

# Run to the Hills

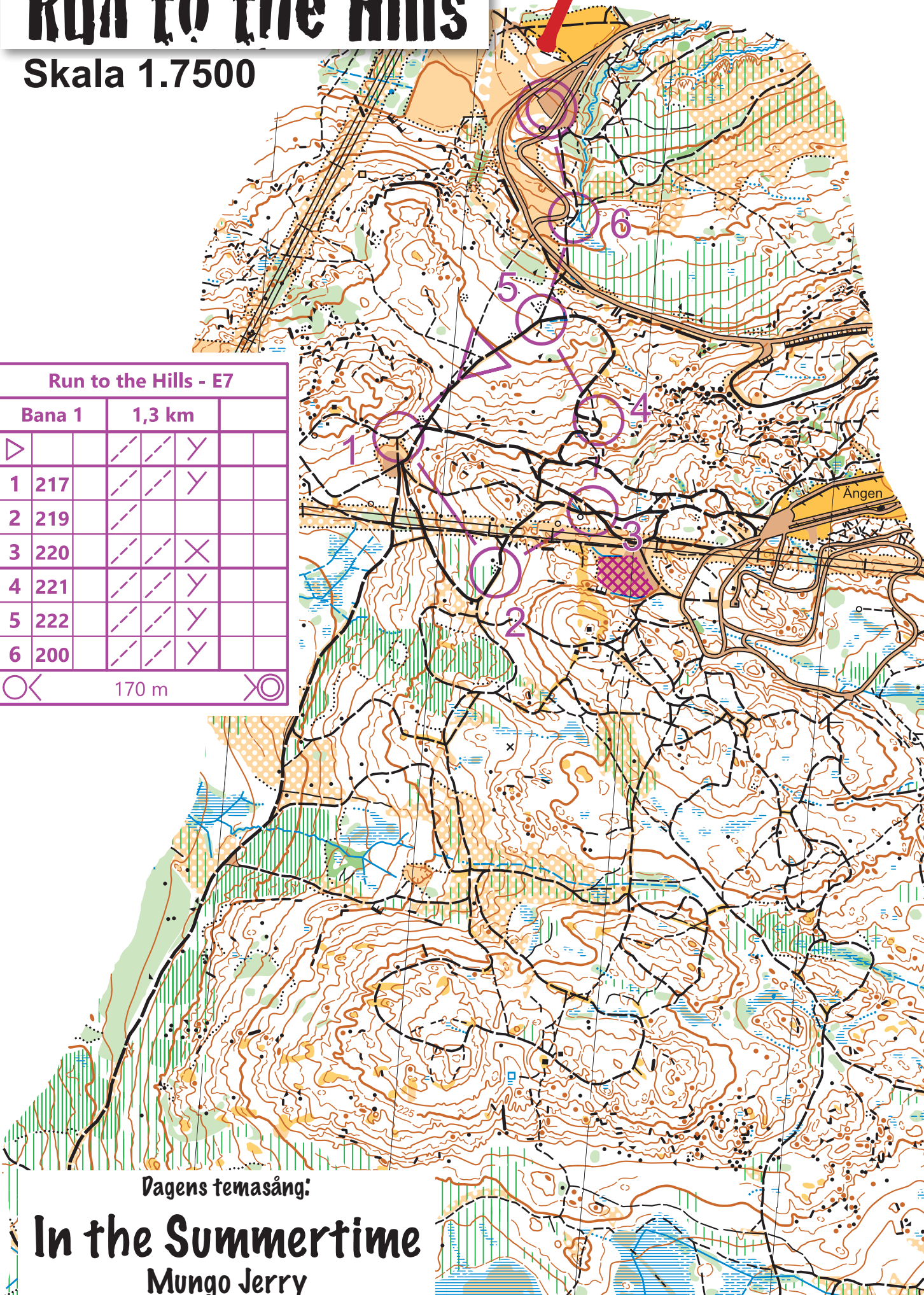
Skala 1.7500

7

| Run to the Hills - E7 |       |        |   |   |   |
|-----------------------|-------|--------|---|---|---|
| Bana 1                |       | 1,3 km |   |   |   |
| ▷                     |       | /      | / | ✓ |   |
| 1                     | 217   | /      | / | ✓ |   |
| 2                     | 219   | /      |   |   |   |
| 3                     | 220   | /      | / | ✗ |   |
| 4                     | 221   | /      | / | ✓ |   |
| 5                     | 222   | /      | / | ✓ |   |
| 6                     | 200   | /      | / | ✓ |   |
| ○                     | 170 m |        |   |   | ⊗ |

