan är möjlig på tävlingsdagen till Pre-A, Pre-B och Pre-C.
Toilets	Disability toilet will be at the arena. There will also be a toilet at the start. In the quarantine after Saturday's competition there is a toilet but please note that the toilet is not adapted for the disabled.
Organiser	Bengt Kvarnström, 073-902 24 90, bengt.kvarnstrom@volvo.com
Course setter	William Rex, 010-448 43 28, william.rex@skanska.se
Event Advisor	Bosse Sandström, Kvillebyns SK

Pre-O day, Saturday the 5th of October

Gathering	Stjärnås ca 10 km south of Landvetter. Route Guidance from road 156 at exit 78 from Road 40. Alternative routes are possible depending on where you come from, use coordinates: N57.6208, E12.3035. Parking directly adjacent to arena.
Course	All courses has 2 parts and time control between part 1 and part 2. Pre-E: 18+7=25 Controls, 760 m, maximum time 98 min. Pre-A: 16+4=20 Controls, 760 m, maximum time 103 min. Pre-B: 9+6=15 Controls, 760 m, maximum time 83 min. Pre-C: 5+7=12 Controls, 760 m, maximum time 83 min.
Start	First start 11:00. Distance to start from arena 1 100 m
Finish	Distance from finish to arena 2000 m. We try to offer transport to the participants who need it.
Quarantine	Quarantine after finishing in connection with the goal until kl 13.20

Pre-O night, Saturday the 5th of October, ETOC #9

Gathering	Stjärnås ca 10 km south of Landvetter. Route Guidance from road 156 at
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exit 78 from Road 40. Alternative routes are possible depending on where you come from, use coordinates: N57.6208, E12.3035. Parking directly adjacent to arena.

Course

All courses has time control after finish .

Pre-E: 23 Controls, 600 m, maximum time 87 min.

Pre-A: 20 Controls, 600 m, maximum time 98 min.

Pre-B: 15 Controls, 600 m, maximum time 78 min.

Pre-C: 11 Controls, 600 m, maximum time 73 min.

Start

First start 19:15. Distance to start from arena **1 100 m**

Finish

Distance from finish to arena 1700 m whereof 600 m along the path.

Please do not talk to the other competitors on the way back. We try to offer transport to the participants who need it.

Quarantine

Quarantine at the start for participants who start after 20.45. If you finish before this time, please do not discuss the course with participants who have not started.

Pre-O day 2, Sunday the 6th of October, ETOC #10, WRE

Gathering

Bertshult ca 10 km south of Landvetter. Route Guidance from road 156 at exit 78 from Road 40. Alternative routes are possible depending on where you come from, use coordinates: N57.6282, E12.3248. Parking directly adjacent to arena..

Course

Pre-E: 3 parts, 12+4+11=27 controls, 300 m, maximum time 90 min. Time control after finish. Map for part 2 must be submitted after sub-finish

Pre-A: 2 parts, 9+11=20 controls, 500 m, maximum time 95 min. Time control between art 1 and part 2.

Pre-B: 1 part, 14 controls, 230 m, maximum time 63 min. Time control after finish.

Pre-C: 1 part, 10 controls, 280 m, maximum time 58 min. Time control after finish

Large screens are used for part 2 of the elite track (these are not used by the A class)

Starting Cards

Elite Class uses 2 starting cards, both of which are handed out at the start. The first is returned after part 2 and the second after completion and time controls

Start

First start 10:00. Start at the arena.

Mål

Distance from finish to arena **maximum** 500 m.

Quarantine

Quarantine at the start for participants who start after 11.30. If you finish before this time please do not discuss the course with participants who have not started.

Good luck wishes OK Landehof



NORDIC

A B C D E F Z

MATCH

PREO - TRAILO

**5. - 6.
OKTOBER
2019**

