

Memo - ESKILSTUNA WEEKEND 8-10 July 2022

The event is a straight three-day competition with combined total time giving the final result.

Chasing start on day 3 for classes H/D21, H/D20 and H/D18

First regular start

Stage 1: 6 p.m.
Stages 2 and 3: 11 a.m.

Location/Arena

<https://goo.gl/maps/Zqwsfkvo87QY9odD9>

The arena for all 3 days is at Nyäng, Bälgviken, approximately 20 km south of Eskilstuna.

Signposting from road 214 in Hållsta, along road 694 towards Bälgviken. The final 5 km is on a gravel forest road.

GPS co-ordinates: 59.228715, 16.401515

Parking

Parking is on grassed areas.

Distance from parking to arena: 100-300 m.

Fee for parking pass: 70 SEK for the three days.

Passes can be purchased at the parking on day 1.

Cost of parking without parking pass: 30 SEK/day.

Campervans and caravans are primarily referred to the event camping at Hållsta IP, Hållsta.

There is access to showers and toilets around the clock.

Specially designated places are available for campervans wishing to remain in the arena with the services offered during the competition.

NOTE! both a SEK 400 camping fee and the SEK 70 parking fee are to be paid (registration can be done in Eventor).

Open classes and Inskolning.

Seven open classes and Inskolning.

Details of course distances are given in the event invitation. Details will also be available on Eventor and in the arena.

Entries can be made at the event from one hour before the first start.

Stage 1: 5.50 - 7.30 p.m.

Stage 2 and 3: 10.50 - 12.30 a.m.

Fees for Open classes: Adults 150 SEK, 16 years and younger 80 SEK.

Maps for "shadowers" are available for Inskolning and open classes on all 3 days.

Clothing

Full leg cover is required. Short-sleeved tops are permitted.

Punching system

SportIdent is used for all classes.

If you do not have your own SI pin, these may be rented at a cost of 90 SEK for all three days. If you have not given a number when registering, you will be allocated a rental pin.

For open classes the cost is 30 SEK/day.

SI types 5-11 can be used.

Rented SI pins should be returned at the finish. Lost SI pins will be charged at a cost of 600 SEK.

Distance to start, all classes:

Day 1 900 m.

Day 2 1200m.

Day 3 1400 m

Marked with orange-white tape, along a gravel forest road on every day.

Day 3- the path to the start is shared with runners on their course. Please keep to the correct side of the path.

Drinks

Available at the start on day 2, 3 and at the finish on each day.

Competitors in H/D18-21 and courses longer than 6 km will have access to water at locations indicated on the map or on the control definitions.

Start times

Inskolning and all open classes have free start times (start punching).

All other competitors have a 3 min call-up before their start time for checking the SI pin and taking the control definitions.

Zeroing of the SI pin occurs on the way to start.

Classes up to and including H/D16 get the map one minute before the start time. The race starts on the start signal.

Other classes may only take the map at the start signal. The race starts on the start signal.

For stage 3, there is a chasing start for classes H/D21, H/D20 and H/D18 based on the total time for stages 1 and 2. Competitors with a difference to

the leader of more than 30 minutes will be started at 30 second intervals.

A limited number of woodland paths cross the competition area.

Startlist, chasing start

Available in EVENTOR and posted at the arena before the start of the race on day 3.

Start times for classes with chasing start

D18 11:45, D20 11:20, D21 11:35

H18 11:00, H20 11:10, H21 11:20

Number bibs

Runners in classes H/D21, H/D20 and H/D18 should wear the same number for stages 1 and 2.

Self-service at the start on day 1.

New numbers will be issued for stage 3 for the runners in positions 1-15.

Self-services at the start on day 3.

All runners from start placing 16 and up keep the same number from stages 1 and 2.

Please bring your own safety pins.

