



Strängnäs-Malmby OL



## Bulletin 1

# Strängnäs-Malmby OL cordially invite you to Swedish League #10-11 and Strängnäsdubelln 22-23 October 2022

### The event

The **Swedish League** 2022 will this weekend complete its decisive events, with a middle-distance on Saturday, followed by a shortened long-distance event on Sunday. The final on Sunday will be held as a chasing start event, based on the cumulated Swedish League score.

In parallel to the Swedish League, the event **Strängnäsdubelln** will be held at the same venue. This will also be a middle-distance on Saturday and a shortened long-distance on Sunday. Strängnäsdubelln are two separate events, and no aggregated results will be calculated.

### World Ranking Event

Classes M21 and W21 on the Saturday middle-distance are valid as a World Ranking Event

### Venue

Fagerhult, 5 km N of the town of Strängnäs  
GPS coordinates: 59.413071, 17.033594

### Assembly for Swedish League

At the middle distance on Saturday, competitors in Swedish League should prior to start assemble at Tosteröskolan, Strängnäs. Directions from road 55, c:a 5 km north of Strängnäs. Competitors should register at the assembly, and may not visit the Venue prior to start. Further details will be given in Bulletin 2.

At the chasing start event on Sunday, the assembly is at the Venue.

### Embargoed area

The competitions are held just north of Strängnäs, and the correspondingly embargoed area is defined in the event information at the Swedish version of Eventor. The event area is embargoed for any training or competition until the Swedish League event is concluded. The embargo also includes club members, even if not participating in the event themselves.

### Transportation

**By car:** Directions from road 55, c:a 5 km N of Strängnäs.  
Parking 100-400 m from the venue.

**By train:** Strängnäs has relatively good railway connections. The organizers will provide transportation between the railway station and the venue, in connection to selected train arrivals/departures. Transportation can be pre-ordered as a service in Eventor, and further information is given in a separate document: *Tilläggsjänster*.

### Entries

Ordinary entries via Eventor until October 16<sup>th</sup>.  
Late entries via Eventor until October 19<sup>th</sup>.

<https://eventor.orientering.se/Events/Show/36887>  
<https://eventor.orientering.se/Events/Show/36958>

## Entry fees

Entry to Open Classes is available at the Venue on the day of competition.

<b>Swedish League</b>	300 SEK
<b>Strängnäsdubelln</b>	180 SEK for participants older than 16 years 80 kr for participants up to the age of 16 years

For late entries, the entry fee is an additional 50%.

Participants representing a Swedish club will be invoiced in arrears. Participants representing a foreign club will pay in advance, according to the following payment details:

**IBAN:** SE94 8000 0827 0156 4300 7494  
**BIC:** SWEDSESS

Please provide name, club and event, in connection to the payment.

## Classes

<b>Swedish League</b>	M21, W21, H20E, D20E, H18E, D18E
<b>Strängnäsdubelln</b>	Classes according to recommendations from the Swedish Orienteering Federation, SOFT.

## Competition rules

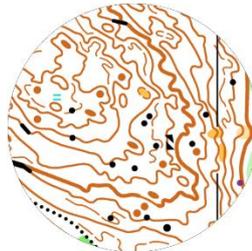
The events are conducted according to SOFT's general competition rules, complemented with rules for the Swedish League and the IOF World Ranking Event, as well as information provided in Bulletin 2.

## Competitor selection and seeding

For information regarding procedures for competitor selection, seeding and creation of start lists, please refer to the SOFT website [SOFT procedures for competitor selection and seeding](#)

## Map

<b>Mapping:</b>	:	The map was produced in 2020-2022 by Egidijus Kukenys, according to the ISOM2017-2 standard
<b>Contour interval:</b>		2.5 m
<b>Scale:</b>		According to recommendations by SOFT for the different classes and distances.



## Terrain

**Topography:** The eastern part of the competition area comprises hills with modest height differences, while the western parts are generally flat terrain with only small height differences. Irregular rock surface, with numerous hillocks and knolls, yields a high degree of contour details across most parts of the area.

