

Resultat – Vintercupen 2019-20

2020-01-05

4 banor	(10 / 10)	Tid	Efter	Bomtid		
1. Mattias Killander	Hästveda OK	1:11:41		00:00		
3:38 (3:38)	0:53 (4:31)	0:55 (5:26)	1:47 (7:13)	2:58 (10:11)	1:34 (11:45)	
2:01 (13:46)	1:24 (15:10)	1:21 (16:31)	1:45 (18:16)	1:51 (20:07)	2:00 (22:07)	
3:04 (25:11)	1:52 (27:03)	1:12 (28:15)	2:40 (30:55)	2:30 (33:25)	2:28 (35:53)	
1:44 (37:37)	2:02 (39:39)	2:33 (42:12)	1:13 (43:25)	1:36 (45:01)	2:14 (47:15)	
1:51 (49:06)	4:13 (53:19)	3:45 (57:04)	2:32 (59:36)	1:37 (1:01:13)	4:24 (1:05:37)	
1:18 (1:06:55)	1:50 (1:08:45)	2:56 (1:11:41)				
2. Magnus Larsson	FK Göingarna	1:14:10	+2:29	00:00		
1:41 (1:41)	1:48 (3:29)	1:59 (5:28)	2:41 (8:09)	1:56 (10:05)	1:10 (11:15)	
3:13 (14:28)	2:32 (17:00)	3:43 (20:43)	3:05 (23:48)	1:48 (25:36)	4:22 (29:58)	
1:27 (31:25)	2:05 (33:30)	3:18 (36:48)	2:01 (38:49)	1:29 (40:18)	1:37 (41:55)	
2:26 (44:21)	1:15 (45:36)	1:43 (47:19)	1:58 (49:17)	2:02 (51:19)	4:24 (55:43)	
3:44 (59:27)	1:09 (1:00:36)	1:02 (1:01:38)	2:26 (1:04:04)	3:10 (1:07:14)	1:33 (1:08:47)	
2:15 (1:11:02)	1:31 (1:12:33)	1:37 (1:14:10)				
3. Svante Selin	FK Göingarna	1:18:41	+7:00	02:00		
3:58 (3:58)	0:57 (4:55)	0:58 (5:53)	1:58 (7:51)	5:16 (13:07)	2:01 (15:08)	
2:26 (17:34)	1:30 (19:04)	1:28 (20:32)	2:03 (22:35)	1:18 (23:53)	1:40 (25:33)	
2:31 (28:04)	1:20 (29:24)	1:57 (31:21)	1:47 (33:08)	2:08 (35:16)	4:32 (39:48)	
3:51 (43:39)	2:47 (46:26)	1:44 (48:10)	5:04 (53:14)	1:35 (54:49)	1:57 (56:46)	
3:15 (1:00:01)	2:10 (1:02:11)	2:03 (1:04:14)	2:08 (1:06:22)	2:55 (1:09:17)	2:16 (1:11:33)	
1:20 (1:12:53)	3:13 (1:16:06)	2:35 (1:18:41)				
4. Wilmer Selin	FK Göingarna	1:18:50	+7:09	01:50		
1:57 (1:57)	2:37 (4:34)	1:42 (6:16)	2:38 (8:54)	1:11 (10:05)	1:41 (11:46)	
2:37 (14:23)	1:51 (16:14)	4:19 (20:33)	3:35 (24:08)	1:22 (25:30)	0:56 (26:26)	
1:50 (28:16)	3:33 (31:49)	1:40 (33:29)	2:25 (35:54)	1:36 (37:30)	1:32 (39:02)	
4:33 (43:35)	2:53 (46:28)	1:46 (48:14)	5:03 (53:17)	1:28 (54:45)	1:47 (56:32)	
3:20 (59:52)	2:21 (1:02:13)	2:04 (1:04:17)	2:02 (1:06:19)	2:56 (1:09:15)	2:21 (1:11:36)	
– (–)	– (–)	– (1:18:50)				
5. Edvin Selin	FK Göingarna	1:20:20	+8:39	03:41		
3:35 (3:35)	2:47 (6:22)	1:58 (8:20)	4:31 (12:51)	1:49 (14:40)	1:48 (16:28)	
3:16 (19:44)	6:40 (26:24)	1:05 (27:29)	0:51 (28:20)	1:51 (30:11)	3:13 (33:24)	
1:44 (35:08)	2:12 (37:20)	1:30 (38:50)	1:41 (40:31)	2:17 (42:48)	2:39 (45:27)	
2:16 (47:43)	3:33 (51:16)	2:33 (53:49)	1:15 (55:04)	3:08 (58:12)	2:31 (1:00:43)	
2:54 (1:03:37)	1:22 (1:04:59)	1:34 (1:06:33)	2:54 (1:09:27)	1:08 (1:10:35)	1:48 (1:12:23)	
1:36 (1:13:59)	1:53 (1:15:52)	4:28 (1:20:20)				
6. Henrik Larsson	FK Göingarna	1:33:18	+21:37	33:00		
3:59 (3:59)	3:11 (7:10)	1:51 (9:01)	5:06 (14:07)	1:42 (15:49)	1:59 (17:48)	
3:49 (21:37)	3:08 (24:45)	1:36 (26:21)	1:50 (28:11)	3:12 (31:23)	1:34 (32:57)	
2:43 (35:40)	2:21 (38:01)	2:06 (40:07)	5:26 (45:33)	4:50 (50:23)	1:27 (51:50)	
0:56 (52:46)	2:37 (55:23)	4:03 (59:26)	2:19 (1:01:45)	2:40 (1:04:25)	1:47 (1:06:12)	
2:08 (1:08:20)	2:51 (1:11:11)	2:30 (1:13:41)	3:20 (1:17:01)	3:56 (1:20:57)	39:03 (2:00:00)	
– (2:00:00)	– (2:00:00)	– (1:33:18)				
7. Martin Sjöberg	OK Pan-Kristianstad	1:34:40	+22:59	05:55		
