

PM Seats in the stand

Seats in the stand

The reserved seating is on the north stand, sections H, I, and J. At the entrance to these sections, there are signs indicating which club has reserved seating at each section. See also at the end of this memo.

Seats in other sections cannot be booked and in these sections you may not leave bags and clothes in order to "bagsy" the seat. Leftover bags and clothes will therefore be removed and can be retrieved in the Information.

Free WiFi

Welcome to log in to "10Mila-Publik"

No club flags in the stands

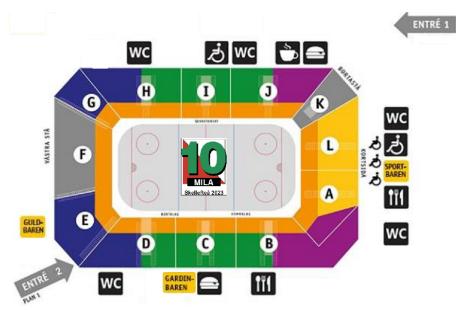
In order not to obscure the view of other spectators, club pennants or flags are not allowed in the stands.

No consumption of lunch boxes in the stands

Food boxes should be eaten in designated places, not in the stands.

Shoes with metal studs

No shoes with metal studs are allowed inside the arena. The only exception is the running routes designated for the competition.











												änst																	
Rad											F	Plats																	Rad
15	1	2	3	4	5	Umeå 6	7	8	9	10	11	12	13	14		Husqvarna 16			19		21		23						15
14						1	2	3	4	5	6	7	8	9	10	11	12		14		16		18						14
13 12 11						1	2	3	4	5	6	7	8	9	10	11	12		14		16		18			21		24	13
12						Wilhelmina 1	2	3	4	5	Härnösand 6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22		12
11						1	2	3	4	5	6	7	8	9	10	Täby 11	12	13			16	_	18	19		21			11
10				1	2	Ravinen 3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	_	_	21	22	23			10
9						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20				9
8						1	2	3	4	5	Tullinge 6	7	8	9	10	Orion 11	12		14		16	17	18	19					8
7						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18						7
6						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18						6
10 9 8 7 6 5 4		En	tré			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17							5
4	Linné 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Eksjö 16	17	18	19	20									4
3	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17				21				25				3
2	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24					2
1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22							1
		Are	ena								A	rena														Are	ena		
						Klubb	Bokat	Entré	Rad	Plat	s																		
						Eksjö SOK	20	J-Vä	1-4	16-2	20																		
						Härnösands OK	20	J-Vä	9-12	6-1	0, 8-12, 6-10																		
						IKHP Huskvarna	30	J-Vä	12-15	11-3	21, 11-18, 16-2	3																	
						OK Linné	60	J-Vä	1-4	1-1	5																		
						OK Orion	30	J-Vä	5-8	11-:	16, 11-18																		
						OK Ravinen	30	J-Vä	5-10	1-5,	3-7																		
						Tullinge SK	20	J-Vä	5-8	6-1	D																		
						Täby OK	30	J-Vä	9-11	11-3	20, 13-22, 11-2	0																	
						Umeå OK	30	J-Vä	13-15	1-1	0, 6-15																		
						Wilhelmina SK	10	J-Vä	11-12	1-5																			

								J-	Höge	er									
Rad									Plats										Rad
16			4	3	2	1													16
15					13	12	11	10	9	8	Bergnäset 7	6	5	4	3	2	1		15
14	Renen 16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1			14
13	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1			13
12	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1				12
11	15	14	13	12	11	10	9	8	7	6	Tyrving 5	4	3	2	1				11
10	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	10
9	Oppsal 15	14	13	12	11	Kongsberg 10	9	8	7	6	5	4	3	2	1				9
8	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1				8
7	15	14	13	12	11	Malvik 10	9	8	7	6	5	4	3	2	1				7
6	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1				6
5	Fredrikstad 15	14	13	12	11	10	9	8	7	6	5	4	3	2	1		Entre	é	5
4	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	4
3	Halden18	17	16	15	14	13	12	11	10	9	Bækkelaget 8	7	6	5	4	3	2	1	3
2	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	2
1	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1		1
	Arena							Arena								4	Aren	а	
								Entré		Plats									
						Bækkelagets SK	20	J-Hö	1-3	1-7, 2-8									
						Bergnäsets AIK	20	J-Hö		1-5, 2-6, 3-7									
						Farum Tisvilde OK		J-Hö	4-5	4-8, 1-5									
						Fredrikstad SK	20	J-Hö	4-5	9-18, 6-15									
						Halden SK	30	J-Hö	1-3	8-17, 9-18									
						Kongsberg OL	10	J-Hö	8-9	6-10									
						Malvik IL	10	J-Hö	6-7	6-10									
						OK Renen	50	J-Hö	10-14	9-18, 6-15, 7-16									
						Oppsal O	20	J-Hö	6-9	11-15									
						Tyrving IL	30	J-Hö	6-11	1-5, 4-8, 1-5									

