



Swedish League med Roslagshelg 8-10 Maj 2020

## OK Roslagen invites you to Swedish League, #3 (WRE), sprint distance, senior, Friday 8<sup>th</sup> of May 2020. Bulletin 1.

**Location** Norrtälje Sportcentrum. From road 77, roundabout south entrance Norrtälje, GPS: 59.746189, 18.682842 follow road signs for “Norrtälje C” and “Sportcentrum”. Turn right after Ica Flygfyren and follow road signs for “P sportcentrum”. Parking at Norrtälje Sportcentrum GPS: 59.752000, 18.699203. Parking at sportcentrum only for participants in Swedish League. Distance Parking – quarantine max 200 meter. Participants in SL (WRE) and E2 may not visit the arena before start, see instructions for Start. For participants in spectactor race see location /”samling” in the spectactors race “Roslagshelg sprintdistans”.

**Emarbargoed Area** The competition area is forbidden to stay in until the competitions are completed. Passages are allowed on major roads. Map of restricted area can be found at Eventor.

The competition area is completely canceled for competitors in the Swedish League from 8 May at 13.00. Competitors residing in the area must distance themselves before this time.

The competition area may be visited by competitors after their own completed competition (eg visits to a restaurant, grocery store etc.). For details see the map on IOF Eventor.

**Entries** Entries should be made by 23.59 CET at Sunday the 3<sup>rd</sup> of May via the Swedish Orienteering Federation’s Eventor homepage: <https://eventor.orientering.se/events>  
The application requires that you have a so-called IOF person ID. Svenska Eventor supports IOF person ID, follow the instructions that come up in connection with the registration.

**Late entries, SL** Late entries will be accepted, May 5 at 23:59 CEST against a 50% increased fee.

**Entry fee, SL** 300 SEK

Swedish clubs are billed afterwards, foreign runners pay in advance, payment must be registered no later than Tuesday, May 5.

IBAN: SE04 8000 0824 2000 3881 9074. BIC / SWIFT: SWEDSESS  
Bank giro: 592-5441 and Swish: 123 362 24 53



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Enter the name, club and competition for payment.  
Payment recipient: OK ROSLAGEN

## Classes, course length and estimated winning times

Klass	Length* (m)	Time (min)
W21	3600	15
M21	4100	15

\*Shortest runway, preliminary length

Competitors not selected for the above classes will be transferred to W21-2 / M21-2.

For classes in the public race see invitation for Roslagshelg sprintdistans.

## Selection

See information on SOFT:s website,  
<http://www.svenskorientering.se/tranatavla/SwedishLeague/forutsattningarfordeltagare/deltagarurvalfordelningochlottning/>

## Start

WRE classes, first start 16:00 CEST, first start W21-2 and M21-2 classes no earlier than 15:00 CEST. Distance from quarantine to start max 2000 meters.

Runners in SL W21/M21 and W21-2 / M21-2 must go directly to the prestart from parking and must not stay at the Arena before the competition. See embargoed area.

## Map

Map Norrtälje. Scale 1:4 000, equidistance 2 m. New map produced in year 2019 by Märten Boström.

## Terrain description

Urban and park environment. Fast-paced area. Some hills. Full coverage is not required.

**NOTE!** Roads and streets are not closed off. Common traffic rules apply. **Participation is at your own risk.** Show consideration for non-competitors, animals and plantings etc.!

## Punching system

SPORTident. All types of cards can be used. If the card number is not specified when entering the competitor will be given a hire card at a cost of 50 SEK. If the card is not returned after the competition, there will be a charge of 400 SEK.

## Quarantine

Competitors in SL (WRE) may not go to the Arena before start. Directions to quarantine from parking för SL runners. All runners in SL must be in the quarantine before 15.00 CEST. Bags will be transported from the quarantine to the arena by the organizer. More details will be provided in bulletin no. 2.

## Competition rules

Swedish orienteering federation competition rules including rules for the Swedish League, together with IOF World Ranking Event rules.

## Service

Changing area and heated showers indoor at Sportcentrum close to prestart for SL (WRE) competitors. Distance from arena max 1000 meters.

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<b>Event organisation</b>			
<b>Event director SL2020 with Roslagshelg</b>	Pontus Gille	070-610 02 13	pontus.gille@gmail.com
<b>Assistant Event director SL2020 with Roslagshelg</b>	Mats Frost	070-474 96 84	mats.frost@samariten.se
<b>Race Event Director</b>	Gerhard Lilliestierna	070-286 86 76	gerhardlilliestierna@yahoo.se
<b>Course planner</b>	Ola Hultin	070-855 59 00	ola.hultin@programteknik.se
<b>Administration</b>	Staffan Broman	070-843 10 55	staffan.broman@home.se
<b>Event controller 1</b>	Marianne Carlberg	Rånäs OK	
<b>Event controller 2</b>	Pelle Carlberg	Rånäs OK	
<b>Course controller</b>	TBD UOF		
<b>Map controller</b>	Carl Bachman	Täby OK	
<b>Media contact</b>	Elizabeth Løchting	070-797 01 20	elizabeth.lochting@lochtingrevision.se
<b>SOFT:s</b>	Henrik Skoglund		
<b>arrangörscoach</b>			
<b>IOF event adviser</b>	Leif Gustafsson		
<b>Speaker</b>	Per Forsberg		
<b>Website</b>	<a href="http://www.swedishleague2020roslagen.se">www.swedishleague2020roslagen.se</a>		
<b>E-mail</b>	okroslagen@gmail.com		

## Welcome!