5:52 (5:52)	3:05 (8:57)	1:53 (10:50)	6:17 (17:07)	1:32 (18:39)	2:00 (20:39)	
3:28 (24:07)	2:31 (26:38)	1:27 (28:05)	1:50 (29:55)	2:44 (32:39)	1:52 (34:31)	
1:57 (36:28)	2:39 (39:07)	2:09 (41:16)	5:07 (46:23)	2:42 (49:05)	4:00 (53:05)	
2:51 (55:56)	3:50 (59:46)	2:38 (1:02:24)	1:20 (1:03:44)	5:23 (1:09:07)	3:28 (1:12:35)	
3:59 (1:16:34)	1:20 (1:17:54)	1:05 (1:18:59)	2:48 (1:21:47)	4:15 (1:26:02)	2:22 (1:28:24)	
2:47 (1:31:11)	1:41 (1:32:52)	1:48 (1:34:40)				
8. Niklas Edvardsson	FK Göingarna	1:36:45	+25:04	00:57		
3:56 (3:56)	1:10 (5:06)	1:06 (6:12)	2:19 (8:31)	4:12 (12:43)	1:50 (14:33)	
3:12 (17:45)	1:45 (19:30)	1:54 (21:24)	3:12 (24:36)	2:27 (27:03)	2:37 (29:40)	
4:13 (33:53)	2:38 (36:31)	1:29 (38:00)	3:25 (41:25)	3:20 (44:45)	5:02 (49:47)	
3:50 (53:37)	1:59 (55:36)	6:27 (1:02:03)	2:08 (1:04:11)	2:51 (1:07:02)	4:22 (1:11:24)	
2:38 (1:14:02)	1:48 (1:15:50)	2:15 (1:18:05)	4:00 (1:22:05)	1:57 (1:24:02)	2:19 (1:26:21)	
2:21 (1:28:42)	2:26 (1:31:08)	5:37 (1:36:45)				
9. Anders Nilsson	FK Göingarna	2:03:39	+51:58	14:17		
6:14 (6:14)	3:29 (9:43)	2:37 (12:20)	6:05 (18:25)	1:56 (20:21)	2:35 (22:56)	
3:58 (26:54)	3:25 (30:19)	3:20 (33:39)	3:24 (37:03)	6:10 (43:13)	3:02 (46:15)	
1:31 (47:46)	3:32 (51:18)	2:57 (54:15)	3:43 (57:58)	2:46 (1:00:44)	2:37 (1:03:21)	
4:43 (1:08:04)	2:36 (1:10:40)	2:49 (1:13:29)	2:28 (1:15:57)	2:29 (1:18:26)	6:09 (1:24:35)	
12:00 (1:36:35)	2:17 (1:38:52)	1:32 (1:40:24)	2:40 (1:43:04)	5:49 (1:48:53)	7:14 (1:56:07)	
3:20 (1:59:27)	2:06 (2:01:33)	2:06 (2:03:39)				
Magnus Granqvist	FK Göingarna	Ej start				
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3 banor	(18 / 18)	Tid	Efter	Bomtid		
1. Magnus Emilsson	FK Åsen	1:06:54		03:54		

	6:01 (6:01)	2:50 (8:51)	1:57 (10:48)	5:06 (15:54)	1:46 (17:40)	2:11 (19:51)
	3:49 (23:40)	4:16 (27:56)	1:25 (29:21)	1:00 (30:21)	2:09 (32:30)	3:51 (36:21)
	1:44 (38:05)	2:22 (40:27)	1:46 (42:13)	1:51 (44:04)	2:54 (46:58)	2:18 (49:16)
	2:39 (51:55)	4:26 (56:21)	2:32 (58:53)	1:27 (1:00:20)	3:34 (1:03:54)	3:00 (1:06:54)
2.	Håkan Eriksson	Hästveda OK	1:07:16	+0:22	02:19	
	2:00 (2:00)	2:24 (4:24)	2:25 (6:49)	3:19 (10:08)	3:02 (13:10)	1:25 (14:35)
	3:25 (18:00)	2:51 (20:51)	4:47 (25:38)	3:02 (28:40)	2:37 (31:17)	4:57 (36:14)
	1:36 (37:50)	2:07 (39:57)	4:04 (44:01)	5:15 (49:16)	1:12 (50:28)	1:32 (52:00)
	2:28 (54:28)	3:54 (58:22)	2:09 (1:00:31)	3:12 (1:03:43)	1:53 (1:05:36)	1:40 (1:07:16)
3.	Håkan Axelsson	FK Göingarna	1:07:19	+0:25	01:31	
	2:02 (2:02)	2:29 (4:31)	2:23 (6:54)	3:11 (10:05)	2:51 (12:56)	1:29 (14:25)
	3:22 (17:47)	2:50 (20:37)	3:06 (23:43)	1:39 (25:22)	1:56 (27:18)	3:06 (30:24)
	2:55 (33:19)	2:25 (35:44)	2:22 (38:06)	2:09 (40:15)	4:58 (45:13)	4:26 (49:39)
	1:24 (51:03)	1:12 (52:15)	2:47 (55:02)	4:15 (59:17)	2:23 (1:01:40)	2:25 (1:04:05)
	1:37 (1:05:42)	1:37 (1:07:19)				
4.	Jonas Edvardsson	Hästveda OK	1:12:05	+5:11	04:16	
	3:16 (3:16)	1:28 (4:44)	1:56 (6:40)	4:51 (11:31)	1:20 (12:51)	2:41 (15:32)
	2:05 (17:37)	2:47 (20:24)	7:03 (27:27)	4:10 (31:37)	2:49 (34:26)	1:49 (36:15)
	5:36 (41:51)	1:45 (43:36)	2:25 (46:01)	4:14 (50:15)	4:24 (54:39)	1:14 (55:53)
	1:05 (56:58)	2:31 (59:29)	4:44 (1:04:13)	2:21 (1:06:34)	2:10 (1:08:44)	1:37 (1:10:21)
	1:44 (1:12:05)					
5.	Anders Blomqvist	OK Skogsfalken	1:12:34	+5:40	03:23	