Dagens temasång:

**In the Summertime**  
Mungo Jerry





# Run to the Hills

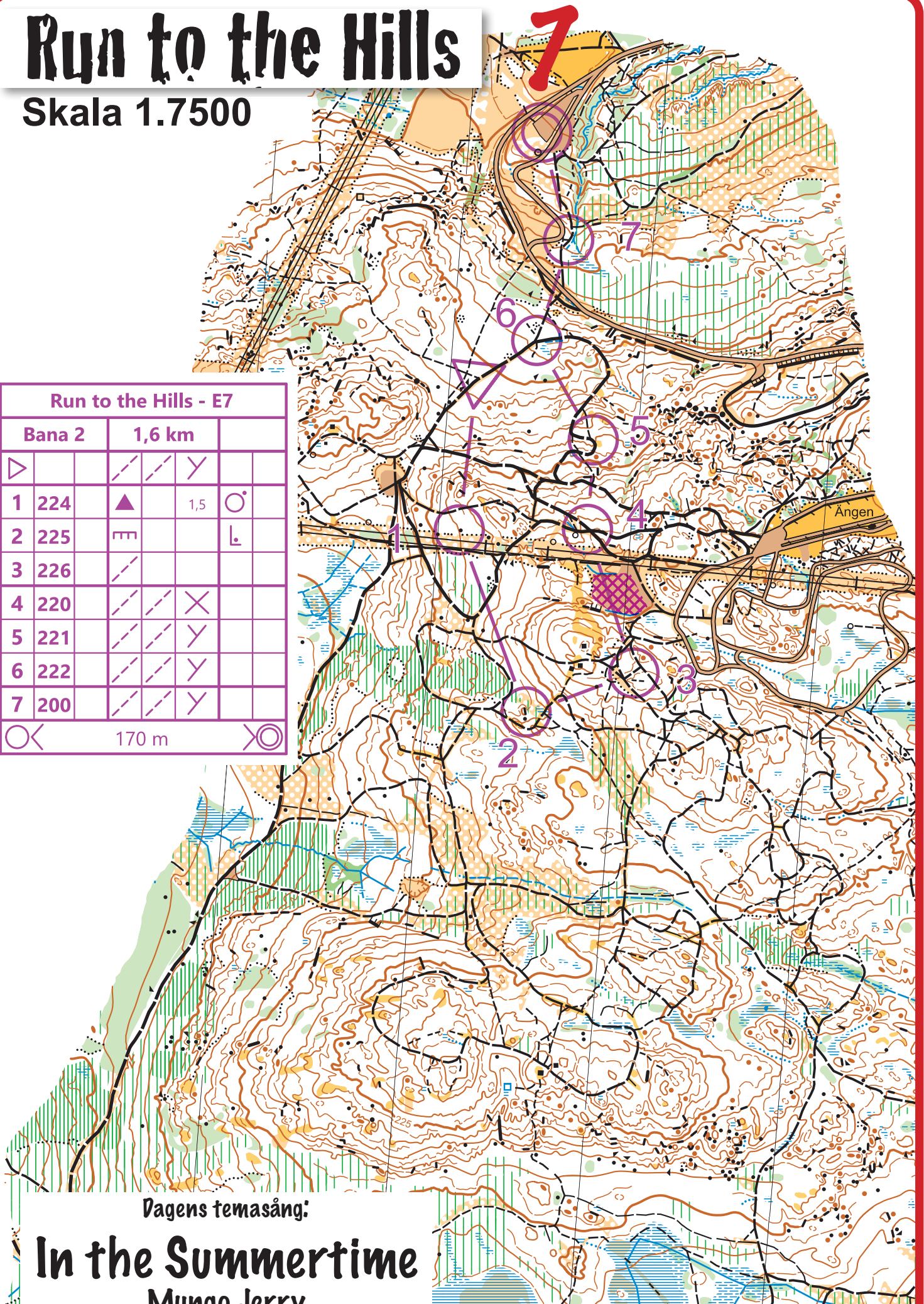
Skala 1.7500

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| Run to the Hills - E7 |       |        |   |     |   |
|-----------------------|-------|--------|---|-----|---|
| Bana 2                |       | 1,6 km |   |     |   |
| ▷                     |       | ↗      | ↘ | ↙   |   |
| 1                     | 224   | ▲      |   | 1,5 | ○ |
| 2                     | 225   | ▬      |   |     | ⊥ |
| 3                     | 226   | ↗      |   |     |   |
| 4                     | 220   | ↗      | ↘ | ×   |   |
| 5                     | 221   | ↗      | ↘ | ↙   |   |
| 6                     | 222   | ↗      | ↘ | ↙   |   |
| 7                     | 200   | ↗      | ↘ | ↙   |   |
| ○                     | 170 m |        |   |     | ⊗ |

