# Startlista – Avestapropagandan 1 Start 11:00 - 11:30

2020-08-15

| **H65** | | **3100 meter** | **Start 1** |
|---|---|---|---|
| 09:18 | Hans Kruskopf | Korsnäs IF OK | 8100943 |
| 11:00 | Bengt Söderqvist | Dalaportens OL | 26963 |
| 11:02 | Kjell Lidholm | IFK Hedemora OK | 44523 |
| 11:04 | Anders Stefan Vestlund | OK Kåre | 8012070 |
| 11:06 | Peter Lidholm | IFK Hedemora OK | 30412 |
| 11:08 | Ulf Henriksson | Korsnäs IF OK | 8005512 |
| 13:00 | Anders Malmberg | Kvarnsvedens GOIF OK | 9520915 |
| 13:02 | Christer Sandh | OK Roxen | 8111609 |
| 13:04 | Hans-Erik Lang | Västerbergslagens OL | 531107 |
| 13:06 | Mats Hemström | Gävle OK | 8011590 |
| 13:08 | Paul Norén | OK Södertörn | 944415 |
| 15:16 | Benny Rendalen | Korsnäs IF OK | 902968 |

| **H60** | | **3790 meter** | **Start 1** |
|---|---|---|---|
| 09:20 | Björn Jakobsson | Täby OK | 1422650 |
| 11:01 | Ulf Burman | Gustavsbergs OK | 8000522 |
| 11:03 | Tryggve Ottosson | Västerbergslagens OL | 262610 |
| 11:05 | Göran Hedman | Valbo AIF | 2095207 |

| **H55** | | **3790 meter** | **Start 1** |
|---|---|---|---|
| 09:00 | Niclas Ahlström | Västerås SOK | 7009142 |
| 09:02 | Mats Herbert | Täby OK | 887852 |
| 09:04 | Per Spik | Leksands OK | 8006500 |
| 09:06 | Mikael Davidsson | Västerås SOK | 202285 |
| 09:08 | Mikael Backlund | Dalaportens OL | 621404 |
| 11:07 | Mats Jönsson | Korsnäs IF OK | 8061040 |
| 13:01 | Tomas Sundqvist | OK Kåre | 226925 |
| 13:03 | Anders Berg | Domnarvets GOIF | 402008 |
| 13:05 | Per Wadman | Västerås SOK | 208528 |
| 13:07 | Thomas Norgren | Stora Tuna OK | 1081261 |
| 13:09 | Jonas Näslund | OK Hammaren | 1080802 |
| 13:11 | Patrik Ahlgren | Täby OK | 2065330 |
| 15:01 | Hans Sundqvist | Tullinge SK | 778100 |
| 15:03 | Robert Östlund | Säterbygdens OK | 8244062 |
| 15:05 | Jonas Lång | Stora Tuna OK | 650307 |
| 15:07 | Piero Sannicolò | Tullinge SK | 8000660 |
| 15:09 | Anders S Nyberg | Säterbygdens OK | 27308 |

| **H50** | | **3860 meter** | **Start 1** |
|---|---|---|---|
| 09:01 | Anders Mases | Stora Tuna OK | 364962 |
| 11:15 | Thomas Ivarsson | OK Hammaren | 37615 |
| 13:00 | Magnus Larsson | Västerås SOK | 640511 |
| 13:03 | Magnus Fredriksson | Korsnäs IF OK | 8366991 |
| 13:06 | Robert Palm | Västerås SOK | 8356766 |
| 13:09 | Joakim Ahlström | Västerås SOK | 347125 |
| 15:00 | Magnus Jeppsson | OK Hammaren | 2095594 |
| 15:02 | Johan Alfredsson | Stora Tuna OK | 1700518 |
| 15:04 | Lars Halvarsson | Leksands OK | 431444 |
| 15:06 | Erik Berggren | Tullinge SK | 253657 |

| **H45** | | **4200 meter** | **Start 1** |
|---|---|---|---|
| 09:05 | Mats Thunwall | Fagersta OK | 8428955 |
| 09:08 | Christer Larsson | Sala OK | 1392396 |
| 09:11 | Andreas Krafft | Länna IF | 7731205 |
| 11:03 | Patrik Söderqvist | OK Kåre | 750505 |
| 11:09 | Daniel Kaipe | OK Kåre | 1120175 |
| 13:02 | Håkan Nilsson | Domnarvets GOIF | 306122 |
| 13:05 | Lars Nordvall | Domnarvets GOIF | 449224 |
| 15:01 | Henrik Erlandsson | OK Södertörn | 9926022 |
| 15:03 | Lars Olofsson | Västerås SOK | 9711711 |
| 15:05 | Håkan Eriksson | Malungs OK Skogsmårdarna | 782009 |
| 15:07 | Fredrik Lindell | IF Thor | 9050872 |