Rad/Row						P	lats / Place									Rad/Ro
14		1	2	Pohjantähti 3	4	5	6	7	8	9	Jämsän Retki-Veikot 10	11	12	13	14	14
13				1	2	3	4	5	6	7	8	9	10	11	12	13
12				1	2	3	4	5	6	7	SK Uusi 8	9	10	11	12	12
11				1	2	3	4	5	6	7	8	9	10	11	12	11
10		Sunnta 2000 1	2	3	4	5	Suunta Jyväskylä	7	8	9	10	11	12	13	14	10
9		1	2	3	4	5	6	7	8	9	10	Kalevan Rasti 11	12	13	14	9
8		Kangasala 1	2	3	4	5	6	7	8	9	10	11	12	13	14	8
7		1	2	3	4	5	6	7	8	9	10	11	12	13	14	7
6		Hiidenkiertäjät 1	2	3	4	5	Saloiste Reipas 6	7	8	9	10	11	12	13	14	6
5	Entrence	1	2	3	4	5	6	7	8	9	10	11	12	13	14	5
4		Lahden Suunnist 1	2	3	4	5	6	7	8	9	10	11	12	13	14	4
3	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	3
2	Koovee1	2	3	4	5	OC Puisto 6	7	8	9	10	Rast-Jussit 11	12	13	14	15	2
1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	1
	Arena						Arena						4	Aren	а	
		Club	Booked	Entrence	Row	Place										
		Hiidenkiertäjät	10	I-Left	5-6	1-5										
		Jämsän Retki-Veikot	10	I-Left	13-14	8-12, 10-14										
		Kalevan Rasti	20	I-Left	5-9	11-14										
		Kangasala SK	10	I-Left	7-8	1-5										
		Koovee	10	I-Left	1-2	1-5										
		Lahden Suunnist-37	10	I-Left	3-4	2-6, 1-5										
		OC Puisto	10	I-Left	1-2	6-10										
		Rasti-Jussit	10	I-Left	1-2	11-15										
		Saloisten Reipas	20	I-Left	3-6	7-11, 6-10										
		SK Pohjantähti	20	I-Left	12-14	1-5, 3-7										
		SK Uusi	10	I-Left	11-12	8-12										
		Suunta 2000	10	I-Left	9-10	1-5										
		Suunta Jyväskylä	20	I-Left	7-10	6-10										

						I-Hög	ger / I-Ri	ight								
Rad/Row						Pla	ats / Place	2								Rad/Row
14	Södertörn 14	13	12	11	10	9	8	Väsby 7	6	5	4	3	2	1		14
13	12	11	10	9	8	7	6	5	4	3	2	1				13
12	Enen 12	11	10	9	8	7	6	5	4	3	2	1				12
11	12	11	10	9	8	7	6	5	4	3	2	1	Er	ntren	ice	11
10	14	13	12	11	OL Norska 10	9	8	7	6	Kolmården 5	4	3	2	1		10
9	14	13	12	11	10	9	8	7	6	5	4	3	2	1		9
8	14	13	12	11	10	9	8	7	6	Sävedalen 5	4	3	2	1		8
7	Roxen 14	13	12	11	10	9	8	7	6	5	4	3	2	1		7
6	14	13	12	11	Järla 10	9	8	7	6	Skogshjortarna 5	4	3	2	1		6
5	14	13	12	11	10	9	8	7	6	5	4	3	2	1		5
4	14	13	12	11	10	9	8	7	6	5	4	3	2	1		4
3	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	3
2	OK Tyr 15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	2
1	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	1
	Arena						Arena						-	Aren	a	
					Club		Entrence		Plac							
					Järla Orientering	20	I-Right	3-6		1, 6-10						
					OK Enen	20	I-Right	8-12		14, 9-12						
					OK Kolmården	10	I-Right	9-10	1-5							
					OK Roxen	20	I-Right	3-7		15, 11-14						
					OK Södertörn	20	I-Right	13-14	6-8,	6-12, 8-14						
					OK Tyr	30	I-Right	1-2	1-1							
					OL Norska	20	I-Right	7-10	6-1							
					OK Skogshjortarna	20	I-Right	3-6	2-6,	1-5						
					Sävedalens AIK	10	I-Right	7-8	1-5							
					Väsby OK	20	I-Right	11-14	1-5,	, 3-7						