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# Run to the Hills

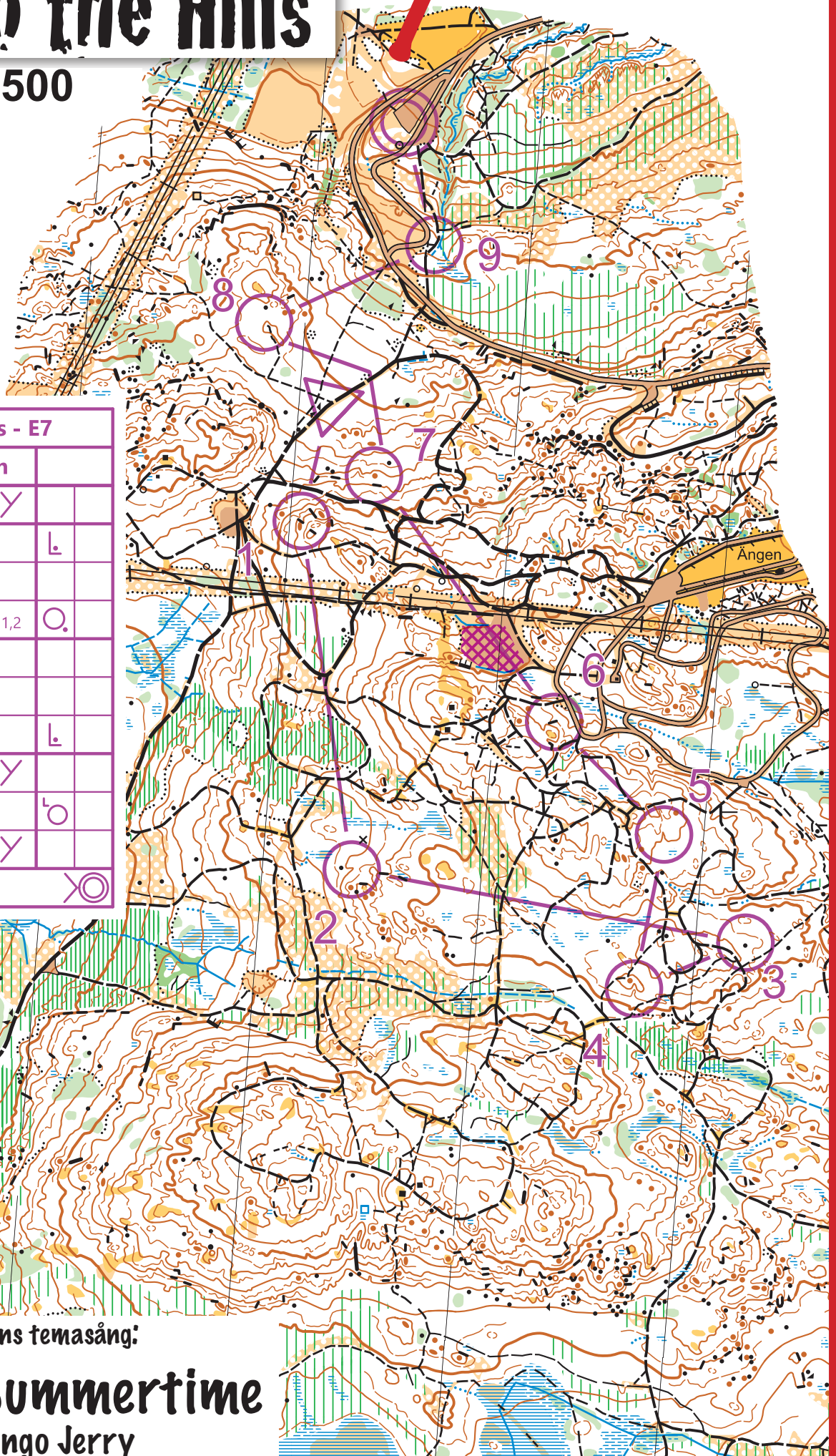
Skala 1:7500

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| Run to the Hills - E7 |       |        |     |   |   |
|-----------------------|-------|--------|-----|---|---|
| Bana 3                |       | 2,9 km |     |   |   |
| ▷                     |       | ///    | /// | Y |   |
| 1                     | 212   | ≡      |     |   | ⊥ |
| 2                     | 206   | ∩      |     |   |   |
| 3                     | 216   | ▲      | 1,2 | ○ |   |
| 4                     | 208   | ∩      |     |   |   |
| 5                     | 209   | ∩      |     |   |   |
| 6                     | 207   | ≡      |     |   | ⊥ |
| 7                     | 202   | ///    | /// | Y |   |
| 8                     | 211   | ○      |     |   | ⊙ |
| 9                     | 200   | ///    | /// | Y |   |
| ○                     | 170 m |        |     |   | ⊙ |

Dagens temasång:

**In the Summertime**  
Mungo Jerry





# Run to the Hills

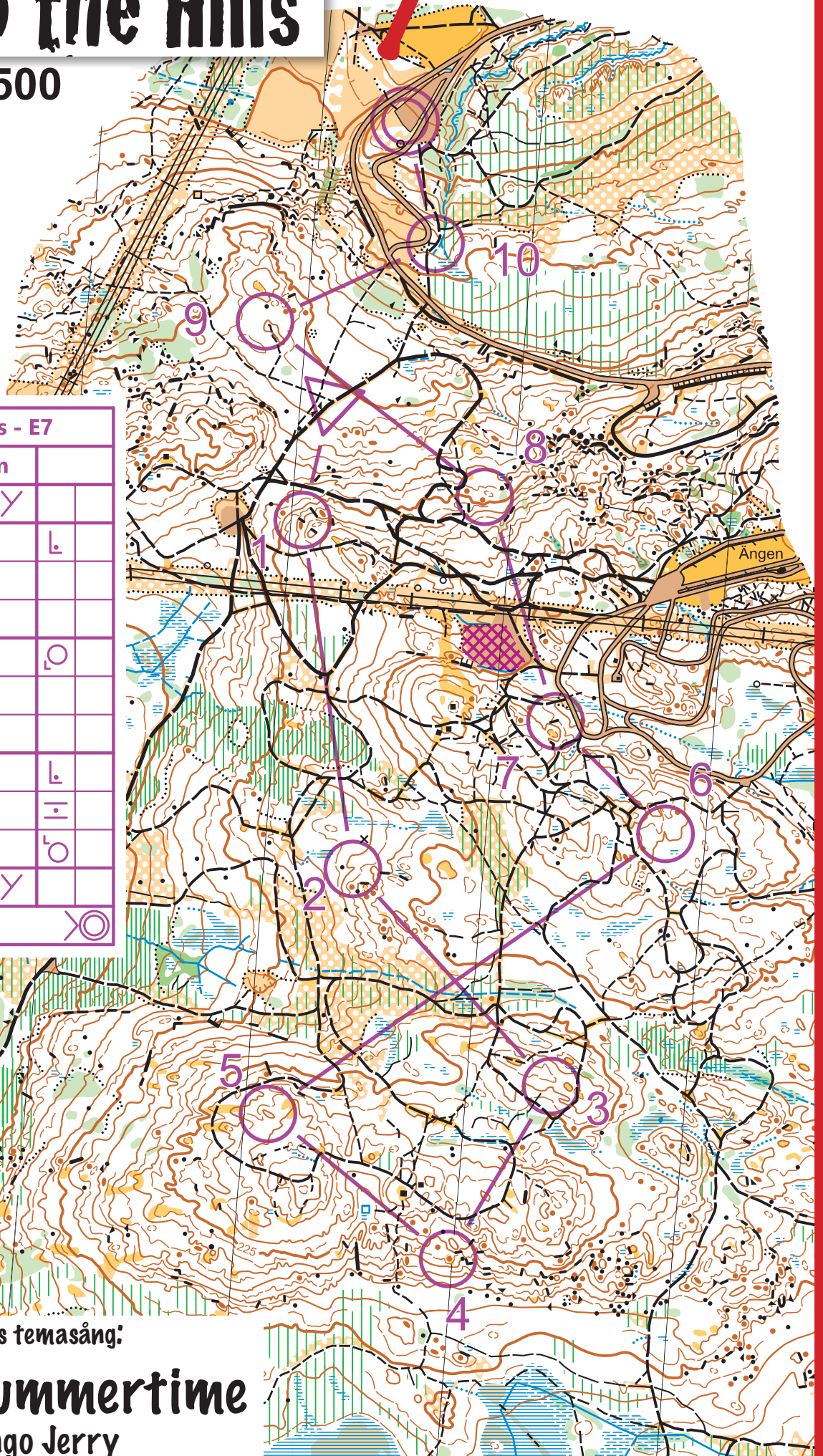
Skala 1.7500

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| Run to the Hills - E7 |     |        |     |     |   |  |  |   |  |
|-----------------------|-----|--------|-----|-----|---|--|--|---|--|
| Bana 4                |     | 3,7 km |     |     |   |  |  |   |  |
| ▷                     |     |        | /// | /// | Y |  |  |   |  |
| 1                     | 212 |        | ≡   |     |   |  |  | ⊥ |  |
| 2                     | 206 |        | ∩   |     |   |  |  |   |  |
| 3                     | 213 |        | ∩   | —   |   |  |  |   |  |
| 4                     | 203 |        | ●   |     |   |  |  | ⊙ |  |
| 5                     | 215 |        | ○   |     |   |  |  |   |  |
| 6                     | 209 |        | ∩   |     |   |  |  |   |  |
| 7                     | 207 |        | ≡   |     |   |  |  | ⊥ |  |
| 8                     | 210 |        | ○   | ●   |   |  |  | ≡ |  |
| 9                     | 211 |        | ○   |     |   |  |  | ⊙ |  |
| 10                    | 200 |        | /// | /// | Y |  |  |   |  |
| ○                     | ⊥   | 170 m  |     | ⊙   |   |  |  |   |  |

Dagens temasång:

In the Summertime  
Mungo Jerry



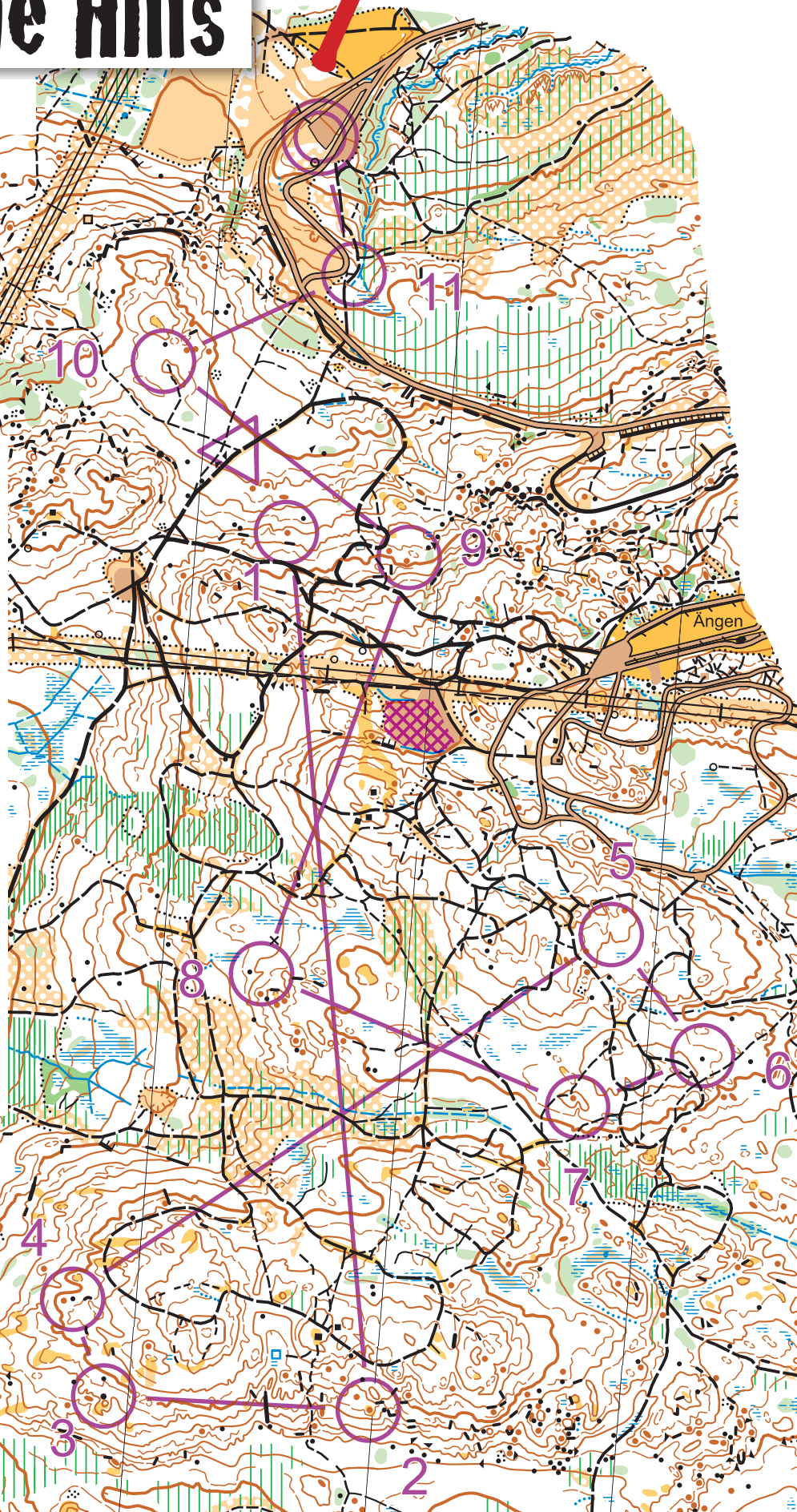


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| Run to the Hills - E7 |     |        |       |     |     |  |  |   |  |
|-----------------------|-----|--------|-------|-----|-----|--|--|---|--|
| Bana 5                |     | 4,6 km |       |     |     |  |  |   |  |
| ▷                     |     |        | ///   | /// | Y   |  |  |   |  |
| 1                     | 202 |        | ///   | /// | Y   |  |  |   |  |
| 2                     | 203 |        | ●     |     |     |  |  | ○ |  |
| 3                     | 204 |        | ▲     |     | 2,5 |  |  | ○ |  |
| 4                     | 205 |        | ▲     |     | 1,5 |  |  | ○ |  |
| 5                     | 209 |        | ∩     |     |     |  |  |   |  |
| 6                     | 216 |        | ▲     |     | 1,2 |  |  | ○ |  |
| 7                     | 208 |        | ∩     |     |     |  |  |   |  |
| 8                     | 206 |        | ∩     |     |     |  |  |   |  |
| 9                     | 210 |        | ○     | ●   |     |  |  | ≡ |  |
| 10                    | 211 |        | ○     |     |     |  |  | ○ |  |
| 11                    | 200 |        | ///   | /// | Y   |  |  |   |  |
| ○                     |     |        | 170 m |     |     |  |  | ○ |  |



Dagens temasång:

In the Summertime (Mungo Jerry)