	2:43 (2:43)	1:30 (4:13)	1:56 (6:09)	2:50 (8:59)	1:30 (10:29)	3:34 (14:03)
	2:16 (16:19)	2:21 (18:40)	5:30 (24:10)	2:59 (27:09)	2:22 (29:31)	2:59 (32:30)
	3:42 (36:12)	3:00 (39:12)	1:28 (40:40)	3:57 (44:37)	3:14 (47:51)	4:50 (52:41)
	3:00 (55:41)	1:57 (57:38)	6:21 (1:03:59)	2:02 (1:06:01)	2:25 (1:08:26)	4:08 (1:12:34)
6.	Hilma Holmström	Härlövs IF	1:13:02	+6:08	03:25	
	1:55 (1:55)	2:11 (4:06)	2:52 (6:58)	3:03 (10:01)	3:03 (13:04)	1:24 (14:28)
	3:36 (18:04)	2:41 (20:45)	4:57 (25:42)	3:26 (29:08)	2:08 (31:16)	5:40 (36:56)
	1:53 (38:49)	2:26 (41:15)	3:47 (45:02)	3:58 (49:00)	1:43 (50:43)	2:25 (53:08)
	3:35 (56:43)	1:35 (58:18)	3:38 (1:01:56)	2:24 (1:04:20)	2:17 (1:06:37)	6:25 (1:13:02)
7.	Jon Moberg	FK Göingarna	1:13:18	+6:24	06:20	
	2:04 (2:04)	2:31 (4:35)	2:24 (6:59)	3:08 (10:07)	2:55 (13:02)	1:28 (14:30)
	3:20 (17:50)	2:45 (20:35)	5:51 (26:26)	1:17 (27:43)	1:00 (28:43)	2:28 (31:11)
	5:03 (36:14)	1:54 (38:08)	2:36 (40:44)	1:55 (42:39)	2:07 (44:46)	8:12 (52:58)
	3:33 (56:31)	2:10 (58:41)	6:32 (1:05:13)	1:48 (1:07:01)	2:15 (1:09:16)	4:02 (1:13:18)
8.	Pär Fridsell	OK Pan-Kristianstad	1:13:40	+6:46	05:35	
	1:51 (1:51)	2:11 (4:02)	3:07 (7:09)	3:05 (10:14)	2:46 (13:00)	1:32 (14:32)
	3:30 (18:02)	2:41 (20:43)	3:06 (23:49)	1:40 (25:29)	2:01 (27:30)	2:56 (30:26)
	2:45 (33:11)	1:53 (35:04)	2:37 (37:41)	2:36 (40:17)	5:10 (45:27)	8:59 (54:26)
	1:34 (56:00)	1:15 (57:15)	2:30 (59:45)	4:47 (1:04:32)	2:19 (1:06:51)	2:59 (1:09:50)
	1:58 (1:11:48)	1:52 (1:13:40)				
9.	Sverker Eriksson	OK Gynge	1:22:51	+15:57	06:39	
	2:40 (2:40)	1:38 (4:18)	2:17 (6:35)	3:18 (9:53)	1:45 (11:38)	2:21 (13:59)
	2:25 (16:24)	2:30 (18:54)	5:53 (24:47)	2:44 (27:31)	2:55 (30:26)	3:19 (33:45)
	4:57 (38:42)	4:30 (43:12)	1:45 (44:57)	4:42 (49:39)	3:27 (53:06)	8:30 (1:01:36)
	1:34 (1:03:10)	1:08 (1:04:18)	3:00 (1:07:18)	4:28 (1:11:46)	2:38 (1:14:24)	3:44 (1:18:08)
	2:08 (1:20:16)	2:35 (1:22:51)				
10.	Linnea Gustafsson	OK Gynge	1:25:16	+18:22	01:22	
	5:41 (5:41)	1:37 (7:18)	1:26 (8:44)	2:54 (11:38)	4:45 (16:23)	2:28 (18:51)
	3:27 (22:18)	2:32 (24:50)	2:35 (27:25)	3:12 (30:37)	1:53 (32:30)	2:13 (34:43)
	3:50 (38:33)	1:57 (40:30)	2:56 (43:26)	3:19 (46:45)	2:56 (49:41)	6:24 (56:05)
	5:43 (1:01:48)	5:01 (1:06:49)	2:29 (1:09:18)	7:00 (1:16:18)	2:15 (1:18:33)	2:34 (1:21:07)
	4:09 (1:25:16)					
11.	Fredrik Holmer	Hästveda OK	1:30:09	+23:15	10:16	
	6:58 (6:58)	2:06 (9:04)	2:37 (11:41)	3:45 (15:26)	1:59 (17:25)	3:19 (20:44)
	3:09 (23:53)	2:54 (26:47)	6:21 (33:08)	5:08 (38:16)	1:26 (39:42)	1:16 (40:58)
	2:44 (43:42)	4:42 (48:24)	2:46 (51:10)	3:18 (54:28)	2:03 (56:31)	1:49 (58:20)
	2:55 (1:01:15)	2:32 (1:03:47)	3:19 (1:07:06)	5:29 (1:12:35)	5:02 (1:17:37)	1:49 (1:19:26)
	7:22 (1:26:48)	3:21 (1:30:09)				
12.	Maria Helmersson	Hässleholms OK	1:33:04	+26:10	04:07	
	7:18 (7:18)	4:23 (11:41)	2:49 (14:30)	7:06 (21:36)	2:12 (23:48)	2:59 (26:47)
	4:28 (31:15)	5:12 (36:27)	2:05 (38:32)	2:23 (40:55)	4:08 (45:03)	1:42 (46:45)
	2:19 (49:04)	2:46 (51:50)	4:05 (55:55)	6:32 (1:02:27)	5:39 (1:08:06)	1:59 (1:10:05)
	1:46 (1:11:51)	3:19 (1:15:10)	5:57 (1:21:07)	3:10 (1:24:17)	3:44 (1:28:01)	2:33 (1:30:34)
	2:30 (1:33:04)					
	Louise Axelsson	FK Göingarna	Felst.			
