



2020  
UPPLANDS-BRO  
75-årsjubileum

1-3 MAJ

## Invitation to Tiomila's *Jubilee Competition* in Upplands-Bro on 1 May 2020

The Tiomila weekend begins on Friday 1 May with Tiomila's Jubilee Competition. The Jubilee Competition is held in Lerberga forest. The competition area is not used for 10MILA 2020 but is immediately adjacent to the 10MILA arena. All classes will use the same finish as the relays.

### ARENA

- Tranbygge, Upplands-Bro municipality
- Directions from the E18 between Stockholm and Enköping, interchange 150, Brunna. (N 59°29.769' E 17° 44.658')

### PUBLIC TRANSPORT

From Kungsängen railway station, bus 558 goes to Håtuna church; get off at the Tranbygge stop. For timetables, see [www.sl.se](http://www.sl.se).

### CLASSES

The race is long distance with the following classes:

Main classes: D21, H21, D21 Short H21 Short, D20, H20, D18, H18, D17-20 Short, H17-20 short, D16, H16, D16 Short, H16 Short, D14, H14, D14 short, H14 Short, D12, H12, D12 Short, H12 Short, D10, H10, D35, H35, D40, H40, D45, H45, D50, H50, D55, H55, D60, H60, D65, H65, D70, H70, D75, H75, D80, H80, D85, H85, D90, H90  
Novice, U1, U2, U3, U4

Open 1, Open 2, Open 3, Open 4, Open 5, Open 6, Open 7, Open 8, Open 9

Course distances and difficulty levels according to SOFT competition rules.

Free start 13.00 – 16.00. Finish closes 18.00

**Note!** Classes DH12, DH14, DH16 and their short classes are part of Stockholm's Youth Prizes (Ungdomspriser-UP). First start at 13:00, allocated start times.

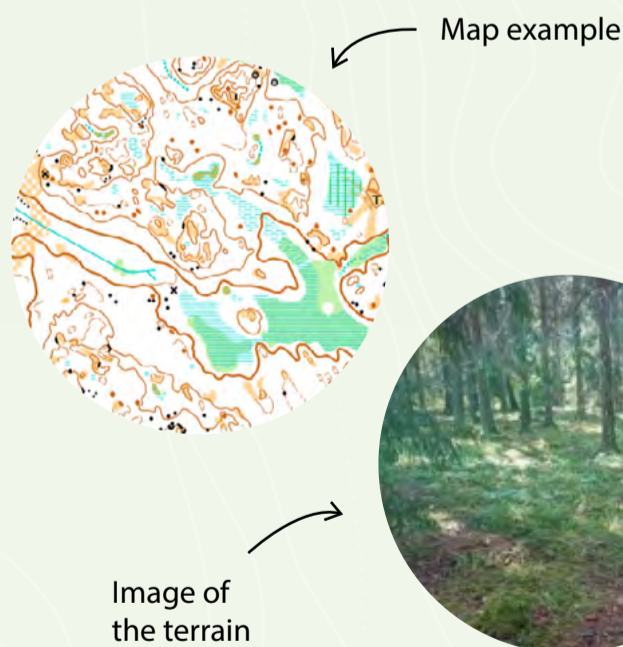
### TERRAIN DESCRIPTION

Moderately hilly forest terrain. Mostly very good runability but there are a number of green areas where runability will be impaired. The area is traversed by larger trails and roads as well as by a large power line. The competition area is a military training ground and therefore off-road vehicles have driven on many trails/roads.

### MAP

The map was revised in 2019.

Scale 1:15,000 HD 18–21  
 Scale 1:7,500 HD 45 and older, ÖM 1–8  
 Scale 1:10,000 Other classes  
 Contour interval 2.5 m



### REGISTRATION

Registration for the Jubilee Competition via Eventor no later than 23.59 on Thursday 23 April. Registration for open courses at the arena on 1 May between 12:00 and 15:30. Registration involves publication in Eventor.

### LATE REGISTRATION

Late registration via Eventor no later than 23.59 on Tuesday 28 April - 50 per cent higher entry fee.

### ENTRY FEE - JUBILEE COMPETITION

Youth (HD16 and younger) 70 SEK  
 Adults (HD17 and older) 130 SEK

Entry fees for the Jubilee Competition are billed after the event for runners who are affiliated with Swedish clubs. Others pay on-site when registering by card, SWISH or cash in SEK.

### PUNCHING SYSTEM

Sportident is used as the punching system during the whole 10MILA weekend.

### SERVICES AT THE ARENA

Food and beverage and other services at Arena Tranbygge to a limited extent on Friday according to the published memo. The showers will be open between 13.00 and 21.00.

### PARKING

Car parking at the designated location, 1,000–2,000 metres to the arena. Charge SEK 30.

Bus parking: see information in the Tiomilakavlarna invitation

### FURTHER INFORMATION

For further information, news about the competition etc., follow us on [www.10mila.se](http://www.10mila.se), Facebook and Instagram. A memo with further information for contestants, leaders and the public will be published on the website well in advance of the competition weekend.

### MAIN OFFICIALS AND CONTACT DETAILS

Function	Name	Club
Competition Director	Lars Berzell	Väsby OK
Course Planners	Jan Bojling and Annika Svensson	Solna OK
Course controller	Peter Fitger	Solna OK

### CONTACT

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