**Vegetation:** The hills in the eastern parts are dominated by pine forests, with very good visibility and runnability. In the western parts of the area, vegetation is mainly mixed coniferous forest, often with good visibility and runnability. Some parts are here grown with younger forests, where both visibility and runnability may be reduced. In these areas, the terrain is often more passable on the numerous hillocks, while in the lower parts the runnability is often reduced. Substantial efforts have been made in the mapping to accurately represent the varying runnability in these areas.

**Man-made features:** The competition area have relatively few man-made features, and only a few roads and paths cross through the area. Open and cultivated land is only occurring close to the competition venue.

## Course lengths

Course lengths according to SOFT recommendations. Exact course lengths will be specified in a separate document published on Eventor.

## Start

**Saturday:** First scheduled start: 11.00 AM  
Strängnäsdubelln: Distance to start: 200 m  
Swedish League: Starting procedure will be detailed in a separate Bulletin.

**Sunday:** First scheduled start: 10.00 AM  
Strängnäsdubelln: Distance to start: 400 m  
Swedish League: Start at the Venue

## Start lists

Start lists will be published on Eventor on Thursday October 20th.

## Bulletin 2

Bulletin 2 will be published on Eventor no later than Sunday October 16th

## Punching system

SportIdent. Devices of any version may generally be used, but for the classes H21E and D21E on the event on Sunday, SI-Card 9 or later is required. Touch-free is not activated.

## Services

**Refreshments:** Hot and cold drinks, hamburgers, sandwiches, snacks, etc, will be available for purchase at the Venue.

**Meal:** A cooked meal can be pre-ordered as a service in Eventor. More information is provided in a separate document; *Tilläggstjänster*. Subject to availability, the meal may also be purchased directly at the Venue.

**Outdoor shower facilities:** 300 m from the Venue.

**Children's course:** A small children's course without timing ("*Miniknat*"), will be available adjacent to the Venue.

**First aid:** An AED (Automatic External Defibrillator) will be available at the Venue, in addition to first aid kits to deal with minor wounds.

**Vendor:** A vendor of orienteering related sports equipment will be present at the Venue.

## Accommodation

The organizer does not provide any accommodation at the events. We refer to various alternatives on the local market, see for instance the following website:

<https://www.strangnas.se/uppleva-och-gora/turism/boende>

## Motorhomes and caravans

There are no possibilities to park motorhomes or caravans at the Venue. The organizers offer overnight parking approximately 3 km from the Venue. This can be pre-booked as a service in Eventor, and more information is given in a separate document; *Tilläggstjänster*.

For information about other nearby possibilities for motorhome or caravan parking, please refer to:

<https://www.strangnas.se/uppleva-och-gora/turism/boende/camping-och-stallplatser>

## Training packages

The organizer offers possibilities for training on a map adjacent to the competition area. For further information about the training opportunities, please refer to a separate document on Eventor.

## Information

For enquiries about the event, contact us via e-mail: **SL2022@smol.se**

For further information about the event, follow us on the following media:

**Web site:** [www.smol.se/SL2022](http://www.smol.se/SL2022)  
**Facebook:** Swedishleaguestrangnas  
**Instagram:** @Swedishleaguestrangnas

## Main officials

<b>Event director</b>	Stig Johan Wiklund
<b>Assoc. Event director</b>	Ingegerd Lusensky
<b>Course planner, Swedish League</b>	Daniel Alneberg
<b>Course planners, Strängnäs-dubbeln</b>	Jan-Erik Andersson Hampus Nyholm Susanne Maarup
<b>Communications and media</b>	
<b>Event controller</b>	Ove Ericsson
<b>Course planning controllers</b>	Henrik Flordal, Lars Olof Magnell,
<b>SOFT Event adviser</b>	Roland Nilsson

We gratefully acknowledge the following partners' support to Swedish League and Strängnäs-Malmby OL

**SILVA**



Landshypotek Bank

**Idre Fjäll**

**Folksam**

**Fabege**

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Sparbanksstiftelsen  
Rekarne



**RAMIRENT**



STRÄNGNÄS KOMMUN



UMARA

**BYGGMAX**



Strängnäs-Malmby OL

**Strängnäs-Malmby OL**  
look forward to seeing you  
at our events!



INTERNATIONAL ORIENTEERING FEDERATION