	4:18 (4:18)	1:37 (5:55)	2:25 (8:20)	3:17 (11:37)	1:44 (13:21)	2:26 (15:47)
	— (—)	— (22:43)	6:12 (28:55)	5:52 (34:47)	4:08 (38:55)	2:11 (41:06)
	6:36 (47:42)	2:08 (49:50)	2:31 (52:21)	4:08 (56:29)	5:00 (1:01:29)	1:35 (1:03:04)
	1:09 (1:04:13)	2:58 (1:07:11)	4:40 (1:11:51)	1:59 (1:13:50)	2:39 (1:16:29)	2:05 (1:18:34)
	2:09 (1:20:43)					
	Thomas Låstbom	Härlövs IF	Utg.			
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	Albin Granqvist	FK Göingarna	Ej start			
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Benjamin Viebke	Malmö OK	Ej start			
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Sarah Lindström	Ronneby OK	Ej start			
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Tuva Selin	FK Göingarna	Ej start			
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2 banor	(37 / 37)	Tid	Efter	Bomtid	
1. Torgny Lindström	Ronneby OK	34:20	00:26		
3:32 (3:32)	0:55 (4:27)	0:57 (5:24)	1:44 (7:08)	3:13 (10:21)	1:27 (11:48)
1:46 (13:34)	1:28 (15:02)	1:20 (16:22)	2:08 (18:30)	1:16 (19:46)	1:34 (21:20)
2:16 (23:36)	1:21 (24:57)	1:35 (26:32)	1:46 (28:18)	2:05 (30:23)	3:57 (34:20)
2. Eddie Karlsson	OK Vilse 87	45:47	+11:27 01:49		
2:07 (2:07)	2:21 (4:28)	2:23 (6:51)	3:13 (10:04)	3:03 (13:07)	1:26 (14:33)
3:25 (17:58)	2:40 (20:38)	3:18 (23:56)	1:29 (25:25)	1:58 (27:23)	3:05 (30:28)
2:33 (33:01)	1:56 (34:57)	2:37 (37:34)	2:37 (40:11)	5:36 (45:47)	
3. Michael Husén	OK Pan-Kristianstad	49:13	+14:53 06:15		
4:05 (4:05)	3:24 (7:29)	2:42 (10:11)	5:15 (15:26)	1:32 (16:58)	3:07 (20:05)
3:24 (23:29)	6:40 (30:09)	1:22 (31:31)	0:54 (32:25)	4:21 (36:46)	3:48 (40:34)
2:26 (43:00)	2:46 (45:46)	1:43 (47:29)	1:44 (49:13)		
4. Jonas Paulin	OK Vilse 87	52:23	+18:03 06:10		
6:06 (6:06)	3:16 (9:22)	1:44 (11:06)	5:35 (16:41)	1:35 (18:16)	2:30 (20:46)
3:43 (24:29)	6:10 (30:39)	1:14 (31:53)	1:17 (33:10)	3:06 (36:16)	4:31 (40:47)
2:34 (43:21)	3:33 (46:54)	3:02 (49:56)	2:27 (52:23)		
5. Nils Karlsson	Växjö AIS	54:11	+19:51 03:47		
6:00 (6:00)	3:38 (9:38)	2:36 (12:14)	6:18 (18:32)	1:59 (20:31)	2:30 (23:01)
4:41 (27:42)	2:48 (30:30)	4:44 (35:14)	3:22 (38:36)	4:14 (42:50)	3:22 (46:12)
1:32 (47:44)	3:31 (51:15)	2:56 (54:11)			
6. Malin Leijon	Härnös IF	54:32	+20:12 00:48		
5:04 (5:04)	3:58 (9:02)	2:23 (11:25)	6:51 (18:16)	2:09 (20:25)	2:40 (23:05)
4:28 (27:33)	5:18 (32:51)	2:13 (35:04)	1:28 (36:32)	3:10 (39:42)	4:51 (44:33)
2:24 (46:57)	3:04 (50:01)	2:07 (52:08)	2:24 (54:32)		
7. Håkan Henmyr	OK Vilse 87	55:37	+21:17 04:30		
5:12 (5:12)	2:22 (7:34)	1:17 (8:51)	2:59 (11:50)	4:38 (16:28)	2:04 (18:32)
3:08 (21:40)	2:05 (23:45)	1:56 (25:41)	5:08 (30:49)	1:46 (32:35)	2:06 (34:41)
3:17 (37:58)	1:53 (39:51)	2:18 (42:09)	2:42 (44:51)	2:38 (47:29)	8:08 (55:37)
8. Paul Irip	FK Göingarna	55:52	+21:32 01:59		
6:53 (6:53)	3:42 (10:35)	2:20 (12:55)	6:41 (19:36)	2:04 (21:40)	2:55 (24:35)
4:43 (29:18)	2:47 (32:05)	3:23 (35:28)	3:11 (38:39)	4:37 (43:16)	3:15 (46:31)
1:32 (48:03)	4:11 (52:14)	3:38 (55:52)			
9. Conny Berggren	Växjö AIS	56:44	+22:24 00:44		
5:50 (5:50)	1:47 (7:37)	1:26 (9:03)	2:51 (11:54)	5:18 (17:12)	2:47 (19:59)
3:43 (23:42)	2:28 (26:10)	2:35 (28:45)	2:56 (31:41)	3:50 (35:31)	3:14 (38:45)
4:19 (43:04)	3:40 (46:44)	1:57 (48:41)	4:06 (52:47)	3:57 (56:44)	
