

# Startlista – Frölunda OL dag KM

2012-08-23

## H65

|       |               |
|-------|---------------|
| 18:01 | Paul Bergvall |
| 18:05 | Arne Bigsten  |
| 18:09 | Bert Luvö     |

## 3000 meter

|             |       |
|-------------|-------|
| FK Herkules | 30152 |
| FK Herkules | 11307 |
| FK Herkules | 11339 |

## H55

|       |               |
|-------|---------------|
| 18:21 | Sten Helmertz |
|-------|---------------|

## 4300 meter

|             |        |
|-------------|--------|
| Frölunda OL | 247929 |
|-------------|--------|

## H45

|       |                   |
|-------|-------------------|
| 18:00 | Stefan Sjöblom    |
| 18:02 | Thomas Borne      |
| 18:04 | Tomas Andreasson  |
| 18:06 | Stefan Mårtensson |
| 18:08 | Anders Björnberg  |
| 18:10 | Carl Norin        |
| 18:12 | Magnus Wide       |
| 18:14 | Anders Lindén     |
| 18:16 | Jonas Jerlin      |
| 18:18 | Richard Blom      |
| 18:20 | Peter Hammersberg |
| 18:22 | Bengt Grewin      |

## 6000 meter

|             |        |
|-------------|--------|
| Frölunda OL | 581010 |
| Frölunda OL | 231396 |
| Frölunda OL | 362501 |
| Frölunda OL | 11596  |
| Frölunda OL | 407267 |
| Frölunda OL | 344587 |
| Frölunda OL | 26162  |
| Frölunda OL | 229783 |
| Frölunda OL | 407270 |
| Frölunda OL | 650913 |
| Frölunda OL | 344588 |
| Frölunda OL | 30547  |

## H21

|       |                  |
|-------|------------------|
| 18:01 | Anders Asp       |
| 18:03 | Anders Arfwedson |
| 18:05 | Martin Rådbo     |
| 18:07 | Pär Johannesson  |
| 18:09 | Henrik Olsson    |
| 18:11 | Martin Wildheim  |
| 18:13 | Richard Sott     |
| 18:15 | Stefan Johansson |
| 18:17 | Anders Hellgren  |
| 18:19 | Klas Åström      |
| 18:21 | Jonas Brånalt    |
| 18:23 | Anders le Dous   |

## 6000 meter

|                   |        |
|-------------------|--------|
| Möndal Outdoor IF | 690129 |
| Frölunda OL       | 721107 |
| Möndal Outdoor IF | 351401 |
| Frölunda OL       | 443350 |
| Möndal Outdoor IF | 452727 |
| Möndal Outdoor IF | 247936 |
| Frölunda OL       | 11090  |
| Frölunda OL       | 11594  |
| Frölunda OL       | 11593  |
| Möndal Outdoor IF | 345037 |
| Frölunda OL       | 11380  |
| Möndal Outdoor IF | 438419 |

## H16

|       |                  |
|-------|------------------|
| 18:01 | Rasmus Arfwedson |
| 18:05 | Karl Hammersberg |
| 18:09 | Gustav le Dous   |
| 18:13 | Johan Lamm       |

## 4300 meter

|                   |         |
|-------------------|---------|
| Frölunda OL       | 970702  |
| Frölunda OL       | 248223  |
| Möndal Outdoor IF | 344945  |
| Frölunda OL       | 1000014 |

**H14**

|       |                  |
|-------|------------------|
| 18:00 | Daniel Svensson  |
| 18:04 | Axel Forsman     |
| 18:08 | Olle Hammersberg |
| 18:12 | Emil Dahlström   |
| 18:16 | Jonas Lauri      |

**H12**

|       |                  |
|-------|------------------|
| 18:00 | Nils Hammar      |
| 18:04 | Gustav Kalandar  |
| 18:08 | Axel Blom        |
| 18:12 | Viktor Le Claire |
| 18:16 | Martin Lamm      |
| 18:20 | Joakim Lindén    |