| **H40** | | **4200 meter** | **Start 1** |
|---|---|---|---|
| 09:03 | Stefan Sveder | Domnarvets GOIF | 2132153 |
| 11:18 | Rikard Claesson | Stora Tuna OK | 760314 |
| 15:10 | Michael Forslund | Kristinehamns OK | 402606 |

| **H35** | | **4930 meter** | **Start 1** |
|---|---|---|---|
| 09:15 | Olov Gohde | Dalaportens OL | 43127 |
| 09:19 | Ulrik Magnusson | Halmstad OK | 1931224 |

| **H21** | | **4930 meter** | **Start 1** |
|---|---|---|---|
| 09:07 | Kalle Åkerman Sjöström | Västerås SOK | 9021333 |
| 09:10 | Hampus Möller | Stora Tuna OK | 650825 |
| 09:13 | Martin Herbert | Täby OK | 8652926 |
| 11:11 | Erik Boman | OK Linné | 931216 |
| 11:17 | Lasse Jansson | Gävle OK | 611129 |
| 15:13 | Jakob Sjöberg | Gävle OK | 8151505 |
| 15:15 | Leonas Mockunas | Hellas Orientering | 501163 |
| 15:17 | Anders Håkansson | OK Kåre | 850107 |
| 15:19 | Erik Liljequist | Stora Tuna OK | 8012108 |

| **H20** | | **3860 meter** | **Start 1** |
|---|---|---|---|
| 09:20 | Anton Augustsson | Fagersta OK | 8426482 |

| **H18** | | **3860 meter** | **Start 1** |
|---|---|---|---|
| 13:11 | Jesper Berg | Domnarvets GOIF | 442079 |
| 13:17 | Henrik Norgren | Stora Tuna OK | 9030515 |
| 15:16 | Maximilian Olofsson | Västerås SOK | 9103103 |
| 15:20 | Markus Halvarsson | Leksands OK | 8030307 |

| **H16** | | **3350 meter** | **Start 1** |
|---|---|---|---|
| 09:15 | Helmer Jöhnemark | Stora Tuna OK | 7170405 |
| 09:17 | Vigor Kjellman | OK Hammaren | 8050417 |
| 11:17 | Wille Söderqvist | OK Kåre | 8008084 |
| 11:19 | Edvin Mäkinen | OK Hammaren | 7140106 |
| 15:23 | Alfred Jeppsson | OK Hammaren | 7050924 |
| 15:25 | Niklas Erlandsson | OK Södertörn | 8050707 |

| **H14** | | **3190 meter** | **Start 1** |
|---|---|---|---|
| 11:20 | Walter Söderqvist | OK Kåre | 8062007 |
| 13:22 | Erik Palm | Västerås SOK | 8016922 |

| **H12** | | **2140 meter** | **Start 1** |
|---|---|---|---|
| 09:09 | Isak Stinessen | Dalaportens OL | 1080322 |
| 09:14 | Arvid Kjellman | OK Hammaren | 7080511 |
| 11:01 | Jonatan Haglund | IFK Hedemora OK | 443297 |
| 11:05 | Hugo Claesson | Stora Tuna OK | 500077 |
| 11:09 | Oskar Kaipe | OK Kåre | 1080616 |
| 15:18 | Helmer Gindemo | Ärla IF | 1450895 |
| 15:20 | Leopold Olofsson | Västerås SOK | 7529529 |
| 15:22 | Hilding Gindemo | Ärla IF | 1450874 |

| **H10** | | **1890 meter** | **Start 1** |
|---|---|---|---|
| 09:18 | Melker Kjellman | OK Hammaren | 7100720 |

| **D65** | | **2290 meter** | **Start 1** |
|---|---|---|---|
| 11:07 | Annika Norström | Hallstahammars OK | 1838350 |
| 11:10 | Inger Andersson | Årsunda IF | 18755 |
| 11:13 | Gudrun Persson | Hallstahammars OK | 1917133 |
| 11:16 | Anneli Lindqvist | Gustavsbergs OK | 682488 |
| 13:04 | Annica Lindell Lang | Västerbergslagens OL | 510311 |
| 13:08 | Marianne Sellgren | Sigtuna OK | 902980 |
| 13:12 | Helena Hemström | Gävle OK | 36185 |
| 15:22 | Lena Jansson | Järla Orientering | 798390 |

| **D60** | | **2290 meter** | **Start 1** |
|---|---|---|---|
| 09:21 | Annika Davidsson | Västerås SOK | 409877 |
| 13:10 | Marie Malmberg | Kvarnsvedens GOIF OK | 9570121 |
| 13:15 | Ylva Grape | Dalaportens OL | 501847 |