									H-Vänst	er/	/ H-Left											
Rad/Row									Plats	; / P	lace											Rad/Row
15	1	2	3	4	5	6	7	8	9	10	11	12	13	14								15
14						Sjövalla 1	2	3	4	5	Kalmar 6	7	8	9	10	Nyköpning 11	12	13	14	15	16	14
13						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	13
12							Tibro 1	2	3	4	5	Löftan 6	7	8	9	10	Hällen 11	12	13	14	15	12
11							1	2	3	4	5	6	7	8	9	10	11		13			11
10				1	2	Ulricehamn 3	4	5	6	7	Matteus 8	9	10	11	12	13	Espoon Suunta 14		16			10
9						1	2	3	4	5	6	7	8	9	10	11	12		14			9
8							Enskede 1	2	3	4	5	Saldus 6	7	8	9	10	11		13			8
7							1	2	3	4	5	6	7	8	9	10	11		13			7
6							Hammaren 1	2	3	4	5	IGISTA 6	7	8	9	10	11	12	13	14	15	6
5	Ent	ren	ce				1	2	3	4	5	6	7	8	9	10	11	12	13			5
4				1	Järfälla 2	3	4	5	6	7	Czech West 8	9	10	11	12	13	14	15	16	17	18	4
3				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	3
2				1	2	3	4	5	6	7	Alehof 8	9	10	11	12	13	14		16			2
1					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	1
	Are	ena									Arena							Are	na			
					Club		Entrence		Place													
					Czech West O-team		H-Left		8-17													
					Espoon Suunta		H-Left		11-15, 14-18	3												
					IFK Enskede		H-Left	7-8	1-5													
					IGTISA	10	H-Left		6-10													
					Järfälla OK		H-Left		1-5, 2-6													
					Kalmar OK		H-Left	13-14														
					Matteus SI	10	H-Left		6-10, 8-12													
					Nyköpings OK		H-Left		11-15													
					OK Alehof		H-Left		7-16, 8-17													
					OK Hammaren	10	H-Left	5-6	1-5													
					OK Hällen		H-Left		11-15													
					OK Löftan		H-Left	11-12														
					Saldus OK	10	H-Left		6-10													
					Sjövalla FK	10	H-Left	13-14														
					Tibro OK		H-Left	11-12														
					Ulricehamns OK	10	H-Left	9-10	1-5, 3-7	_												

Rad																	Plats											Ra
15 14											S27	S27	S27	S27	S27	S27	S27	S27	S27	S27	S21	7 S2	7 S2	7 S27	7 S27	S27	1	15
14								S27	S27	S27		S27	\$27	S27	S27	S27	S27	6	5	4	3	2	1					14
13 2	4 23	3 22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1					13
12	23	3 22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1					12
11	23	3 22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1					11
10		24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1			10
9			22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1				9
8				21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1				8
7					20	19	18	Tolered-Utby 17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1				7
6					19	18	17	16	15	14	13	12	Pan-Kristiandstad 11	10	9	8	7	Skellefteå OK 6	5	4	3	2	1					6
11 10 9 8 7 6 5 4 3 2 1						18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1			Intre	6	5
4							21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	4
3								Vännäs OK 20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	3
2								20	19	18	17	16	KFUM Örebro OK 15	14	13	12	11	Stjørdals-blink Orientering 10	9	8	7	6	5	4	3	2	1	2
1									19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	1
			Are	ena										Arer	a										Are	na		
													Klubb				at t											
															Entré													
													Tolered-Utby Ol-klubb		H-Hö		16-20, 12-16, 13-1	1										
													Vännäs OK KFUM Örebro	10		2-3	16-20 11-15											
														10	H-Hö													
													OK Pan-Kristiandstad	20			11-15, 7-11	-										
													Stjørdals-blink orientering	10	_		6-10											
													Skellefteå OK	20	H-Hö	3-6	6-10, 2-6											