**H10**

|       |                       |
|-------|-----------------------|
| 18:00 | Mattias Lauri         |
| 18:03 | Zebastian Arfwedson   |
| 18:06 | Erik Klerfors         |
| 18:09 | Tim Martner           |
| 18:12 | Felix Cindric         |
| 18:15 | Diego Ghavidel Fahraj |
| 18:18 | Edvin Borne           |
| 18:21 | Rasmus Hagberg        |

**D65**

|       |                    |
|-------|--------------------|
| 18:02 | Ann-Christine Borg |
| 18:06 | Marianne Höglund   |
| 18:10 | Margareta Lindberg |

**D45**

|       |                   |
|-------|-------------------|
| 18:03 | Karin Helmertz    |
| 18:07 | Agnetha le Claire |
| 18:11 | Annika Andreasson |
| 18:15 | Katarina Borne    |

**D21**

|       |                    |
|-------|--------------------|
| 18:22 | Ella Samuelsson    |
| 18:25 | Laila B Höglund    |
| 18:28 | Sofia Helmertz     |
| 18:31 | Anna Martner       |
| 18:34 | Camilla Tjellström |
| 18:37 | Karolina Söderberg |
| 18:40 | Ylva Fonselius     |
| 18:43 | Malin Lamm         |

**3500 meter**

|                   |        |
|-------------------|--------|
| Möndal Outdoor IF | 438439 |
| FK Herkules       | 438438 |
| Frölunda OL       | 248209 |
| FK Herkules       | 448707 |
| FK Herkules       | 400040 |

**2500 meter**

|             |         |
|-------------|---------|
| Frölunda OL | 243465  |
| Frölunda OL |         |
| Frölunda OL | 344580  |
| FK Herkules | 11317   |
| Frölunda OL | 1123456 |
| Frölunda OL | 344573  |

**2000 meter**

|             |        |
|-------------|--------|
| FK Herkules | 441969 |
| Frölunda OL | 248268 |
| FK Herkules |        |
| Frölunda OL | 302367 |
| FK Herkules |        |
| FK Herkules |        |
| Frölunda OL | 423440 |
| FK Herkules |        |

**3000 meter**

|             |       |
|-------------|-------|
| Frölunda OL | 11075 |
| FK Herkules | 11308 |
| Frölunda OL | 14290 |

**4300 meter**

|             |        |
|-------------|--------|
| Frölunda OL | 352277 |
| FK Herkules | 448779 |
| Frölunda OL | 362502 |
| Frölunda OL | 423427 |

**4300 meter**

|                   |         |
|-------------------|---------|
| FK Herkules       | 247994  |
| FK Herkules       | 930917  |
| Frölunda OL       | 258677  |
| FK Herkules       | 11302   |
| FK Herkules       | 450141  |
| Möndal Outdoor IF | 239872  |
| FK Herkules       | 30138   |
| Frölunda OL       | 1680711 |

**D16**

18:27 Sara Almedhed

**D14**

18:01 Annie Olsson

18:05 Agnes Asp

18:09 Frida Jerlin

**D12**

18:01 Klara Andréasson

18:05 Matilda Johannesson

**D10**

18:02 Elsa Asp

**H21-H**

18:00 Patrik Fredriksson

18:02 Robin Höglund

18:04 Fredrik Forsman

18:06 Ragnar Uppström

18:08 Jan Wahlstedt

18:10 Arvid Hammar

18:12 Magnus Forsberg

18:14 Thomas Tjellström

18:16 Erik Lauri

18:18 Roger Lundin

18:20 Magnus Uppström

**4300 meter**

Frölunda OL 970607

**3500 meter**

Mölndal Outdoor IF 438434

Mölndal Outdoor IF 247921

Frölunda OL 253827

**2500 meter**

Frölunda OL 362505

Frölunda OL 441549

**2500 meter**

Mölndal Outdoor IF 424710

**4300 meter**

FK Herkules 264514

FK Herkules 930611

FK Herkules 450120

FK Herkules 11313

FK Herkules 438445

FK Herkules 450122

FK Herkules 226998

FK Herkules 234858

FK Herkules 26167