Competition Map

All stages

HD 16-40 + HD 21 K 1:10 000

Open 7 1:10 000

All remaining classes 1: 7 500

Stage 2 H45 1:10 000

Contour interval: 5 m

Newly produced and revised in 2020-2022

Drawn according to ISOM 2017 standard

Mapper: Karl Larsson

Digitally printed (Nyby-Tryck)

An emergency number is printed on the map for use in case of accident.

Control Definitions

Loose control definitions only. Not on the maps.

Terrain Type

Stage 1: Varied agricultural landscape with limited areas of small, steeply-sided hills. Moderate levels of feature detail.

Stages 2 and 3: Nice, forested terrain. Longer courses pass through areas with wilderness character and moderate changes of elevation. Partially broken terrain with intricate feature detail. There are a number of overgrown bogs(marshes within the competition area.

Generally good runnability, apart from areas shown on the map as thick forest.

Taped paths

On some of the easier courses some paths have been cut through the vegetation and marked with white tape.

Purple paths on the maps are marked with red/white tape in the terrain.

Finish

Finish punching takes place on the finish line.

However, on day 3, finish punching for classes H/D21, H/D20 and H/D18 takes place after the finish line.

Map Collection

Maps will not be collected after the finish line.

We expect all competitors who have passed the finish to exhibit good sportsmanship and not show their course for competitors who have yet to start.

Maximum time

2.5 hours for all stages.

Broken competition

Competitors who fail to complete the course must pass the finish to be registered as having broken the race.

Results

Results for the individual stages and the overall final results will be posted on Eventor.

Prize ceremony

Stage 1. Class winners receive a prize at the arena on Saturday 9th July at 10.15 a.m.

Stage sponsor **BAGHEERA**

Stage 2. Classe winners receive a prize at the arena on Sunday 10th July at 10.15 a.m.

Stage sponsor **LETRO SPORT**

Stage 3. Prizes for total results as each class finishes.

Stage sponsor **ZOZIUM**

The number of prizes in each class will be listed on the information board.

All runners in Inskolning and U classes will receive a prize after finishing each stage.

Prizes for open classes are determined daily and will be listed on the information board.

Shower

200m from the Arena

Toilets

At the arena and at the start on days 2 and 3.

Child-minding services

Organised at all stages

On Friday from 5:00 p.m.

On Saturday and Sunday from 10.00 a.m.

Fee 20 SEK.

Courses for young children

Organised at all stages with Sportident (bring your own SI pin if you have one).

Stage 1: start between 5.30 - 7.30 p.m.

Stage 2 and 3: start between 10.00 - 12.00 a.m.

Fee 20 SEK.

Competition Rules

SOFT's competition rules apply

Camping

The campsite is located at Hållsta Idrottsplats (sportsground) in Hållsta.

The campsite will be open from 1.00 p.m. Friday 8th July until 6.00 p.m. Sunday 10th July.

Tent: 300 SEK, Caravan / Campervan: 400 SEK.

Accommodation on hard surfaces (floorspace) is available at a cost of 150 SEK / person

Registration is made in EVENTOR.

The camping fee is paid directly on site, in cash or via Swish 1234033163.

Kontaktperson: Elisabeth Hittersten

IK Standard

elisabeth@hittersten.se

070-468 46 91

Service / Information

Information regarding the competition stages is available at the event secretariat.

Event Management

Competition Organiser

Simon Gindemo

Ärla IF

simon.gindemo@gmail.com

070-981 25 55

Assistant Competition Organsier

Thomas Knutsson

Ärla IF

Course Planners

Emil Andersson

Ärla IF

Petter Eriksson

Ärla IF

Event Controller

Barry Widlund

IK Standard

Course Controller

Viktor Larsson

Ärla IF

Sports equipment

Letro Sport will be selling orienteering and other sports clothing and equipment.

Food Stall

In addition to the usual food stall with hamburgers and sausages, we also sell salads.

Opening ceremony

The official opening of Eskilstuna Weekend 2022 will take place in the arena on Friday 8 July at 5.20 p.m., led by Marie Svensson, the chairperson of the Department of Culture and Leisure, Eskilstuna District Council.



IK STANDARD ÄRLA IF