# Run to the Hills

Skala 1.7500

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| Run to the Hills - E7 |     |   |     |   |   |
|-----------------------|-----|---|-----|---|---|
| ▷ S1                  |     | ↗ | ↘   | Y |   |
| 200                   |     | ↗ | ↘   | Y |   |
| 202                   |     | ↗ | ↘   | Y |   |
| 203                   | ●   |   |     |   | ○ |
| 204                   | ▲   |   | 2,5 | ○ |   |
| 205                   | ▲   |   | 1,5 | ○ |   |
| 206                   | ∩   |   |     |   |   |
| 207                   | ≡   |   |     | ⊥ |   |
| 208                   | ∩   |   |     |   |   |
| 209                   | ∩   |   |     |   |   |
| 210                   | ○ ● |   |     | ⊥ |   |
| 211                   | ○   |   |     | ⊥ |   |
| 212                   | ≡   |   |     | ⊥ |   |
| 213                   | ∩   | ⌒ |     |   |   |
| 215                   | ○   |   |     |   |   |
| 216                   | ▲   |   | 1,2 | ○ |   |
| 217                   | ↗   | ↘ | Y   |   |   |
| 219                   | ↗   |   |     |   |   |
| 220                   | ↗   | ↘ | X   |   |   |
| 221                   | ↗   | ↘ | Y   |   |   |
| 222                   | ↗   | ↘ | Y   |   |   |
| 224                   | ▲   |   | 1,5 | ○ |   |
| 225                   | ≡   |   |     | ⊥ |   |
| 226                   | ↗   |   |     |   |   |

