



SKALA 1:7500

SOK Vinterträning

Lång Nov 12 5,3 km

| | | | | |
|----|----|-------|--|---|
| ▷ | | | | |
| 1 | 34 | ○ | | ᠋ |
| 2 | 38 | ○ | | ○ |
| 3 | 42 | ○ | | ᠋ |
| 4 | 47 | ○ | | ᠋ |
| 5 | 31 | ≡ | | |
| 6 | 48 | ○ | | ᠋ |
| 7 | 47 | ○ | | ᠋ |
| 8 | 43 | ≡ | | ᠋ |
| 9 | 33 | ▲ | | |
| 10 | 47 | ○ | | ᠋ |
| 11 | 50 | ▲ | | |
| 12 | 36 | ○ | | ᠋ |
| 13 | 40 | / / \ | | |

○ 200 m ○