| **D55** | | **3100 meter** | **Start 1** |
|---|---|---|---|
| 09:21 | Kia Nordström | Täby OK | 30044 |
| 11:20 | Lotta Jungåker | Korsnäs IF OK | 651229 |
| 13:10 | Gunilla Boman | Västerås SOK | 347192 |
| 13:12 | Katarina Sundqvist | OK Kåre | 42971 |
| 13:14 | Eva Wadman | Västerås SOK | 208818 |
| 15:12 | Eva Lång | Stora Tuna OK | 33745 |
| 15:14 | Elisabet Elmertoft | Norbergs OK | 8208927 |

| **D50** | | **3100 meter** | **Start 1** |
|---|---|---|---|
| 09:01 | Åsa Spik | Leksands OK | 2025053 |
| 09:03 | Lena Mases | Stora Tuna OK | 438194 |
| 09:05 | Inger Gunnarsson | Västerås SOK | 997933 |
| 09:07 | Anna Jöhnemark | Stora Tuna OK | 2075168 |
| 11:22 | Maria Engberg | Korsnäs IF OK | 244090 |
| 13:16 | Pernilla Klemets | Köping-Kolsva OK | 8070517 |
| 13:18 | Catarina Larsson | Västerås SOK | 680403 |
| 13:20 | Camilla Näslund | OK Hammaren | 1102030 |
| 15:00 | Carin Homann | Järfälla OK | 2115600 |
| 15:02 | Berit Gummus | IFK Mora OK | 8630877 |
| 15:04 | Anette Sjöberg | Gävle OK | 351180 |

| **D45** | | **3100 meter** | **Start 1** |
|---|---|---|---|
| 11:11 | Ingela Eriksson | Gävle OK | 888802 |
| 11:13 | Marit Söderqvist | OK Kåre | 1211145 |
| 11:15 | Maria Bylund | Fagersta OK | 452307 |
| 13:22 | Eva Palm | Västerås SOK | 9751002 |

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|---|---|---|---|
| 13:24 | Malena Ahlström | Västerås SOK | 39772 |
| 15:06 | Anna Berggren | Gävle OK | 442137 |
| 15:08 | Anna Nygård | Västerås SOK | 720509 |
| 15:10 | Louise Jeppsson Wulff | OK Hammaren | 7731227 |

| **D40** | | **3790 meter** | **Start 1** |
|---|---|---|---|
| 09:22 | Anna-Karin Eriksson | Norbergs OK | 2119952 |
| 15:18 | Lina Söderkvist | Säterbygdens OK | 343086 |

| **D21** | | **3860 meter** | **Start 1** |
|---|---|---|---|
| 09:12 | Klara Åkerman Sjöström | Västerås SOK | 9031028 |
| 09:17 | Frida Ansin | Svaide Roma SOK | 930618 |
| 11:00 | Ann-Sofi Karlsson | Gävle OK | 18789 |
| 11:02 | Magdalena Olsson | Stora Tuna OK | 8199011 |
| 11:04 | Emma Blixt | OK Hammaren | 9910097 |
| 11:06 | Tove Alexandersson | Stora Tuna OK | 1406185 |
| 11:08 | Kristin Boman | Gävle OK | 960316 |
| 11:10 | Ingrid Alexandersson | Stora Tuna OK | 9641228 |
| 13:13 | Elisabeth Ahlgren | Linköpings OK | 2065391 |
| 15:08 | Sandra Näslund | OK Linné | 970307 |
| 15:11 | Lina Lång | Stora Tuna OK | 930622 |
| 15:14 | Ronja Hill | Tumba-Mälarhöjden OK | 7732327 |

| **D20** | | **3790 meter** | **Start 1** |
|---|---|---|---|
| 09:10 | Clara Spik | Leksands OK | 8010717 |
| 09:12 | Moa Karlsson | OK Hammaren | 9011126 |

| **D18** | | **3790 meter** | **Start 1** |
|---|---|---|---|
| 09:14 | Tuva-Cajsa Spik | Leksands OK | 8031070 |
| 09:16 | Cornelia Krafft | Länna IF | 1030727 |
| 11:12 | Tilda Golsäter | Korsnäs IF OK | 8006475 |
| 11:14 | Vendela Söderqvist | OK Kåre | 8002335 |
| 11:16 | Cornelia Ivarsson | OK Hammaren | 8402002 |
| 13:13 | Ida Larsson | Västerås SOK | 990502 |
| 13:15 | Julia Näslund | OK Hammaren | 1030519 |
| 13:17 | Elsa Nilsson | Domnarvets GOIF | 8020920 |

