





25manna Flemingsberg with Swedish League

OK Södertörn and Snättringe SK invites to

Swedish League #9 (WRE) Middle Distance

Sunday 9th of October 2022 at arena Visättra Sportcenter, Huddinge

Competition arena

Visättra Sportcenter in Huddinge municipality, GPS coordinates 59.216715, 17.966771

Prohibited areas

The competition area is prohibited for all training and competition activities until the competition is concluded. A map of the prohibited area may be found at the competition information in Eventor.

Terrain description

Flemingsbergsskogen nature reserve has moderately hilly terrain with mostly good running conditions. There are some steep and highly detailed areas. There are many paths and some open land in the areas closest to the arena. Longer courses will pass through an area with bare rock and very good running conditions. In some parts of the courses occasional fallen trees may worsen the running conditions.

Map

Scale 1:10 000, contour interval 5m. Certified printer will be used. Map creators Nils-Göran Olsson and Fredrik Ahnlén, revised 2022.

Start

First start 9.00. Distance to start announced in the Bulletin 2.

Competition rules

Swedish Orienteering Federation (SOFT) competition rules along with the rules for Swedish League and IOF Ranking Events will apply.

Quarantine

Quarantine may be imposed. More information will be given in the Bulletin 2.

Bulletin 2

Final details will be published on 25manna.se, the Swedish Eventor and the IOF Eventor.

Flemingsberg – a forum for knowledge and creativity!

Public transport

Excellent possibilities to travel to the arena by train or bus. Take the commuter train or regional train to Flemingsberg station, then approx 1 km walk. Bus 704 to Visättra or 713 to Visättra Sportcenter, then approx 500 m/300 m walk. Check sl.se for timetables.

Car parking & Bus drop-off

The number of parking spots are limited, please consider travel with public transport or fully occupy your car. Walking distance from parking to arena is approx. 2500m. For more information, please visit Car & Parking at 25manna.se. Walking distance from bus drop-off to the arena is approx. 1800m. For more information, please visit Traffic information Buses at 25manna.se

Classes and winning times

Class	Length* (km)	Time (min)	Class	Length* (km)	Time (min)
W21	5,0	30-35	M21	6,0	30-35
D20E	4,0	25	H20E	4,5	25
D18E	3,5	25	H18E	4,0	25

^{*} Preliminary course lengths

Those who do not fit into these classes (subject to space and ranking) will be transferred to W21-2, M21-2, D20E2, H20E2, H18E2 resp D18E2.

Selection

See the information at SOFTs webpage (in Swedish only).

Timing system

SPORTident. All versions of SI-cards are allowed. However, please note that the Air function will not be activated on control units. SI-cards can be hired when you make entries in Eventor. Each unreturned SI-card results in a 600 SEK charge to your club.

Entry and fees

By Sunday, 2nd of October, 23:59. Sign up through the Swedish Eventor.

To register for the WRE classes, you need to have an IOF-person-ID. Eventor supports this system; simply follow the instructions that appear as you register. Getting an IOF-person-ID is free. A link to the Swedish Eventor system is available at the IOF Eventor page.

Late entry, 5th of October, 23:59. 50% increased fee.

	Ordinary fees until. Sun 2nd Oct	Late entries 3rd-5th Oct	At the arena 8.30-11.30
Swedish League	300 SEK	450 SEK	Not possible
SI-card hire/ person	50 SEK	50 SEK	50 SEK

Payment

Swedish clubs will be invoiced after the race. Foreign runners pay in advance; payment due by Wednesday, October 5th.

Payment information from Sweden			
Plusgiro:	62 23 54-9		
Account owner:	25MANNA		
Payment information from other countries			
IBAN:	SE67 9500 0099 6034 0622 3549		
BIC:	NDEASESS		
Payment recipient:	25MANNA		
Bank and address:	Nordea, 105 71 STOCKHOLM, SWEDEN		

Please note that payment must be made in Swedish Crowns (SEK) and that any transaction fees are paid by the registered club.

Other facilities at the arena

Showers

Hot showers will be available at the arena.

Refreshments

Hot food, salads, sandwiches, fruit, sweets, cold drinks, coffee/tea, etc. are available at the arena. The menu and prices will be published on 25manna.se during spring and summer and further news about the menu will be presented both on the website and on social media.

Sports traders

Large and well-stocked sports shop at the arena.

Main Officials

Competition Organiser	Mats Bern, Snättringe SK
Course setter	Per Franzén, OK Södertörn
Competition Controller	Göran Reinholdsson, Järfälla OK
Course Controller	Rune Rådeström, Snättringe SK
SOFT event coach	Henrik Skoglund

Contact

Website: 25manna.se

Questions about accomodation: boende@25manna.se

Other questions: info@25manna.se

Subject to change. All changes published on 25manna.se.

Welcome to Swedish League with 25manna Flemingsberg from organising clubs OK Södertörn and Snättringe SK with partners





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