10. Torgny Holmström	Härnös IF	58:33	+24:13 10:03		
2:23 (2:23)	1:25 (3:48)	1:52 (5:40)	3:07 (8:47)	1:35 (10:22)	8:12 (18:34)
2:13 (20:47)	2:36 (23:23)	7:05 (30:28)	5:07 (35:35)	3:27 (39:02)	2:18 (41:20)
5:53 (47:13)	2:07 (49:20)	5:36 (54:56)	3:37 (58:33)		
11. Yngve Ernstsson	FK Göingarna	1:01:09	+26:49 00:47		
4:06 (4:06)	2:00 (6:06)	2:32 (8:38)	4:03 (12:41)	2:17 (14:58)	2:53 (17:51)
2:53 (20:44)	3:27 (24:11)	7:31 (31:42)	6:23 (38:05)	1:44 (39:49)	1:30 (41:19)
3:05 (44:24)	5:18 (49:42)	2:29 (52:11)	3:32 (55:43)	2:42 (58:25)	2:44 (1:01:09)
12. Margaretha Svensson	OK Vilse 87	1:04:08	+29:48 03:47		
3:18 (3:18)	3:59 (7:17)	3:41 (10:58)	4:53 (15:51)	3:14 (19:05)	2:39 (21:44)
5:42 (27:26)	4:08 (31:34)	4:47 (36:21)	2:17 (38:38)	2:26 (41:04)	4:06 (45:10)
1:52 (47:02)	2:33 (49:35)	3:13 (52:48)	3:47 (56:35)	7:33 (1:04:08)	
13. Ronny Ferhm	Hästveda OK	1:11:10	+36:50 10:45		
6:04 (6:04)	1:45 (7:49)	1:18 (9:07)	2:53 (12:00)	5:05 (17:05)	2:47 (19:52)
3:57 (23:49)	2:13 (26:02)	2:32 (28:34)	7:30 (36:04)	2:43 (38:47)	2:22 (41:09)
7:06 (48:15)	3:39 (51:54)	2:54 (54:48)	4:12 (59:00)	3:16 (1:02:16)	8:54 (1:11:10)
14. Charlie Ferhm	Hästveda OK	1:11:11	+36:51 11:02		
6:08 (6:08)	1:46 (7:54)	1:19 (9:13)	2:49 (12:02)	5:08 (17:10)	2:45 (19:55)
3:57 (23:52)	2:12 (26:04)	2:28 (28:32)	7:36 (36:08)	2:45 (38:53)	2:19 (41:12)
7:00 (48:12)	3:39 (51:51)	3:01 (54:52)	4:11 (59:03)	3:05 (1:02:08)	9:03 (1:11:11)
15. Linda Gunnarsson	Hästveda OK	1:12:49	+38:29 11:01		
7:36 (7:36)	6:39 (14:15)	3:05 (17:20)	10:44 (28:04)	5:13 (33:17)	4:19 (37:36)
5:00 (42:36)	5:10 (47:46)	1:33 (49:19)	1:27 (50:46)	4:08 (54:54)	7:19 (1:02:13)
2:47 (1:05:00)	3:25 (1:08:25)	2:05 (1:10:30)	2:19 (1:12:49)		

16.	Linnea Lejon	Härnös IF	1:14:03	+39:43	07:13		
	3:48 (3:48)	3:48 (7:36)	3:49 (11:25)	6:58 (18:23)	4:26 (22:49)	1:56 (24:45)	
	7:27 (32:12)	3:47 (35:59)	4:24 (40:23)	2:02 (42:25)	3:08 (45:33)	5:16 (50:49)	
	2:19 (53:08)	5:17 (58:25)	2:52 (1:01:17)	3:24 (1:04:41)	9:22 (1:14:03)		
17.	Marie Svensson	FK Åsen	1:15:13	+40:53	07:58		
	4:16 (4:16)	3:57 (8:13)	4:09 (12:22)	5:55 (18:17)	4:08 (22:25)	2:15 (24:40)	
	5:28 (30:08)	4:24 (34:32)	10:46 (45:18)	3:16 (48:34)	2:05 (50:39)	4:45 (55:24)	
	6:13 (1:01:37)	3:38 (1:05:15)	3:47 (1:09:02)	2:41 (1:11:43)	3:30 (1:15:13)		
18.	Raimo Salminen	OK Pan-Kristianstad	1:15:49	+41:29	05:17		
	5:59 (5:59)	2:11 (8:10)	3:10 (11:20)	5:29 (16:49)	2:35 (19:24)	3:26 (22:50)	
	3:19 (26:09)	3:47 (29:56)	8:25 (38:21)	9:24 (47:45)	2:14 (49:59)	2:10 (52:09)	
	4:19 (56:28)	5:57 (1:02:25)	3:27 (1:05:52)	4:01 (1:09:53)	2:57 (1:12:50)	2:59 (1:15:49)	
19.	David Bengtsson	FK Göingarna	1:20:00	+45:40	28:29		
	15:14 (15:14)	4:43 (19:57)	2:42 (22:39)	9:35 (32:14)	11:02 (43:16)	3:03 (46:19)	
	4:08 (50:27)	2:30 (52:57)	2:29 (55:26)	5:14 (1:00:40)	4:08 (1:04:48)	2:30 (1:07:18)	
	5:17 (1:12:35)	1:37 (1:14:12)	2:07 (1:16:19)	3:41 (1:20:00)			
20.	Ola Winqvist	FK Göingarna	1:20:11	+45:51	15:46		
	15:26 (15:26)	1:40 (17:06)	2:05 (19:11)	7:34 (26:45)	5:24 (32:09)	3:59 (36:08)	
	4:24 (40:32)	1:57 (42:29)	2:05 (44:34)	3:36 (48:10)	2:20 (50:30)	3:42 (54:12)	
	5:01 (59:13)	2:12 (1:01:25)	3:10 (1:04:35)	3:42 (1:08:17)	4:08 (1:12:25)	7:46 (1:20:11)	
