



Swedish League med Roslagshelg 8-10 Maj 2020

## OK Roslagen invites you to Swedish League, #4 (WRE), Long Distance, Sunday 10<sup>th</sup> of May 2020.

**Location** Länna-Veda. GPS: 59.690570, 18.623177. Directions from Road 276 about 6 km south of Norrtälje. Distance P-Arena max 1000 meter. Parking fee 30 SEK.

**Emarbargoed Area** It is forbidden for competitors and people who can influence them to enter the competition area prior to the event. For details see the map on IOF Eventor.

**Entries** Entries should be made by 23.59 CET at Sunday the 3<sup>rd</sup> of May via the Swedish Orienteering Federation's Eventor homepage: <https://eventor.orientering.se/events>  
The application requires that you have a so-called IOF person ID. Svenska Eventor supports IOF person ID, follow the instructions that come up in connection with the registration.

**Late entries, SL** Late entries will be accepted, May 6 at 23:59 CEST against a 50% increased fee.

**Entry fee, SL** 300 SEK

Swedish clubs are billed afterwards, foreign runners pay in advance, payment must be registered no later than Wednesday, May 6.

IBAN: SE04 8000 0824 2000 3881 9074. BIC / SWIFT: SWEDSESS  
Bank giro: 592-5441 and Swish: 123 362 24 53  
Enter the name, club and competition for payment.  
Payment recipient: OK ROSLAGEN

**Classes, course length and estimated winning times**

Class	Length (km)	Time (min)	Class	Length* (km)	Time (min)
W21	13,9	84	M21	16,6	88
D20E	8,8	68	H20E	12,8	68
D18E	7,7	59	H18E	10,6	59

\*Preliminary length

Competitors not selected for the above classes will be transferred to W21-2, M21-2, D20E2, H20E2, D18E2, H18E2.

For classes in the public race see invitation for Roslagshelg långdistans.



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<b>Selection</b>	See information on SOFT:s website, <a href="http://www.svenskorientering.se/tranatavla/SwedishLeague/forutsattningarfordeltagare/deltagarurvalfordelningochlottning/">http://www.svenskorientering.se/tranatavla/SwedishLeague/forutsattningarfordeltagare/deltagarurvalfordelningochlottning/</a>
<b>Start</b>	First start 10:00 CEST. Distance to start will be announced in bulletin no. 2. Model event map will be offered.
<b>Map</b>	Länna-Veda, scale 1:15 000, equidistance 5 m. New map and revised areas produced in year 2019 by Ia Lillstrand.
<b>Terrain description</b>	Moderate to strong hilly forest land with a few roads and paths. Cultural land occurs to a small extent. Accessibility mostly good to very good.
<b>Punching system</b>	SPORTident. All types of cards can be used. If the card number is not specified when entering the competitor will be given a hire card at a cost of 50 SEK. If the card is not returned after the competition, there will be a charge of 400 SEK.
<b>Quarantine</b>	Quarantine may exist. More information will be provided in bulletin 2.
<b>Competition rules</b>	Swedish orienteering federation competition rules including rules for the Swedish League, together with IOF World Ranking Event rules.
<b>Service</b>	Changing area and heated showers will be beside the arena. Cafeteria on the arena, sport equipment will be on sale by Letro Sport. There will be baby-sitting and a string course for children.

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<b>Event organisation</b>			
<b>Eventdirector SL2020 with Roslagshelg</b>	Pontus Gille	070-610 02 13	pontus.gille@gmail.com
<b>Assistant Event director SL2020 with Roslagshelg</b>	Mats Frost	070-474 96 84	mats.frost@samariten.se
<b>Race Event Director</b>	Pontus Gille	070-610 02 13	pontus.gille@gmail.com
<b>Course planner</b>	Torbjörn Lännevall	070-647 51 70	tobbe.driftsbyra@telia.com
<b>Administration</b>	Staffan Broman	070-843 10 55	staffan.broman@home.se
<b>Event controller 1</b>	Marianne Carlberg	Rånäs OK	
<b>Event controller 2</b>	Pelle Carlberg	Rånäs OK	
<b>Course controller</b>	Peder Karlsson	Rånäs OK	
<b>Map controller</b>	Carl Bachman	Täby OK	
<b>Media contact</b>	Elizabeth Løchting	070-797 01 20	elizabeth.lochting@lochtingrevision.se
<b>SOFT:s</b>	Henrik Skoglund		
<b>arrangörscoach</b>			
<b>IOF event adviser</b>	Leif Gustafsson		
<b>Speaker</b>	Per Forsberg		
<b>Website</b>	<a href="http://www.swedishleague2020roslagen.se">www.swedishleague2020roslagen.se</a>		
<b>E-post</b>	okroslagen@gmail.com		

**Welcome!**