| **D16** | | **3350 meter** | **Start 1** |
|---|---|---|---|
| 09:09 | Lovisa Mases | Stora Tuna OK | 7040314 |
| 09:11 | Saga Mattsson | Dalaportens OL | 8040129 |
| 09:13 | Ellen Thorsén | Surahammars SOK | 7050418 |
| 11:21 | Julia Hagelberg Nordahl | OK Kåre | 7050930 |
| 11:23 | Elsa Kaipe | OK Kåre | 8333355 |
| 13:14 | Julia Nordvall | Domnarvets GOIF | 449232 |
| 13:16 | Maja Ahlström | Västerås SOK | 7040902 |
| 13:18 | Irma Berg | Domnarvets GOIF | 442043 |
| 13:20 | Anja Nilsson | Domnarvets GOIF | 9040109 |
| 15:17 | Moa Birkebæk | Stora Tuna OK | 9050726 |
| 15:19 | Milla Forkéus | OK Tyr | 8050519 |
| 15:21 | Emelie Forslund | Kristinehamns OK | 8050902 |

| **D14** | | **3190 meter** | **Start 1** |
|---|---|---|---|
| 09:16 | Tilde Sveder | Domnarvets GOIF | 8001285 |
| 09:19 | Maja Mases | Stora Tuna OK | 227306 |
| 11:12 | Pauline Haglund | IFK Hedemora OK | 443206 |

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|---|---|---|---|
| 11:18 | Elsa Golsäter | Korsnäs IF OK | 2101801 |
| 13:24 | Ester Simonen | Stora Tuna OK | 2115430 |
| 15:24 | Selma Partanen | OK Hammaren | 2088939 |

| **D12** | | **2140 meter** | **Start 1** |
|---|---|---|---|
| 09:22 | Maja Sveder | Domnarvets GOIF | 8518945 |
| 11:21 | Vilma Hagelberg Nordahl | OK Kåre | 7091205 |
| 13:23 | Elin Palm | Västerås SOK | 8030523 |
| 15:12 | Vera Jeppsson | OK Hammaren | 9081217 |

| **Mkt lätt 2 km** | | **1520 meter** | **Start 1** |
|---|---|---|---|
| 09:23 | Charlie Sveder | Domnarvets GOIF | 2132199 |
| 11:22 | Victor Haglund | IFK Hedemora OK | 2139209 |
| 13:23 | Stella Simonen | Stora Tuna OK | 343376 |
| 15:09 | Sofia Forslund | Kristinehamns OK | 402651 |
| 15:11 | Cecilia Partanen | OK Hammaren | 2088923 |
| 15:13 | Inez Hellberg | OK Södertörn | 9110414 |
| 15:15 | Signe Partanen | OK Hammaren | 2087211 |

| **Lätt 2,5 km** | | **2550 meter** | **Start 1** |
|---|---|---|---|
| 11:23 | Selma Ivarsson | OK Hammaren | 1040504 |
| 13:01 | Pyttan Asplund | OK Södertörn | 42445 |
| 13:07 | Annica Ahlgren | Täby OK | |

| **Med-svår 3 km** | | **3110 meter** | **Start 1** |
|---|---|---|---|
| 09:23 | Maria Kjellman Wallén | OK Hammaren | 452751 |
| 11:24 | Åsa Blixt | Järbo OK | 435364 |

| **Svår 3 km** | | **3350 meter** | **Start 1** |
|---|---|---|---|
| 09:00 | Anna Herbert | Täby OK | 9990213 |
| 09:02 | Per Stinessen | Dalaportens OL | 720404 |
| 09:04 | Marita Karlsson | Storviks IF | 903031 |
| 09:06 | Therese Sveder | Domnarvets GOIF | 2132170 |
| 11:14 | Marie-Louise Kaipe | OK Kåre | 451880 |
| 11:19 | Niklas Blixt | Järbo OK | 435368 |
| 13:19 | Elias Näslund | OK Hammaren | 1011231 |
| 13:21 | Emma Klemets | Köping-Kolsva OK | 1991104 |
| 15:21 | Åsa Gindemo | Ärla IF | 1450877 |
| 15:23 | Jan Andersson | Gävle OK | 980322 |
| 15:25 | Simon Gindemo | Ärla IF | 1426064 |

| **Svår 5 km** | | **4990 meter** | **Start 1** |
|---|---|---|---|
| 11:24 | Jerker Boman | Gävle OK | 353880 |
| 13:19 | Tommy Boman | Västerås SOK | 9775522 |
| 13:21 | Daniel Forsström | Köping-Kolsva OK | 1991714 |