21.	Peter Dahlstedt	OK Pan-Kristianstad	1:20:30	+46:10	04:19		
	3:57 (3:57)	4:46 (8:43)	4:13 (12:56)	5:44 (18:40)	4:40 (23:20)	2:18 (25:38)	
	5:52 (31:30)	4:50 (36:20)	8:25 (44:45)	10:10 (54:55)	3:17 (58:12)	9:08 (1:07:20)	
	2:53 (1:10:13)	4:01 (1:14:14)	6:16 (1:20:30)				
22.	Björn Edén	Växjö AIS	1:24:53	+50:33	19:05		
	7:01 (7:01)	1:55 (8:56)	3:16 (12:12)	4:57 (17:09)	2:07 (19:16)	3:01 (22:17)	
	10:47 (33:04)	3:20 (36:24)	6:56 (43:20)	7:28 (50:48)	5:20 (56:08)	10:44 (1:06:52)	
	8:09 (1:15:01)	2:15 (1:17:16)	3:11 (1:20:27)	4:26 (1:24:53)			
23.	Elena Kurashova	FK Göingarna	1:27:05	+52:45	17:28		
	14:36 (14:36)	4:35 (19:11)	3:44 (22:55)	10:57 (33:52)	2:11 (36:03)	3:06 (39:09)	
	5:03 (44:12)	3:52 (48:04)	2:10 (50:14)	2:45 (52:59)	10:44 (1:03:43)	2:17 (1:06:00)	
	3:05 (1:09:05)	5:09 (1:14:14)	4:19 (1:18:33)	8:32 (1:27:05)			
24.	Emma Nilsson Condori	Hästveda OK	1:28:06	+53:46	19:49		
	6:11 (6:11)	8:34 (14:45)	5:51 (20:36)	11:07 (31:43)	5:51 (37:34)	2:57 (40:31)	
	7:52 (48:23)	5:40 (54:03)	5:35 (59:38)	2:21 (1:01:59)	1:55 (1:03:54)	3:52 (1:07:46)	
	5:44 (1:13:30)	5:56 (1:19:26)	3:40 (1:23:06)	2:35 (1:25:41)	2:25 (1:28:06)		
25.	Linda Hammarquist	BroSö OK	1:28:12	+53:52	08:52		
	7:51 (7:51)	5:59 (13:50)	3:41 (17:31)	9:48 (27:19)	2:34 (29:53)	4:33 (34:26)	
	6:03 (40:29)	5:20 (45:49)	4:20 (50:09)	6:28 (56:37)	7:03 (1:03:40)	6:08 (1:09:48)	
	3:03 (1:12:51)	10:43 (1:23:34)	4:38 (1:28:12)				
26.	Elvira Jacobsson	OK Gyngö	1:34:14	+59:54	18:27		
	3:34 (3:34)	6:48 (10:22)	4:36 (14:58)	7:14 (22:12)	5:04 (27:16)	3:13 (30:29)	
	16:49 (47:18)	3:46 (51:04)	8:17 (59:21)	2:31 (1:01:52)	2:51 (1:04:43)	6:47 (1:11:30)	
	7:43 (1:19:13)	4:57 (1:24:10)	4:20 (1:28:30)	2:22 (1:30:52)	3:22 (1:34:14)		
27.	Kristina Nilsson Condori	Hästveda OK	1:34:16	+59:56	17:33		
	3:35 (3:35)	6:48 (10:23)	4:44 (15:07)	7:04 (22:11)	5:08 (27:19)	3:11 (30:30)	
	16:53 (47:23)	3:43 (51:06)	8:17 (59:23)	2:56 (1:02:19)	2:37 (1:04:56)	6:42 (1:11:38)	
	7:37 (1:19:15)	5:09 (1:24:24)	4:15 (1:28:39)	2:31 (1:31:10)	3:06 (1:34:16)		
28.	Elin Anzelius	Hästveda OK	1:34:18	+59:58	18:21		
	3:33 (3:33)	6:51 (10:24)	4:26 (14:50)	7:16 (22:06)	5:11 (27:17)	3:10 (30:27)	
	16:45 (47:12)	3:53 (51:05)	8:20 (59:25)	2:42 (1:02:07)	2:41 (1:04:48)	6:40 (1:11:28)	
	7:35 (1:19:03)	5:08 (1:24:11)	4:20 (1:28:31)	2:28 (1:30:59)	3:19 (1:34:18)		
29.	Emma Wikström	Hästveda OK	1:52:26	+78:06	11:44		
	14:39 (14:39)	8:19 (22:58)	4:55 (27:53)	13:24 (41:17)	4:45 (46:02)	5:54 (51:56)	
	6:40 (58:36)	4:55 (1:03:31)	6:06 (1:09:37)	7:26 (1:17:03)	9:20 (1:26:23)	4:54 (1:31:17)	
	3:57 (1:35:14)	11:21 (1:46:35)	5:51 (1:52:26)				
30.	Anna Wikström	Hästveda OK	1:52:29	+78:09	11:32		
	14:33 (14:33)	8:29 (23:02)	4:55 (27:57)	13:14 (41:11)	4:46 (45:57)	5:55 (51:52)	
	6:46 (58:38)	4:52 (1:03:30)	6:05 (1:09:35)	7:31 (1:17:06)	9:15 (1:26:21)	4:59 (1:31:20)	
	3:58 (1:35:18)	11:18 (1:46:36)	5:53 (1:52:29)				
31.	Kenneth Lindborg	Hässelholms OK	1:53:40	+79:20	07:04		
	13:10 (13:10)	3:24 (16:34)	3:05 (19:39)	5:40 (25:19)	9:45 (35:04)	5:38 (40:42)	
	7:10 (47:52)	4:48 (52:40)	4:07 (56:47)	13:32 (1:10:19)	7:00 (1:17:19)	4:49 (1:22:08)	
	13:44 (1:35:52)	4:21 (1:40:13)	5:35 (1:45:48)	7:52 (1:53:40)			
	Ann-Charlotte Jensen	Hässelholms OK	Felst.				
