

Stockholm Multi Sport Federation invites to World Cup Competitions in Biathlon Orienteering, 21st -23rd of October 2011

Competition Center

Furutorps shooting range on island Lidingö, just east of Stockholm.

[Competition Center](#)

Terrain

Forrest with a lot of paths and roads, moderately hilly and generally good runability.

Classes and Course lengths

According to international regulations see estimated winning time in table below.

Only M/W 21 has WC status.

Class	Normal Distance	Sprint	Relay	Difficulty
M/W 21	45-60 min	18-20 min	30-40 min	Blå
M/W 20	40-55 min	18-20 min		Blå
M/W 18	35-50 min	18-20 min		Blå
M/W 16	30-40 min	18-20 min		Violett
M/W 14	25-30 min	18-20 min		Orange
M/W 12	20-25 min	18-20 min		Gul
M/W 10	20-25 min	18-20 min		Vit
M/W 35	40-55 min	18-20 min		Blå
M/W 40	35-50 min	18-20 min		Blå
M/W 45	35-50 min	18-20 min		Blå
M/W 50	35-50 min	18-20 min		Blå
M/W 55	30-45 min	18-20 min		Blå
M/W 60	30-40 min	18-20 min		Blå

Friday Relay

Only M/W 21 class is available.

Adjustment shooting on paper targets from 12:00 to 13:00.

Relay with three legs for M21 and two legs for W21.

Map 1:10000 with 4m contours.

Saturday Sprint

Adjustment shooting on paper targets from 11:00 to 12:30.

Competition will be Orienteering – shooting (prone) – Orienteering – shooting (standing).

Map 1:7500 with 4m contours.

Sunday Classic

Adjustment shooting on paper targets from 9:00 to 10:30.

Competition will be Location Orienteering – Orienteering – shooting (prone and standing).

In earlier information given on the World Championship it was sad that there would be a new type of location orienteering, this is no longer the case and the location orienteering will be as usual, but with a shortcut and a special map for classes M/W 10 to M/W 14.

Map 1:10000 with 4m contours.

Rifle Lend Out

There will be a possibility to borrow rifles for the competition. Please state your registration.

Banquet

On Saturday evening 19:00 for a cost of 150SEK per person.

Accommodation

The organizer will not arrange any accommodation please try one of the following.

[Bosön](#)

www.stfturist.se

www.stfturist.se/gardet

Starting Fees

Relay M21 450 SEK, W21 300 SEK

M/W18 and older Sprint 150 SEK, others 100 SEK

M/W18 and older Classic 150 SEK, others 100 SEK

Information

tmok_olskytte@hotmail.com or by phone +46 10-719 82 43

Registration

By Swedish Orienteering Federation system [Eventor](#). Please use this [guide](#) for getting started with Eventor and register your club or team. Or if above fails by Email tmok_olskytte@hotmail.com no later than 20111014.

Please use the following syntax

Club;
N/A;
Friday;
Team;Name;Class;SI number;borrow rifle;
Saturday;
Name;Class;SI number;borrow rifle;
Sunday;
Team;Name;Class;SI number;borrow rifle;
Banquet;
Name;food allergies;

Example

TMOK;
NA
Friday;
Lag1;Johan Eklöv;H21;760411;no;
Lag1;Anders Boström;H21;900312; no;
Lag1;vakant;H21;rental SICard;yes
Saturday
Johan Eklöv;H21;760411; no;
Eva Boström;D50;900312;yes;
Sunday
Johan Eklöv;H21;760411; no;
Eva Boström;D50;900312; yes;
Banquet;
Johan Eklöv;Latktos;
Anders Boström;None;