

SM SPRINT RELAY AND SPRINT INDIVIDUALLY

SWEDISH LEAGUE AND IOF WORLD RANKING EVENT (WRE)

Växjö OK together with Lessebo OK, Alvesta SOK, OK Norrvirdarna, Kexholms SK and Värend GN welcome you to Swedish Championships in sprint orienteering 2020, May 30–31, in Växjö, Småland.















PROGRAMME

SATURDAY MAY 30. SPRINT RELAY

Class DH21, consisting of four legs with women on leg 1 and 4 and leg 2 and 3 open. All entered teams are guaranteed to start. Each club may start with several teams, and all will count in the championship. Estimated winning time 12–15 min per leg.

Entry restrictions

Competitors in the sprint relay must fulfill Swedish Orienteering federations competition rules 3.4.5. Participation outside of competition is not allowed.

SATURDAY MAY 30, SPRINT, INDIVIDUAL QUALIFICATIONS

SATURDAY MAY 30, SPRINT, INDIVIDUAL FINALS

Classes W21 (WRE), M21 (WRE), D20, H20, D18, H18. Estimated winning time 12–15 min.

Entry restrictions

Competitors in the championship must meet the requirements in Swedish Orienteering federations competition rules 3.4.5. Participation in the individual competition without challenging in the championship **is allowed**.

REGISTRATION

No later than Sunday May 17 at 23:59 (11.59 pm) via Eventor.

As WM21 is WRE, IOF-ID should be specified while entering the competition, in order to get world ranking points.



LATE REGISTRATION

No later than Sunday May 24 at 23:59 (11.59 pm) via Eventor.

REGISTRATION FEES

Individual competition 740 SEK, relay 2160 SEK/team. Late entry fee is increased by 50 %. Competitors from abroad pay via bank transfer in advance. Competitors from Swedish clubs will be invoiced after the event.

CANCELLATION

Please inform your cancellation to the organizer no later than Monday, May 25, via e-mail to sm2020@vaxjook.

EMBARGOED AREA

The competition area is disclosed on the competition website <u>smsprint2020.se</u> and Eventor. Accommodation within the embargoed area is allowed, but competitors must leave the area at a certain time (which will be stated in coming bulletins) each day of competition.

According to Swedish competition rules it is forbidden to train with or without an orienteering map within the embargoed area until the competitions are finished. Route choice analyzes on site or visiting the competition area in order to gather information usable in the competition, is forbidden. These rules apply to both competitors and coaches.

ACCOMMODATION

Please see smsprint2020.se for recommended accommodations.

GUIDANCE, PARKING AND ARENA

The competitions are held in Växjö and information regarding guidance, parking, etc. will be published in coming bulletins. Note that all competitors and coaches must check-in at a certain quarantine. See below.

QUARANTINE

Competitors must assembly at the quarantine at a given time which will be stated in coming bulletins. It is not allowed for competitors nor coaches to visit the arena prior to the competitions. Technology that allow you to follow the competition live or otherwise obtain information about the race is not allowed in the quarantine. Once checked-in at the quarantine, competitors are not allowed to leave the area without permission. The same rule applies to coaches.

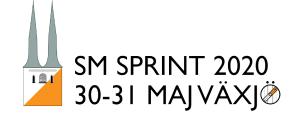
A basic canteen and a smaller range of orienteering equipment for purchase is available at the quarantine.

MAPS

Scale 1:4000, contour intervals 2 meter. Digital print. Drawn 2019–2020 by Per-Ola Olsson and Maths Carlsson.

TERRAIN

City, parks and some smaller park-forests. Approximately 50–70 % asphalt/gravel, the rest mostly grass and forests with high runability.



PRELIMINARY STARTING TIMES

Definitive starting times will be stated in coming bulletins and start lists.

Saturday May 30	at 10.00 at 16.00 at 17.00 at 18.00	Sprint relay Individual qualifications Individual qualifications Individual qualifications	DH 18 DH 20 WM 21	
Sunday May 30	at 09.00 at 10.00 at 11.00 at 12.00	Individual A-finals Individual A-finals Individual A-finals Individual B, C, D-finals	DH 18 DH 20 DH 21 DH 18, 20, WM 21	

Qualification for A-finals

Preliminary, around 40 competitors from each class will be qualified for the Swedish Championships. In addition to that, runners (a total maximum of 20 competitors in each class DH18-20) that are ahead of the qualified runners in Swedish Championships in each qualification heat will qualify.

PUNCHING SYSTEM

Sprint relay

At the sprint relay, SIAC-card must be used. If no SIAC-number is entered at the latest entry time, the organizer will assign a SIAC-card. The cost of renting a SIAC-card is 100 SEK/card. A lost card will be charged with 900 SEK.

Individual competition

SportIdent Touch-Free, Air+ and system SIAC-card. SI-card number is registered at entry. Competitors with no SIAC-card, will be offered to rent one at the quarantine area to a cost of 100 SEK (for both qualification and finals). Please inform the organizer in advance if renting is planned. A lost rent-card will be charged with 900 SEK. SIAC-card is not mandatory at the individual competitions.

GPS

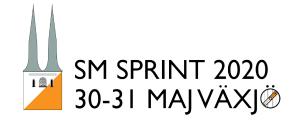
A number of competitors must carry a GPS unit during their races. This is a requirement. Not carrying an assigned unit will result in disqualification.

PM

Upcoming bulletins will be published at <u>smsprint2020.se</u> and Eventor. Competitors are responsible for receiving the information from organizers through bulletins, which applies as an addition to the competition rules.

LUGGAGE AND WARM-UP CLOTHES

Luggage and warm-up clothes will be transported from quarantine and start area to a designated location close to the arena or showers.



SHOWERS AND TOILETS

Hot showers located at a maximum of 800 meters from each arena. Toilets are located near the arena, quarantine as well as the start area.

MEALS AND CANTEEN

Competitors in the main classes are served a meal at the arena at both the sprint relay and individual finals. Allergies are reported at entry of event. Coaches and others may order meal via Eventor no later than Sunday May 24 at a price of 100 SEK. When buying at the arena (subject to availability), the price will be 115 SEK. Served Saturday after sprint relay and Sunday during individual A-finals.

The organizer offers a canteen at the arena with food and drinks.

SPORTS EQUIPMENT

Sale of sports and orienteering equipment at the arena by Pölder Sport, from Nässjö.

ONLINE SERVICE

The competitions can be followed via smsprint2020.se och Eventor.

COMPETITION RULES

Swedish Orienteering federations competition rules apply. For the WRE competition, additional IOF competition rules apply.

INFORMATION AND CONTACT

smsprint2020.se and Eventor.

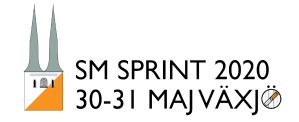
SPECTATOR RACE

The organizer offers spectators and visitors to enter a competition at the same arenas and maps as the Swedish Championships. Please see separate bulletin or contact organizers.

HEAD ORGANIZERS

SM SPRINT RELAY

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SM INDIVIDUAL QUALIFICATIONS

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SM INDIVIDUAL FINALS

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Course setters	Lars-Gunnar Skoog		
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Competition control	Jörgen Fransson		
Course control	Anna Ekbring		
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WELCOME TO VÄXJÖ!