	6:24 (6:24)	2:45 (9:09)	3:41 (12:50)	8:03 (20:53)	2:23 (23:16)	3:09 (26:25)	
	6:35 (33:00)	3:29 (36:29)	8:30 (44:59)	3:39 (48:38)	8:49 (57:27)	6:12 (1:03:39)	
	6:44 (1:10:23)	– (–)	– (–)	– (–)	– (1:35:56)		
	Jesper Håkansson	FK Göingarna	Felst.				
	4:04 (4:04)	1:07 (5:11)	1:03 (6:14)	2:15 (8:29)	4:10 (12:39)	1:52 (14:31)	
	3:12 (17:43)	1:43 (19:26)	2:01 (21:27)	6:05 (27:32)	– (–)	– (34:40)	
	6:22 (41:02)	1:51 (42:53)	2:39 (45:32)	4:15 (49:47)			
	Roger Thörn	OK Vilse 87	Utg.				
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)		
	Gustav Granqvist	FK Göingarna	Ej start				
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)		

Lena Danielsson	Härleövs IF	Ej start			
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
Per Wikström	Hästveda OK	Ej start			
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)			

1 bana	(18 / 18)	Tid	Efter	Bomtid	
1. Johanna Karlsson	OK Pan-Kristianstad	25:33		02:12	
5:26 (5:26)	1:50 (7:16)	1:31 (8:47)	3:40 (12:27)	4:11 (16:38)	1:58 (18:36)
2:57 (21:33)	2:01 (23:34)	1:59 (25:33)			
2. Hjalmar Axelsson	FK Göingarna	30:45	+5:12	01:35	
1:59 (1:59)	2:36 (4:35)	1:49 (6:24)	2:42 (9:06)	1:18 (10:24)	3:33 (13:57)
2:35 (16:32)	2:14 (18:46)	11:59 (30:45)			
3. Ola Jönsson	OK Vilse 87	33:21	+7:48	00:46	
6:38 (6:38)	4:30 (11:08)	2:50 (13:58)	7:47 (21:45)	2:33 (24:18)	3:23 (27:41)
5:40 (33:21)					
4. Helen Andertoft	Markaryds FK	34:08	+8:35	00:28	
3:53 (3:53)	4:09 (8:02)	4:22 (12:24)	5:43 (18:07)	4:07 (22:14)	2:48 (25:02)
4:50 (29:52)	4:16 (34:08)				
5. Hilda Axelsson	FK Göingarna	41:20	+15:47	02:52	
4:01 (4:01)	5:14 (9:15)	5:08 (14:23)	6:21 (20:44)	5:10 (25:54)	2:50 (28:44)
5:48 (34:32)	6:48 (41:20)				
6. Erik Anzelius	Hästveda OK	42:30	+16:57	04:29	
8:14 (8:14)	5:57 (14:11)	3:08 (17:19)	11:36 (28:55)	4:51 (33:46)	3:51 (37:37)
4:53 (42:30)					
7. Roland Edvinsson	FK Göingarna	46:29	+20:56	02:46	
4:57 (4:57)	5:22 (10:19)	5:06 (15:25)	7:43 (23:08)	6:52 (30:00)	3:06 (33:06)
7:34 (40:40)	5:49 (46:29)				
8. Krister Lindeberg	Malmö OK	47:17	+21:44	14:39	
6:21 (6:21)	2:51 (9:12)	4:55 (14:07)	6:27 (20:34)	3:20 (23:54)	4:15 (28:09)
4:22 (32:31)	4:35 (37:06)	10:11 (47:17)			
9. Petra Areskoug	FK Åsen	50:03	+24:30	05:39	
14:03 (14:03)	2:12 (16:15)	2:23 (18:38)	6:08 (24:46)	10:53 (35:39)	3:28 (39:07)
4:52 (43:59)	2:45 (46:44)	3:19 (50:03)			
10. Frida Emilsson	FK Åsen	50:52	+25:19	05:54	
9:04 (9:04)	4:36 (13:40)	2:48 (16:28)	8:16 (24:44)	9:17 (34:01)	4:52 (38:53)
5:37 (44:30)	3:12 (47:42)	3:10 (50:52)			
11. Lisbeth Lindeberg	Malmö OK	52:04	+26:31	04:28	
12:33 (12:33)	2:50 (15:23)	2:59 (18:22)	5:19 (23:41)	9:52 (33:33)	4:45 (38:18)
5:51 (44:09)	3:47 (47:56)	4:08 (52:04)			
12. Smilla Thomasson	FK Göingarna	52:50	+27:17	09:44	
4:23 (4:23)	3:54 (8:17)	6:35 (14:52)	8:57 (23:49)	5:56 (29:45)	3:30 (33:15)
14:43 (47:58)	4:52 (52:50)				
13. Mikael Thomasson	FK Göingarna	52:53	+27:20	09:34	
4:25 (4:25)	3:55 (8:20)	6:37 (14:57)	8:56 (23:53)	5:54 (29:47)	3:30 (33:17)
14:37 (47:54)	4:59 (52:53)				
14. Delia Condori	Hästveda OK	54:04	+28:31	07:04	
6:28 (6:28)	8:10 (14:38)	6:04 (20:42)	11:10 (31:52)	5:39 (37:31)	3:53 (41:24)
7:06 (48:30)	5:34 (54:04)				
15. Sonia Kurashova	FK Göingarna	55:31	+29:58	11:13	
15:12 (15:12)	4:43 (19:55)	2:46 (22:41)	9:32 (32:13)	11:05 (43:18)	3:08 (46:26)
4:04 (50:30)	2:32 (53:02)	2:29 (55:31)			
Wilmali Suuwan	OK Vilse 87	Felst.			
