



Preliminary invitation
25manna's
Middle Distance
Sunday 10th October 2021
Arena Skogberga



About the covid-19 pandemic

The organizers closely follow the directives and the recommendations from the public health authorities (Folkhälsomyndigheten) which means the invitation may be amended. Any changes will be communicated on the website: www.25manna.se

Competition arena

Skogberga, Täby, north of Stockholm.
GPS-koordinater 59.48753, 18.09227

Map

Revised 2021 by Norrkartor. Scale 1:10 000, 5 metres contour interval. Digital printing. For ages HD14 and younger, ages HD45 and older, open courses (OM) scale 1:7 500.

Embargoed area

The competition is embargoed and it is prohibited to visit the area until the competition is completed. The map of the embargoed area is available on Eventor.

Terrain

The competition area is mainly pine forest with good runnability and sparsely scattered open fields and meadows. Elevation varies between low to moderate. There is a training track in the area and several smaller paths. The arena is situated on a golf course which stretches in the northern direction of the competition area.

Start

First start time of 25manna's middle is distance is 09:00. Last start is 12:00 (noon). Upon registration choose **Early** (tidig), **Middle** (mellan) or **Late** (sen) start group. Open courses will have flexible start times between 09:00-12:00.

Competition rules

The Swedish Orienteering Federation (SOFT) rules apply and final details (PM) also applies.

Final details (PM)

Final details (PM) will be published on www.25manna.se and on Eventor at the latest on the Sunday before the competition, as well as published at the arena.

Cars / Vehicles

Parking within walking distance from the arena, approximately 1000 meters.

Bus Drop-off

Bus drop-off within walking distance from the arena, approximately 1000 meters.

Bus parking on a separate location away from the arena. Buses will pick up passenger at the same place as drop-off after the competition is concluded. Due to limited space, further instructions will be published at a later time.

Public Transport

Take Roslagsbanan to station "Täby kyrkby," then an approximately 2000 meters walk on walking paths. Check sl.se for routes and times.

Registration

Registration is via Eventor. Please choose **Early, Middle or Late** when entering, with the exception of Elite and Open classes.

Entries need to be registered via Eventor latest Sunday 3rd October at 23:59. Late entries until 5th October at 23:5 will incur an increased fee.

Start Groups

Everyone (except HD18-21 Elite) can choose their start group. You can choose start group **Early, Middle or Late**. For example, if you are entering D16 choose either start group D16 Early, D16 Middle or D16 Late. Start times will be given randomly within each start group. The time span for each start group will vary per class. If more than 90 runners register in one start group in one class then runners from clubs further away may be prioritized. Classes with more than 180 entries will be split.

Preliminary course lengths

Preliminary course lengths 25manna middle 2021							
Class	Lengths (km)	Class	Lengths (km)	Class	Lengths (km)	Class	Lengths (km)
D18	3,5	H18	3,5	Inskolning	2,0	Very easy	2,0
D20	3,5	H20	3,5	H10	2,0	Easy	2,5
D21	4,0	H21	4,5	D10	2,0	Easy	5,0
D35	3,5	H35	4,5	H12	2,5	Middle	3,0
D40	3,5	H40	4,0	D12	2,5	Middle	5,0
D45	3,0	H45	4,0	H14	3,0	Difficult	3,0
D50	3,0	H50	3,5	D14	3,0	Difficult	5,0
D55	3,0	H55	3,5	H16	3,5		
D60	2,5	H60	3,5	D16	3,5		
D65	2,5	H65	3,0				
D70	2,5	H70	3,0				
D75	2,0	H75	3,0				
D80	2,0	H80	2,0				
D85	2,0	H85	2,5				

Sportident

All versions of Sportident are permitted.

Sportident can be rented when registering via Eventor. The club will be charged 600 SEK for any Sportident that are not returned. ‘

Registration fees until 3rd October (all fees in SEK)

Competition Class Elite	230 kr
Competition Class Adult	180 kr
Competition Class Youth up until 16 years	80 kr
Open Course Adult	150 kr
Open Course Youth up until 16 years old	80 kr
Rental Sportident	50 kr

Registration fee 4-5th October (late registration)

Competition Class Elite	345 kr
Competition Classe Adult	270 kr
Competition Class Youth up until 16 year	120 kr
Open Course Adult	180 kr
Open Course Youth up until 16 years ol	80 kr
Rental Sportident	50 kr

Payment of fees

Swedish clubs will be charged after the competition. Foreign runners and clubs pay in advance according to the information below. Please note, all payments have to be done in Swedish krona (SEK) and the sender is responsible for any and all transaction fees.

Payment information

From Sweden:	Bankgiro: 474-0122 Account owner: Täby OK
From remaining countries:	IBAN SE0850000000053981064275 BIC: ESSESESS Payment recipient: Täby OK, Box 1408, 183 14 TÄBY, Sverige (SE)

Open Courses

Open courses between 2 - 5 km and with varied difficulty will be offered. All entries need to be made beforehand thru Eventor. No on-site sign-ups will be available. Fees: up to HD16 80 SEK; all other ages 150 SEK.

String course.

No string course will be offered.

Accommodations

The organizers cannot offer lodging in schools due to the ongoing pandemic, but can offer suggestions to nearby hotels. Please see 25manna.se for options.

Showers

Due to the ongoing pandemic and in agreement with the Swedish Orienteering Federation, the organizers will not be offering shower facilities at the arena.

Catering

The catering service will be adjusted to accommodate the ongoing restrictions due to the pandemic. The organizing clubs hope to be able to serve food, hot and cold foods, drinks, and sweets. The menu and prices will be posted at 25manna.se

Sports Shop

The current health restrictions will determine what type of sports shop will be available.

Organisers

My Rönnols, Täby OK, Erik Daniels, Attunda OK and Thomas Widehag, Sundbybergs IK.

Course planners

Robert Johansson and Jörgen Ekman, Täby OK

Competition Controller

Ola Kåberg, OK Ravinen

Course Controller

Anders Hallmén, Attunda OK

Information

Homepage: 25manna.se

Questions: info@25manna.se

With reservation for future updates and changes. All changes will be published at 25manna.se

Welcome to the 25manna middle distance 2021!