5:35 (5:35)	3:04 (8:39)	4:12 (12:51)	4:11 (17:02)	6:03 (23:05)	– (–)
– (–)	– (–)	– (41:40)			
Jan-Olof Ferm	FK Göingarna	Utg.			
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)					
Anders Selin	FK Göingarna	Ej start			
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)					

Gul bana	(11 / 11)	Tid	Efter	Bomtid	
1. Kati Németh	Stigmännens Karlshamns OK	29:30		03:03	
3:41 (3:41)	5:00 (8:41)	2:33 (11:14)	2:40 (13:54)	2:37 (16:31)	4:06 (20:37)
3:14 (23:51)	2:05 (25:56)	3:34 (29:30)			
2. Filip Paulin	OK Vilse 87	31:00	+1:30	04:09	
5:32 (5:32)	4:39 (10:11)	3:02 (13:13)	2:59 (16:12)	2:36 (18:48)	2:39 (21:27)
3:53 (25:20)	1:56 (27:16)	3:44 (31:00)			
3. Hilma Paulin	OK Vilse 87	31:02	+1:32	03:26	
4:01 (4:01)	6:25 (10:26)	2:38 (13:04)	1:23 (14:27)	2:40 (17:07)	4:18 (21:25)
3:53 (25:18)	1:51 (27:09)	3:53 (31:02)			
4. Elias Lindström	Ronneby OK	32:57	+3:27	07:35	
2:54 (2:54)	6:06 (9:00)	8:26 (17:26)	0:53 (18:19)	2:46 (21:05)	2:08 (23:13)
3:06 (26:19)	1:57 (28:16)	4:41 (32:57)			

5.	Olivia Svensson	FK Åsen	40:03	+10:33	07:00		
	4:30 (4:30)	7:17 (11:47)	3:01 (14:48)	2:02 (16:50)		2:56 (19:46)	3:20 (23:06)
	7:46 (30:52)	1:50 (32:42)	7:21 (40:03)				
6.	Ebba Edén	Växjö AIS	40:06	+10:36	05:41		
	4:41 (4:41)	5:29 (10:10)	4:22 (14:32)	1:31 (16:03)		3:37 (19:40)	3:58 (23:38)
	6:17 (29:55)	2:18 (32:13)	7:53 (40:06)				
7.	Eric Tenland	Stigmännen Karlshamns OK	40:38	+11:08	04:21		
	6:11 (6:11)	5:13 (11:24)	4:09 (15:33)	1:59 (17:32)		3:54 (21:26)	4:52 (26:18)
	5:02 (31:20)	3:06 (34:26)	6:12 (40:38)				
8.	Sven-Åke Andertoft	Markaryds FK	49:36	+20:06	10:14		
	6:03 (6:03)	5:26 (11:29)	6:30 (17:59)	1:56 (19:55)		4:08 (24:03)	3:43 (27:46)
	7:35 (35:21)	7:33 (42:54)	6:42 (49:36)				
9.	Irene Olofsson	FK Åsen	54:49	+25:19	11:34		
	5:38 (5:38)	16:50 (22:28)	2:52 (25:20)	2:14 (27:34)		4:07 (31:41)	4:39 (36:20)
	7:05 (43:25)	3:17 (46:42)	8:07 (54:49)				
10.	Robin Nilsson	OK Vilse 87	1:00:33	+31:03	26:25		
	5:55 (5:55)	4:31 (10:26)	2:55 (13:21)	3:14 (16:35)		2:56 (19:31)	3:24 (22:55)
	7:51 (30:46)	2:12 (32:58)	27:35 (1:00:33)				
	Noah Mulari	OK Vilse 87	Ej start				
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)				

Vit bana		(6 / 6)	Tid	Efter	Bomtid		
1.	Anton Jacobsson	OK Gynge	20:57		01:17		
	2:17 (2:17)	1:26 (3:43)	4:01 (7:44)	1:01 (8:45)		2:21 (11:06)	5:00 (16:06)
	3:43 (19:49)	1:08 (20:57)					
2.	Mattis Lindström	Ronneby OK	29:09	+8:12	03:03		
	3:49 (3:49)	2:43 (6:32)	6:18 (12:50)	1:50 (14:40)		3:43 (18:23)	4:52 (23:15)
	4:32 (27:47)	1:22 (29:09)					
3.	Maja Edén	Växjö AIS	32:32	+11:35	04:12		
	4:29 (4:29)	2:09 (6:38)	7:42 (14:20)	1:19 (15:39)		3:44 (19:23)	5:17 (24:40)
	6:51 (31:31)	1:01 (32:32)					
4.	Tuvalisa Eden	Växjö AIS	53:26	+32:29	01:11		
	6:11 (6:11)	2:56 (9:07)	10:22 (19:29)	– (–)		– (31:38)	11:14 (42:52)
	8:29 (51:21)	2:05 (53:26)					
5.	Alice Condori	Hästveda OK	1:02:33	+41:36	18:53		
	8:13 (8:13)	3:15 (11:28)	9:19 (20:47)	2:48 (23:35)		5:28 (29:03)	6:52 (35:55)
	21:40 (57:35)	4:58 (1:02:33)					
	Hugo Granqvist	FK Göingarna	Ej start				
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)					